

## 2026 SENC Herbal Conference Presenter Schedule: DAY 1 | November 7TH

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| KEYNOTE SPEAKER   11:30 AM-1 PM   BARN Classroom                                          |  |  |  |  |
| <b>Ruth Shelton~</b> <i>The Herbal Full Monty: Forming Deep Relationships with Plants</i> |  |  |  |  |

| FEATURED PRESENTER CLASSES & WORKSHOPS   10:15 AM- 4:30 PM <small>(with break for lunch and keynote)</small> |                                                                                                                       |                                                                                                 |                                                                                         |                                                                      |
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| <u>Time</u>                                                                                                  | <u>Greenhouse 1 Classroom</u><br><i>Practical/Hands-on Classes</i>                                                    | <u>Garden Center Classroom</u><br><i>Herbal Theory and Practice</i>                             | <u>BARN Classroom</u><br><i>Herbal Applications</i>                                     | <u>Outdoor Classroom</u>                                             |
| 10:15-11:15 AM                                                                                               | <b>Belinda Lashea:</b> Medicine Making - Herbs for the Childbearing Year                                              | <b>Jackie DeConti:</b> Rest Through the Lens of Ayurvedic Herbalism                             | <b>Lee "Natty" Trebotich:</b> Backcountry First Aid                                     |                                                                      |
| 2:15-3:15 PM                                                                                                 | <b>April Punsalen:</b> Healing Oils with Coastal Herbs                                                                | <b>Nuit Moore:</b> Daughters of the Nile: Botanical Medicine and Magic of the Ancestral Mothers | <b>Jill Hari:</b> Western and Ayurvedic Immune Supporting Herbs for Cold and Flu Season | <b>Rashell Greene:</b><br>Explore the 5 flavors Thru the Lens of TCM |
| 3:30-4:30 PM                                                                                                 | <b>Renee Montague:</b> Teas, Teas, and Teas: Tea Formula from Choosing the Herbs to Blending, Preparing and Consuming | <b>Amy White Eyes:</b> The Medicine of Reciprocity                                              | <b>Bridger Hahn:</b> Herbal Skin Care                                                   |                                                                      |

## 2026 SENC Herbal Conference Schedule: DAY 2 | November 8TH

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| KEYNOTE SPEAKER   11:30 AM-1 PM   BARN Classroom                                                                                 |  |  |  |  |
| <b>Mimi Prunella Hernandez M.S., R.H. (AHG)~</b> <i>Beyond Pop Culture Herbalism: Berberine and the Bitters in the GLP-1 Era</i> |  |  |  |  |

| FEATURED PRESENTER CLASSES & WORKSHOPS   10:15 AM - 4:30 PM <small>(with break for lunch and keynote)</small> |                                                                                       |                                                                                                      |                                                                                               |  |
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| <u>Time</u>                                                                                                   | <u>Greenhouse 1 Classroom</u><br><i>Practical/Hands-on Classes</i>                    | <u>Garden Center Classroom</u><br><i>Herbal Theory and Practice</i>                                  | <u>BARN Classroom</u><br><i>Herbal Applications</i>                                           |  |
| 10:15-11:15 AM                                                                                                | <b>Sydney Kale:</b> Making Flower Essences                                            | <b>Bryanne Shepard:</b> Things are Not OK: Holistic Strategies for Collective Trauma and Resilience  | <b>Atiya Bloom:</b> The Kitchen Apothecary: Everyday Herbalism Through Home-Cooking           |  |
| 2:15-3:15 PM                                                                                                  | <b>Quinnie Cook:</b> Healing the Mucosal Lining: Plants, Food & Emotional Restoration | <b>Angela Queen:</b> Mystery Tea instead of Mystery Dinner: The Conspiracy of <i>ilex vomitorium</i> | <b>Mia Aguilar:</b> Plant Energies and Essential Oils for Balancing and Well-Being            |  |
| 3:30-4:30 PM                                                                                                  | <b>Byron Ballard:</b> Folk Practices of Mountain "Yarb Doctors"                       | <b>April Punsalen:</b> Healing with the Wild Plants of the Carolina Coast                            | <b>marc williams:</b> Prime Plant and Practices for Aphrodisiac Consideration and Formulation |  |