

Approved list of Personal apparel and equipment for use at IPF sanctioned competitions.

Updated: 3rd May 2018 Valid from: 1st January 2015 - 31st December 2018

Approved Personal supportive equipment:

Only costumes, support shirts, wraps, belts and singlets from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in Powerlifting Competitions. This applies to all championships and records, from Local to World.

INZER

Heavy Duty Blast Shirt (HD) Equipped	Sleeveless Heavy Duty Erector Shirt Equipped Deadlift Only	Iron Wraps A and Z Equipped
High Performance Heavy Duty Blast Shirt (HPPHD) Equipped	Champion Suit Equipped	W30 Knee Wraps (Red line) Equipped
Extra High Performance Heavy Duty Blast Shirt (EHPHD) Equipped	Hard Core Suit Equipped	W40 Knee Wraps (True Black) Equipped
Blast Shirt Equipped	TRX Squat Suit Equipped	W50 Knee Wraps (Gripper) Equipped
The Wrath bench Shirt Equipped	Megathrust Squat Suit Equipped	W60 Knee Wraps Equipped
The Rage bench Shirt Equipped	MAX DL Deadlift Suit Equipped	W70 Knee Wraps (BlackBeauty) Equipped
The Rage-X bench Shirt Equipped	Fusion Deadlift Suit Equipped	W80 Knee Wraps (4x4) Equipped
XB bench Shirt Equipped	XDL Deadlift Suit Equipped	W30 Wrist Wraps (Red line) Classic/Equipped
Phenom bench Shirt Equipped	INZER Singlets – various colour combinations are allowed Classic & Equipped	W40 Wrist Wraps (True Black) Classic/Equipped
Bolt bench Shirt Equipped	Z-Suit Equipped	W50 Wrist Wraps (Gripper) Classic/Equipped
Erector Shirt - Equipped	INZER Belts with Prongs Classic & Equipped	W60 Wrist Wraps Classic/Equipped
Sleeveless Erector Shirt Equipped Deadlift Only	INZER Lever Belts Classic & Equipped	W70 Wrist Wraps (BlackBeauty) Classic/Equipped
Heavy Duty Erector Shirt - Equipped	INZER Knee Sleeves Classic & Equipped	W80 Wrist Wraps (4x4) Classic Equipped

TITAN

Titan Fury Bench Shirt Equipped	Titan Squat Suit Equipped	Titanium Wrist Wraps Classic & Equipped
Titan Fury NXG+ SHP Bench Shirt Equipped	Titan Centurion Suit Equipped	Red Devil Wrist Wraps Classic & Equipped
Titan F6 Tornado Bench Shirt Equipped	Titan Super Centurion Suit Equipped	Signature Gold Wrist Wraps Classic & Equipped
Titan Katana Bench Shirt Equipped	Titan Spartan Suit Equipped	Wrist Wraps T.H.P. (with lettering or yellow stripe) Classic & Equipped
Titan Super Katana Bench Shirt Equipped	Titan Superior Suit Equipped	Knee Wraps MAX RPM (black with green, pink or orange stripes) Equipped

Titan Super Katana low cut Bench Shirt Equipped	Titan Velocity Deadlift Suit Equipped	Titanium Knee Wraps Equipped
Titan Super Katana low cut Collar Shirt Equipped	Titan Singlets - various colour combinations are allowed Classic & Equipped	Red Devil Knee Wraps Equipped
Vortex Shirt Equipped	Titan Knee Sleeves Classic & Equipped	Signature Gold Knee Wraps Equipped
Titan Lever Belts Classic & Equipped	Titan Knee Sleeves yellow jacket Classic & Equipped	
Titan Quick Release Belts Classic & Equipped	Wrist Wraps MAX RPM (black with green, pink or orange stripes) Classic & Equipped	
Titan Belts with Single Prong or Double Prong Classic & Equipped	Knee Wraps T.H.P. (with lettering or yellow stripe) Equipped	

