

BY SIGNING UP TO MY TRAINING PLANS, YOU AGREE TO WILLINGLY COMPLY WITH THE FOLLOWING...

Privacy Policy

General

Strengthgenics takes your privacy seriously. This privacy policy aims to inform you of how I intend to use your personal information, and the security of this information after completing an enrolment form either via email or via my app (a link will be emailed to you).

Please be aware; Strengthgenics is not responsible for the use of your details you provide to third party websites that have access via www.strengthgenics.com. You will therefore, need to review the privacy policy of any third party websites that you visit.

Data Protection and Transfer

Strengthgenics (the provider of the Services) is the controller in respect of personal data that it processes. As controller, Strengthgenics processes personal data by the terms and conditions set out in the Privacy Policy.

Collection of personal information

Strengthgenics will collect details such as your name, current home address, date of birth, medical information, email address and a telephone number via the Strengthgenics enrolment form or via Strengthgenics/ PT Distinction app. By giving such information and signing or entering your details on the app you consent to its use as described in this privacy policy. However, you are entitled to withdraw this consent at any time by emailing coach@strengthgenics.com. In this instance, your details will be destroyed or deleted within five days of receipt of your withdrawal of consent.

Use of personal information

I will use your personal information to process your request for my personal training services, to provide a link to download your training plan, or for you to gain access to specific areas of the Strengthgenics/ PT Distinction app. It may also be used to administer competitions, personalise your visit to my website and to enable me to review, develop and improve the products, services and special offers I provide. From time to time I will carry out market research or email you mailshots of services and offers that I think will be of interest to you. If you do not wish to receive such information, click the unsubscribe action at the bottom of the e-mail to opt out of receiving any further information.

Disclosure of personal information

I will not disclose your personal information to any third party unless you have consented to such disclosure or where I am required to do so by law.

Sharing Information with Affiliates and Other Third Parties

I will not sell, rent, or otherwise provide your personal information to third parties for marketing purposes. If I am under a duty to disclose or share your data to comply with any legal obligation, I may disclose your information to the relevant authority. Disclosure of personal information will be in line with UK legislation, such as the EU General Data Protection Regulation (GDPR) 2018.

Right to access your personal information

The EU General Data Protection Regulation (GDPR) 2018 allows you the legal right to make an access request at any time to information held about you by Strengthgenics.

COOKIES (website reference only)

Cookies are pieces of information stored on a user's computer when visiting a new web page. The data can be accessed either by the web server or the client computer to identify the user, allowing the server to deliver a page tailored to a particular user. Third party advertisers may also create and access cookies and is subject to their privacy policies. Strengthgenics accepts no responsibility or liability for the use of such third party cookies. If you do not want cookies on your computer or device, you can disable their use in your web browser. Please be aware that permanently disabling cookies from your browser could affect the use of my website and other websites you visit or interactive services you use. If you are submitting another individual's details please ensure that you have obtained their express consent before uploading such personal information onto www.strengthgenics.com.

Security

Strengthgenics stores personal information in a password-protected account and I view my website security seriously.

If you are concerned about security, please email me at coach@strengthgenics.com.

Strengthgenics reserves the right to modify this Privacy Policy at any time. I recommend you visit www.strengthgenics.com regularly to check for an update to Strengthgenics privacy policy.