

# IF YOU REALLY KNEW ME

WHAT DOES THE SAVIOR WANT ME TO KNOW



## **Intro/Frame (Ignite) 10 minutes**

Frame: Jesus Christ has several characteristics or traits that He really wishes everyone knew or understood about Him. It might be how He knows everyone's name, something that He loves to do, how He teaches people, or something that He hopes for each of Heavenly Father's children. You share some of these same characteristics or traits that Jesus Christ does. Today, you are going to share three things that you think are important for everyone to know about you that you have in common with Jesus Christ.

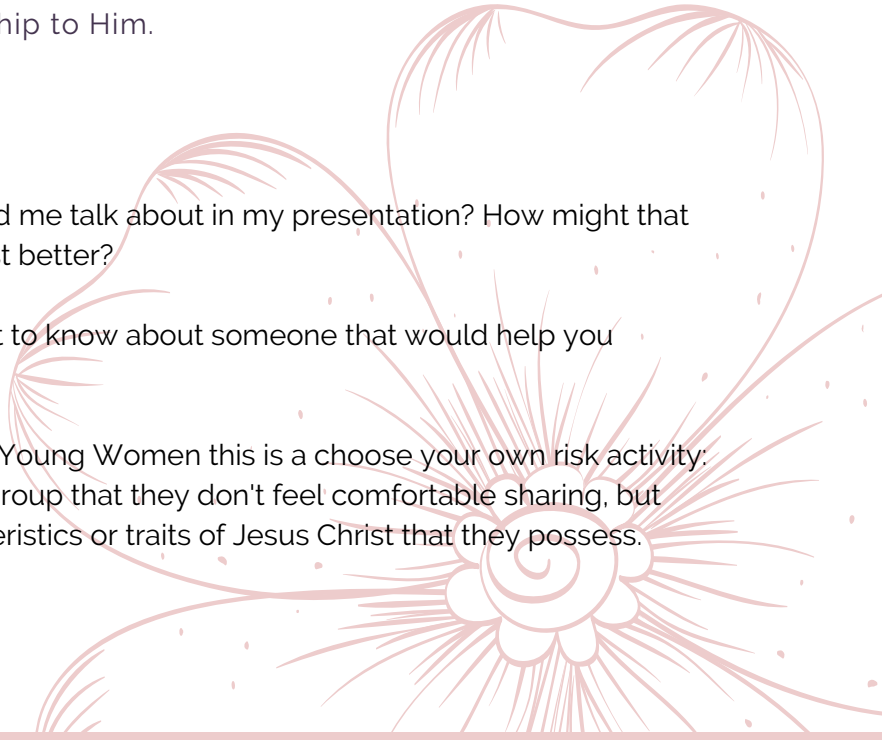
I'm going to share my own presentation first as an example. I'm going to ask you that you work to make this space respectful, supportive, and non-judgmental. We all might come up with the same things, but we all have our own relationship with the Savior, so the characteristics or traits that you each think of will be unique to you and what you think about Jesus Christ. Please listen closely to what I share and how it might help you understand the Savior and my relationship to Him.

## **Instruction-10 minutes**

Brainstorm: What are some things you heard me talk about in my presentation? How might that help you to know or understand Jesus Christ better?

What are some other things you might want to know about someone that would help you understand and work with them better?

Go over the presentation structure. Tell the Young Women this is a choose your own risk activity; they don't have to share anything with the group that they don't feel comfortable sharing, but they should explore three different characteristics or traits of Jesus Christ that they possess.



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## **Guided Practice 20 minutes**

Give Young Women work time to come up with their own scripts for their presentations.  
Can be done individual, with a peer, or in small groups.  
Optional: Play music while Young Women work.

## **Activity-Presentations-20 minutes (depends on group size)**

Have students stand up to present to the group.  
Optional: Use a podium, stage, or front of the room as a presentation space,

Some guidelines:

Everyone gives attention and focus to the presenter.

There are no comments or side conversations while someone is presenting.

You can give silent applause to show your support.

Listen intently and openly; what are you learning?

Sharing our identities and how we identify with Jesus Christ is an act of bravery for many of us:

honor your peers courage with applause at the end of each presentation (if appropriate).

## **Debrief (Review) 10 minutes**

Quiet reflection (can be silent think time or written):

What was it like to stand up and present these things about yourself and Jesus Christ to this group? How do you feel now that you've done it?

What is something new you learned about someone in this room?

What is something you heard from someone else that you related to?

