



### OUR VISION

Reach every at-risk teen so they are loved, feel hope and realize life transformation.

## TreeHouse needs you!

**INTRODUCE A FRIEND TO TREEHOUSE:** How were you first introduced to TreeHouse? More than likely, it was through a friend. The power of a personal invitation is incalculable.

**VOLUNTEER:** Have you ever considered mentoring a teen for a year? You'll change a teen's life and probably your own. If that's not your strength, consider helping provide meals or driving teens to and from programming.

**DONATE:** There are many ways to give. Help your local TreeHouse by providing financial support.

**PRAY:** At TreeHouse, we believe prayer makes things happen. We invite you to pray for our TreeHouse ministry and its teens.

[www.treehouseyouth.org](http://www.treehouseyouth.org)

### The Well Youth Center

1407 Main St East (next to NAPA Auto Parts)  
New Prague, MN 56071

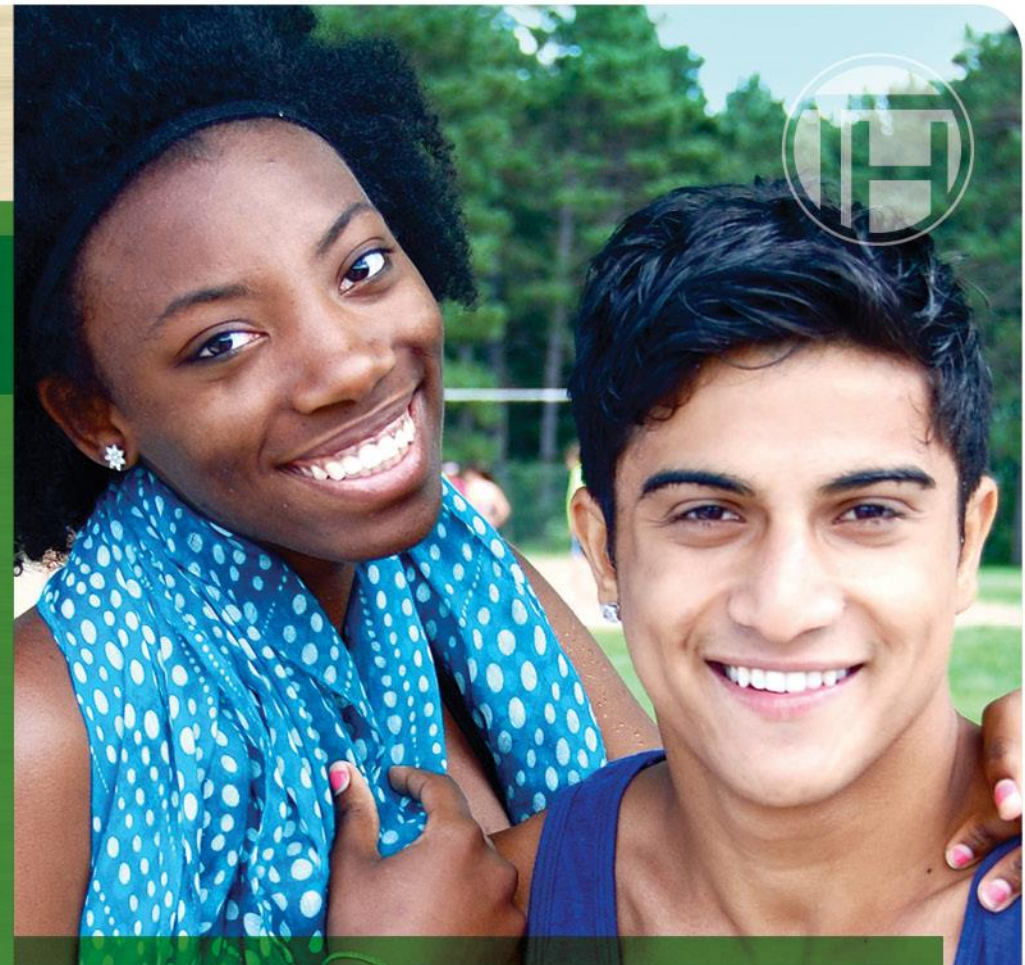
#### PLEASE CONTACT:

Deb Bodensteiner, TreeHouse Area Director  
Phone #952-758-3077 | [thewell.ministries.mn@gmail.com](mailto:thewell.ministries.mn@gmail.com)

#### TREEHOUSE PROGRAM TIMES:

Support Groups – Mondays 6:30pm | Going Deeper – Thursdays 6:30pm

Drop-In Center Hours: M/W/Th/F 2:30pm – 6:30pm



## Why TreeHouse?

BECAUSE TOO MANY YOUTH ARE SUFFERING...

