



SOUND HEALER TRAIN 2020

by Journeyman, GM , SH and CYT Scott Bailey

My Sound Healer Train program is a total of six hours with a minimum of two hours per session. The classes can be spread for one up to three months depending on schedule agreed. Sessions are normally individual but two students can join in and share the space. After our first conference call, I will be able to further customize the program accordingly to your background and level of knowledge of the Sound Healing experience.

Tuition for one student

6 payments of \$120 paid per class	\$720
Or 2 payments done in one month period	\$300 x2 / \$600

Required 40% deposit to secure registration and receive class schedule dates and times.

Cancellation policy is allowed 3 weeks before train start date full deposit reimbursement or after that only 30% of deposit will be reimbursed.

PROGRAM

Session 1

Experience Inner sound healing on a massage table - session duration 45m
 Introduction to the Chakra Crystal Bowls - meaning of chakras in yogi meditation, structured guided playing; types of mallets and how to hold them
 Practice time

Session 2

Continue practical learning about crystal bowls and intro to chimes and types used in the sound journey
 Experience and handle tuning forks understand meaning of hertz frequency
 Practice time putting it all together and develop an inner sound session for a client

Session 3

Tibetan bowls- placement on the body and in the sound bath - learn about the Kundalini energy and intro to gongs
 Gong toning, mallets & flumies
 Practice time

Session 4

Learning the gongs
 Strokes and walking gong strokes
 Finding the sweet spot
 Gang rules & consciousness
 Intuitively feeling your needs knowing your client
 Practice Time

Session 5 The introduction to the Shurti Box

Mantras and meditation
 How to incorporate everything together to develop a sound journey for a studio or corporate wellness / discussion about business opportunities types of companies that you can approach/ advice on what instruments to buy in what websites start building your sound bath - practice time

Session 6

The universal greeting
 Practice time
 Offer at Prana Mudra
 A sound journey to family and friends or
 An inner sound healing to a friend or couple