Invite Young Women to share out.

# IF YOU REALLY KNEW HOW ME AND JESUS CHRIST ARE THE SAME

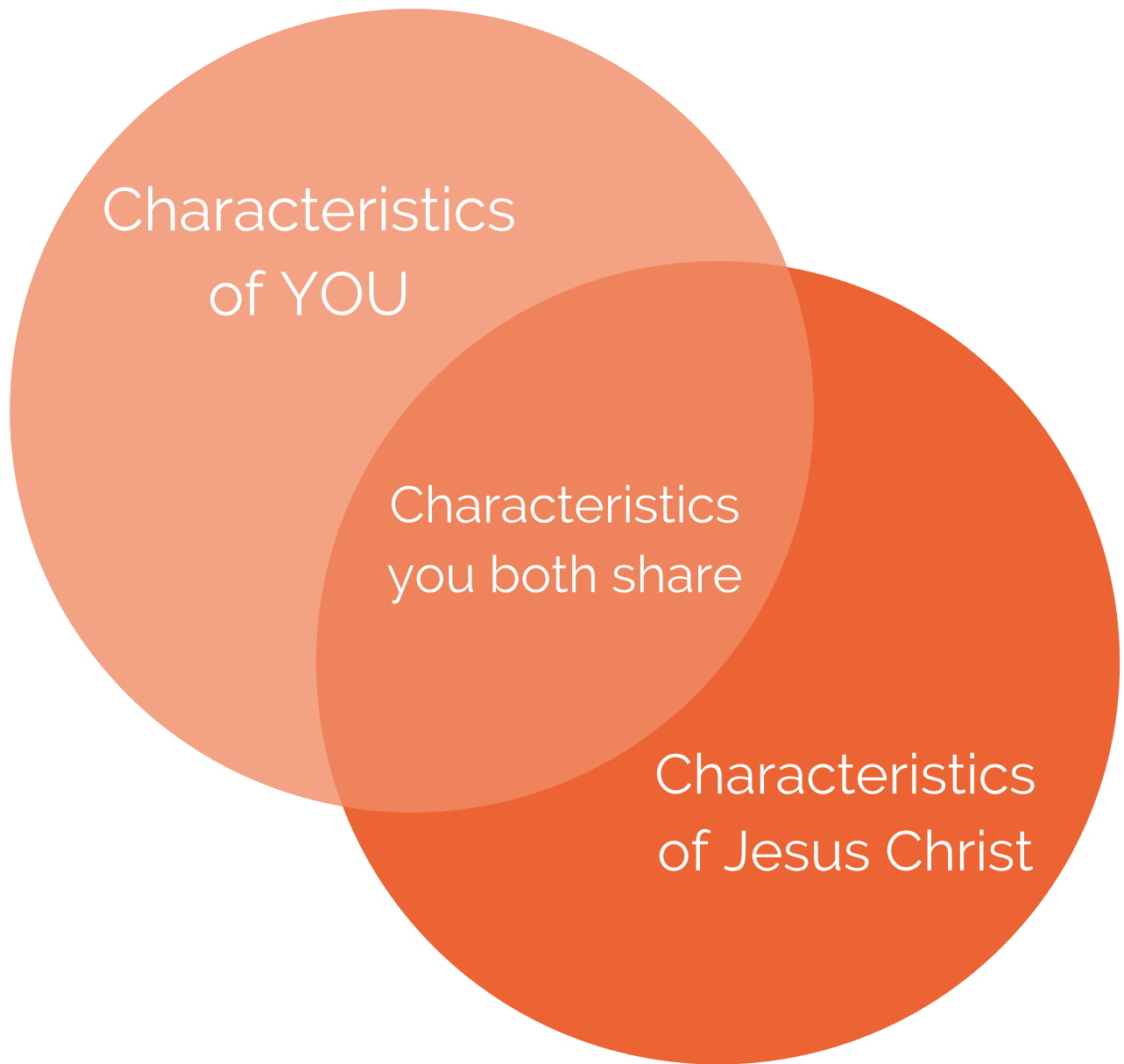
1) Introduce yourself! Greet your audience and state your name as you want to be called

2) If you really knew me and Jesus Christ, you would know.....

3) If you really knew me and Jesus Christ, you would know.....

4) If you really knew me and Jesus Christ, you would know.....

5) Thank your audience and tell them what you hope they take away!



You and Christ already share some of the same characteristics. The goal is to overlap more of your circles as you work on your personal goals.