- from abuse
- from bullying
- from poverty

AND THEY DON'T KNOW HOW TO COPE...

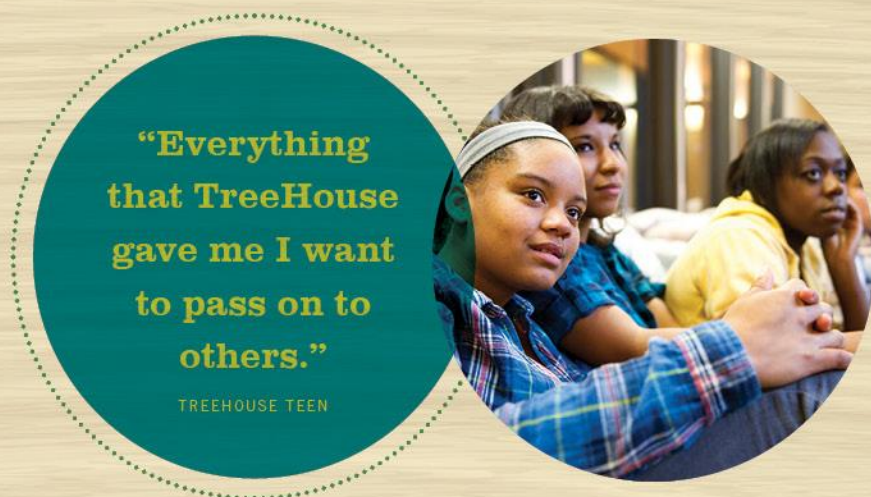
- they're hurting themselves
- they're hurting others
- they've lost hope

BUT THERE IS A PATHWAY OUT...THAT PATH IS TREEHOUSE.

PHOTO: PLYMOUTH TREEHOUSE TEENS

**TreeHouse** is a faith-based organization offering hope, guidance and unconditional love to at-risk teens dealing with tough issues such as depression/suicidal tendencies, substance abuse, truancy, self-injury and sexual activity. Our balanced programs meet the social, emotional, physical, intellectual and spiritual needs of at-risk teens. Teens experience grace at TreeHouse and are reminded they are lovable, capable and worthwhile.

All teens are welcome regardless of background. TreeHouse provides a safe environment and mentorship for them to receive support, guidance and practical skills in making better choices today to live as healthy adults tomorrow.



**Hurting teens are everywhere.**

## CHALLENGES TEENS FACE... and overcome at TreeHouse!

ACTING OUT SEXUALLY  
BULLYING  
DROPPING OUT OF SCHOOL

SELF HARM / CUTTING  
SUBSTANCE ABUSE  
THOUGHTS OF SUICIDE

## Transformation is possible.

### CORE PROGRAMS

Built on proven models of effectiveness and based in Christian faith, TreeHouse leads teens to lasting transformation through a range of programs we've developed and honed over decades of hands-on experience.

#### SUPPORT GROUPS

Small group sessions led by staff and trained volunteers meet weekly to encourage the teens to receive as well as give support.

#### MENTORING ONE TO ONE

Face-to-face connections between staff members and teens develop mentoring relationships that offer support and accountability.

#### GOING DEEPER (optional for affiliate partners)

Weekly meetings led by staff help the teens dig down into the challenging issues that hit home with them, opening their eyes and hearts.

OUR **4** GOALS FOR TEENS

**Our results speak for themselves.**



**98%\*** REDUCE AT-RISK BEHAVIORS



**81%\*** BUILD HEALTHY RELATIONSHIPS WITH GOD, SELF AND OTHERS



**24%\*\*** COMPARED TO THEIR PEER GROUP, TREEHOUSE TEENS ARE 24% MORE LIKELY TO GRADUATE



**93%\*** PURSUE AN EDUCATIONAL OR VOCATIONAL TRACK FOR THEIR FUTURE

\*Results for mentored teens determined in a 2012 study by Wilder Research  
\*\*As determined in a 2010 study by Capella University