

Covid Update For Families at Progress Ride Childcare

1. Social distancing works.

Practicing social distancing measures is rule #1. Nothing will put a crimp in our plans faster (or longer) than an outbreak of CV19 in your household or in our child care. If you or your child is at high risk – let's work together to develop an individualized plan for you and your child's safety and health.

2. Pick Up & Drop Off Outdoors.

Adults must wear a PPE. If you will be within 6 ft of other adults or children including staff please do so only for "handing-off" a child. Children who can walk on their own should come inside without needing to be "handed-off." Parents can enter the facility if they have an immediate health or safety concern, but should remain outside as standard practice. Wait in your car if another family is dropping off or picking up – only 1 family at a time. As has always been our practice, children will wash their hands upon entering care. Our staff will be signing your child in/out.

3. At drop off, be ready for the daily health check.

Can you say "no" to all 3?

- Has your children or anyone in your household been exposed to a person with a positive or presumptive case of CV19 in the past 14 days?
- Is your child or anyone in your household had an unusual/ill cough, shortness of breath or fever? (We will be checking every child in the program using a thermometer – 100.4 or over is exclusion.)
- Does your child have symptoms of diarrhea, vomiting, headache, sore throat or rash?
- "HSCC" will be recorded on our attendance sheet – no personal info or specific temperature will be added. If a child fails the health check they will be returned to the parent (and cannot be in care – see numbers 8 & 9 below.)
- Children and/or staff who become ill during the day (can no longer say "no" to all 3) are isolated and sent home as soon as possible (a socially distancing staff person will supervise an ill child).

4. **Family Engagement** activities -conferences, tours, etc. will be done virtually for the time being. Mothers entering for purposes of nursing their infant must follow all CV19 program procedures (PPE up, health check, visitor log sign in, use outdoor space if possible, social distance 6 ft from staff and children, 1 adult at a time, preschedule if possible) and all others entering for an immediate health/safety concern should do the same. We have the nursing area that will be cleaned and sanitized between uses by different families/staff. *Prospective clients will only tour when we do not have children in care and will follow all our CV19 program procedures.

5. We will be one **stable group** of up to "20" with no more than 16 (or fewer, in attendance at the same time) but be prepared that if our area returns to baseline, we may have to go back to 2 stable groups or reduce our numbers.

6. PPE for Adults & Kids – PPEs! Everyone in kindergarten and older must wear one. Talk to Alanna if you have any concerns or questions. We must wear them outside when social distancing isn't possible. Staff will wash/sanitize or change their PPE after health checks. Visitors (recorded in the visitor log always) will follow all procedures. Adults who feed infants are using smocks/blankets individual to the infant while feeding them. Soiled clothing is changed immediately – do we have spare clothes for YOUR child?

- Children cannot be disciplined for the inability to wear a PPE or face shield and cannot be forced to do so. We will do our very best to keep everyone safe. There are limited reasons why children might not be able to wear a PPE – work it out with Alanna individually for health conditions, disability, they are not successful, sleeping or eating and/or unable to do it independently). Put your child's PPE/shield on before they enter each day and they may remove it once they are in your car (you will need to dispose of them).
- Please ensure that your child has their equipment at the start of each day and at least one backup as well. Adults are expected to provide the PPE for their own child/children. Children under 5 should not have PPEs/shields. Ages 2 to 5 may wear them but are not required and children under age 2 are not allowed by regulations.
- If a child removes their PPE/shield, they must social distance (staff will guide this).
- ELD requires as part of ECC that we space sleep spaces out at least 36 inches (3 feet) as we were already doing this, nothing changes regarding sleeping spaces. Older children on nap mats sleep head-to-toe as always.

7. Cleaning & Building Maintenance – This is the 1st line of defense against CV19. Our diligence keeps us all safer and healthier. Please ensure on-time pick up (and drop offs) to assist us in keeping our cleaning and sanitizing schedule on track. Do not bring toys, food or other items from home. Shared materials will be limited and cleaned/sanitized in between uses. Children and staff wash their hands constantly throughout the day (20 seconds at a time – encourage our handwashing song at home too please) but especially if they come into contact with a “shared” toy or material. Children have their own playdoh, sensory materials, and tools.

8. Keep your kids home and away from others as much as possible. Any child or staff must be suspended from Progress Ridge Childcare for 14 days if exposed to a positive or presumptive case of CV19 (unless and until a negative test or with doctor’s written clearance) and if a child becomes ill, for 10 days after onset of symptoms and 24 hours after both fever and cough have been fully gone, without the use of fever reducing medication. We monitor meal times especially to prevent sharing and/or touching. Adults serve the meal in the kitchen, serving individual plates to children. Seconds (or more) are served on a fresh plate. We don’t have water fountains and use paper cups or named cups for water.

9. If someone in our program, staff or child has a confirmed case of CV19, we have to notify public health authority, Office of Child Care and DHS/DPU. We also have to notify each parent (maintaining confidentiality regulations as also required) then we all get to quarantine for 14 days after the date of our exposure to that person. (Again, keep your kids home and do not increase the risk they will come into contact with someone with CV19.) We will coordinate our response with the local public health authority. **Communicating with Alanna in any situation related to your CV-19 exposure or possible presumptive case is CRITICAL for us all.**

* This template for a CV19 Health and Safety Plan meets the requirements in the “Health and Safety Guidelines for Child Care and Early Education Operating During CV19” (referred to as “Guidelines” throughout). For a complete look at the entire COVID regulations effective September 1 st go to:

https://oregonearlylearning.com/wp-content/uploads/2020/08/Health-and-Safety-Guidelines_August-14-2020_English_Web-2.pdf

All staff will be enforcing all of the requirements under Emergency Child Care and this plan. Staff have been fully trained – please don’t make them enforce these regulations. If we all do our part, we will keep our program open and running while everyone stays healthy and going to work/care.

***The state wants parents and guardians to know as part of the required plan, that we keep a separate log for each stable group, that we record who drops off and picks up for contact tracing purposes, that daily logs must be retained for at least 2 years, and that as a CF/RF ECC, we record all visitors on a visitors log as well.**