

INDIGENOUS FOOD SOVEREIGNTY

Securing the Harvest for First Food
Pollinators & Indigenous Climate Futures



Amelia Marchand
L.I.G.H.T. Foundation

*Okanogan Region Food Council Meeting
July 2025*

L.I.G.H.T. Foundation Tenets

Leadership

Indigenous

Guardian

Honor

Teach



<https://thepnwlf.org>



Initiatives & Activities

Spirit Relatives:

- ❖ traditional foods & first foods
- ❖ sacred & spiritual plants, animals & places
- ❖ plant & animal medicines
- ❖ fibers & materials

Roots for the Future

→ *Secure Harvest*

Our Voices

→ *Indigenous Climate Futures*

We Swim Together

→ *First Food Pollinators*

Certified Indigenous





Huckleberry

Indigenous Food Sovereignty

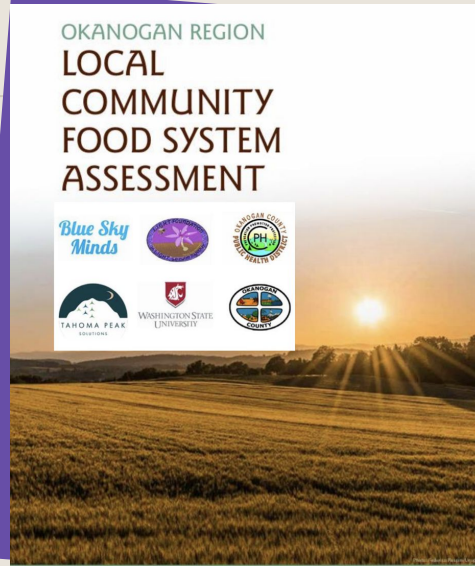
Practice, policy, laws, and collaborations which nurture and nourish our communities, cultures, environments, and Spirit Relatives for the next Seven Generations through the advancement and perpetuation of Indigenous Knowledges, Indigenous Rights, and Tribal Sovereignty.



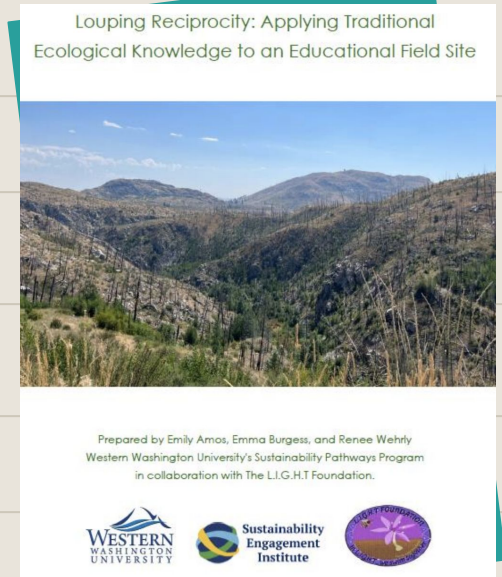
LF Support: Okanogan Region Food Council



Inchelium Red
Garlic Revitalization
Coalition



Food System
Assessment



Louping Reciprocity



Okanogan Region 10-Year Food Action Plan: LF Objective

Support & encourage
Indigenous food systems
and sovereignty

Securing the Harvest for

Develop & foster
partnerships & activities
to support native
pollinators & biodiversity

First Food Pollinators &

Advance actions for
thriving homelands &
habitats for the next
Seven Generations

Indigenous Climate Futures



LF Indigenous Food Sovereignty Projects

Inland NW Pollinator Workshop

Enhance food security & climate resilience through education, community engagement & Resource Sharing

NE WA Indigenous Peoples Burning Network

Support cultural revitalization & intergenerational Knowledge transfer

Cascadia Partner Forum

Foster collaboration between Native & non-Native entities to promote Indigenous food systems

Tribal Food Sovereignty Community Action Team

Promote traditional food systems & practices within communities





Chokecherry



Do you want to...

Hear more details?

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Learn about our consulting services?

Collaborate on a project?

Join our journey!
Scan the QR code & let's connect!



Limlmt

Qeciyyew'yew'

Thank you



Amelia Marchand, Executive
Director

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