METAL

Metal Singlets (various colour combinations allowed) Classic & Equipped	Metal Knee Sleeves (various colour combinations allowed) Classic & Equipped
Metal Wrist Wraps (various colour combinations allowed) Classic & Equipped	Metal Mystical Knee Wraps (various colour combinations allowed) Equipped
Metal Belts (various colour combinations allowed) Classic & Equipped	

SBD

SBD Singlets Classic & Equipped	SBD Wrist Wraps Classic & Equipped	SBD Knee Sleeves Classic & Equipped
SBD Belts Classic & Equipped	SBD Knee Wraps Equipped	

STRENGTHSHOP

Strengthshop Singlets Classic & Equipped	Strengthshop Inferno Knee Sleeves Classic & Equipped
Strengthshop Lever Belt Classic & Equipped	

BEAST GENETICS

Singlet Classic & Equipped	Quick Release Belt Classic & Equipped
Belt with Single Prong Classic & Equipped	Belt with Double Prong Classic & Equipped
Lever Belt Classic & Equipped	

BUKIYA

Oni Lever Belt Action Classic & Equipped	Oni Wrist Wraps Classic & Equipped
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Oni Singlet Classic & Equipped	Oni Knee Sleeves Classic & Equipped
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ELEIKO

Eleiko Knee Sleeves Classic & Equipped	Eleiko Belt Classic & Equipped
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REHBAND

Rehband Knee Sleeves, Original 7051, 7 mm Classic & Equipped	Rehband Knee Sleeves, Blue Line 7084, 7 mm Classic & Equipped
Rehband Knee Sleeves 7751, 5 mm (RX and Core Line) Classic & Equipped in different colours	Rehband Knee Sleeves 105434, 7 mm (RX) Classic & Equipped in different colours

Super Training Products/Sling Shot

Sling Shot 26" Wrist Wraps Classic & Equipped	Sling Shot Sleeves 2.0 Classic & Equipped
Sling Shot Gangsta Wrist Wraps Classic & Equipped	

Wahlander

Wahlander Prong Belts Classic & Equipped

Lifting Large

Lever Belts „Economy “ Classic & Equipped	Single Prong Belts „Competition “ Classic & Equipped
Lever Belts „Competition “ Classic & Equipped	Singlets „Basic “ Classic & Equipped
Single Prong Belts „Economy “ Classic & Equipped	Singlets „Economy “ Classic & Equipped

Best Belts

Best Belts single & double prong Classic & Equipped

Iron Tanks

Iron Tanks Level Belts Classic & Equipped

Only bars and plates, squat racks, bench racks and benches from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in World, Regional and Continental Championships. The setting of World Records must be made with Bars and Discs featured on this list.

Approved bars, plates and racks:

ELEIKO	Bench/Squat Racks, PL Bars and discs
ER EQUIPMENT	Bench/Squat Racks
IVANKO	PL Bars and Discs
LEOKO	PL Bars and Discs
PALLINI	PL Bench/Squat Racks, PL Bars and Discs
ROGUE	PL Bar and Discs
UESAKA	PL Bars and Discs
METAL	Metal Viking PL Rack, Metal Viking Bench Rack
TITEX	PL Bars and Discs
AWESOM AS	PL Racks
ZAOBA BULL	PL Bench/Squat Racks, PL Bar and Discs

Approved logos:

- MAXREP
- German Powerlifting Distr.
- Kappi
- Progressive Rehab
- RTS
- Athletic Alliance Sport
- Barbell Medicine
- A7 Fitness
- Quest Nutrition
- LVD Fitness
- LFT Performance Nutrition and Apparel, Inc.
- CardiraMD
- TOR Equipment
- APLYFT

(The amount of the logo fee Euro 500,- per year)

The user of this powerlifting equipment for himself and his heirs, release the IPF, its representatives, agents, and affiliates from any and all liability arising from the use of this equipment. Further, the user agrees to use this equipment as recommended. Failure to do so voids all responsibility and liability of the IPF, its agents, and affiliates, and the manufacturer of this equipment. Use of this equipment constitutes an agreement to these conditions.

Courtesy of: [Johan Smith](#), Chairman of IPF Technical Committee and
[Dietmar Wolf](#), IPF Treasurer