



# CAROLINA CYCLONES GUIDELINES

## ATTENDANCE

- Team members must make every effort to attend all games, practices, team meetings and/or team functions.
- Team members must make every effort to be punctual to games, practices, team meetings and/or team functions.
- Team members are expected to show up (dressed and ready to play), 1 hour prior to the start of the first game of the day
- If you know that you are unable to attend a game or practice please give the coach a notice.
- It will be the head coach's discretion on whether or not the absent player will start the next game. It is not our intention to punish those that miss games or practices, but rather to encourage and reward those that do attend.

## CONDUCT

- The Carolina Cyclones will be a first-class organization that prides itself on a strong reputation for good sportsmanship and professionalism both on and off the softball field.
- All are expected to act accordingly
- All are expected to treat others with respect
- All are expected to honor the game of softball and all those that surround you
- All are expected to play hard and to wear the Cyclones uniform proudly
- All are expected to refrain from having discussions with umpires, opposing coaches, players or parents regarding a questionable call, pitch or play. Let your coaches handle it!
- Parents are encouraged to work with your daughters, but not during games or practices.

## HUSTLE

- As a member of the Carolina Cyclones, you are expected to run on and off the softball field during games and practices and give to maximum effort at all times. **NO EXCEPTIONS**

## UNIFORMS

- Team member must arrive in the correct uniform for all games.
- Uniforms must be clean and in good shape.
- Please wear your uniform with pride

## DUGOUT

- Only coaches and players are allowed in the dugout
- Parents are encouraged to support their child, however during practices and games, parents should refrain from approaching the field or dugout to coach, counsel, or critique their daughter's performance.
- Team members are not allowed to leave the dugout during games unless given permission by a coach.
- **ABSOLUTELY NO** boyfriends are allowed in or around the dugouts. You are there for your team, not boyfriend.
- Team members should always remember that game or practice time is not designated as time to visit with friends or family members outside the field of play.

## CELL PHONES

- Cell phones are not allowed to be used during team meetings, warm-ups, games, or practices. They are required to remain stored in your bag during these events.

**ACADEMICS**

- Your role as a Carolina Cyclone is important.
- Team members, in consultation with their parents, are required to maintain good grades
- Your grades will be tracked by the Coaches.
- This goal is not intended to be punishment, but rather to ensure that our team members understand the importance of their education and are working hard to achieve their goals in the classroom.

**WEBSITE**

- All information concerning our softball organization will be posted on our team website

**FRIENDS AND FAMILY**

- Friends and family members are always encouraged to come help support our team and cheer us on to victory. However, if a friend or family member becomes a distraction to a player, coach, umpire, or fan, we will ask that friend or family member to leave the immediate area. We will conduct ourselves with class and dignity.

**ADDRESSING CONCERNS/PROBLEMS**

- We encourage an open relationship between coaches, players, and parents.
- Parents should contact the head coach or general manager to address questions or concerns. Please remember that there is an appropriate time for asking questions or voicing concerns. During a game or immediately after a game is not the ideal time for these discussions to take place. It is recommended that you allow yourself and the coaching staff time to get away from the situation before asking questions or voicing concerns. This will make for a much more productive discussion for everyone that is involved.

The Carolina Cyclones team guidelines are intended to help make our softball team run as smoothly as possible. We understand that problems and concerns will come up throughout the year, however it is our hope that these guidelines will help to eliminate some of those issues and provide the proper foundation for our teams to be successful. Remember that we are all working toward a common goal of making our young ladies better individuals both on and off the field.

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Player Signature

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Date

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Parent Signature

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Date

