

Mammary Tumors (Canines/Felines)

Associated Terms:

Breast Cancer, Radical Mastectomy, Mastectomy, Mammectomy, Mammary Adenocarcinoma

OVERVIEW

Mammary (or breast) tumors are common in female dogs, but rare in male dogs & cats. Surgical removal is recommended for most mammary tumors. Chemotherapy may be required following surgery in some cases. The prognosis is good following surgical resection for most mammary tumors in female dogs, but the prognosis is worse for certain types of tumors in dogs & all mammary tumors in cats.

Of dogs, poodles, dachshunds & spaniels are most affected. In cats, Siamese or other Oriental breeds & domestic short hairs are most often affected. In dogs, obesity at a young age is a risk factor.

Mammary tumors are more **common in female dogs that are either NOT spayed or were spayed after 2 years of age**. The risk of a dog developing a mammary tumor is 0.5% if spayed before their first heat (approximately 6 months of age), 8% after their first heat & 26% after their second heat. Cats spayed before 6 months of age have a 7-times reduced risk of developing mammary cancer & **spaying at any age reduces the risk of mammary tumors** by 40% to 60% in cats.

More than a quarter of unsplayed female dogs will develop a mammary tumor during their lifetime. The risk is much lower for spayed female dogs, male dogs & cats of either gender. In female dogs, 50% of mammary tumors are benign & 50% are malignant. However, **few of the malignant mammary tumors are fatal**. In contrast, over 85% of mammary tumors in cats are malignant & most of these have an aggressive biologic behavior (i.e., mammary tumors in cats tend to be locally invasive & spread elsewhere in the body).

CLINICAL SIGNS & SYMPTOMS

A palpable mass underneath the skin of the abdomen is the most common findings in dogs & cats with mammary tumors. However, other signs & symptoms include discharge from a mammary gland, ulceration of the skin over a gland, painful, swollen breasts, loss of appetite, weight loss, & generalized weakness.

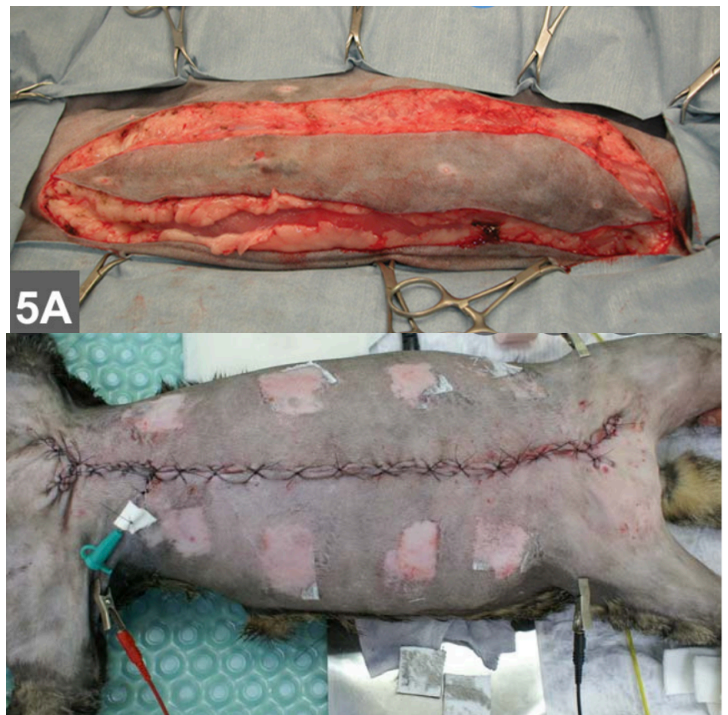
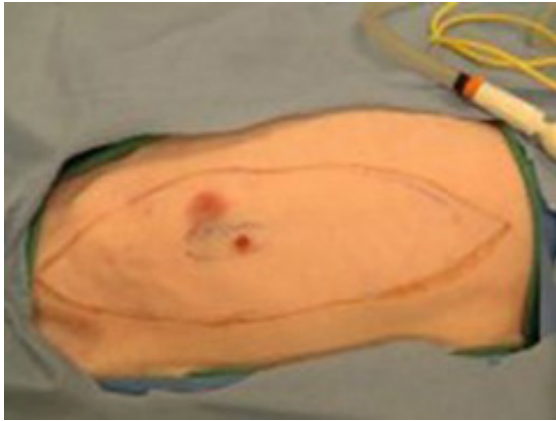


DIAGNOSTICS

A good general physical exam is needed to find the location, size & character of all the mammary masses & assess local lymph node enlargement. Other procedures are performed to stage the cancer (determine what type it is & where it is located in the body):

- Bloodwork: blood count, chemistry, urinalysis, & clotting profile
- Abdominal ultrasound, chest x-rays & sometimes CT scan: used to check for cancer that has spread to other parts of the body
- Aspiration (aka Fine Needle Aspirate) / Cytology: a needle is used to sample the mammary mass to help distinguish it from other skin tumors. Lymph nodes may also be assessed to look for a spread of cancer cells. This is more reliable in dogs than cats to confirm a diagnosis.
- A biopsy may be indicated to rule out a certain kind of tumor called inflammatory mammary carcinoma, as surgery is generally NOT recommended for this tumor type

TREATMENT



Further consultation with your primary care veterinarian may result in a referral to a veterinary surgeon to fully explore your options.

- The type of surgery depends on the size, location & number of mammary tumors & species of your pet. In general, surgery is more conservative for dogs with mammary tumors & involves removal of either the mass alone or the affected mammary gland. However, in cats, more aggressive surgery is recommended with removal of one or preferably both sets of mammary glands. Surgery to remove both sets of mammary glands from a cat is often done in 2 surgical procedures 2–3 weeks apart.
- The local lymph node should also be removed in cats, if possible, to assess for evidence of spread of the cancer.
- The role of spaying female dogs with mammary tumors is controversial. Most studies have shown no beneficial effect of spaying at the time of tumor removal in preventing the development of new mammary tumors or influencing the aggressiveness or metastatic potential of existing mammary tumors. However spaying at the time of mammary tumor resection may be recommended by your veterinary surgeon because recent studies have shown a beneficial effect in dogs with mammary tumors & it can prevent unrelated diseases, such as pyometra (uterine infection).
- The role of chemotherapy in cats & dogs with malignant mammary tumors has NOT been clearly defined for all tumor types but oncologist consultation after surgery is often recommended. For most mammary tumors in cats & dogs, hormonal therapy, immunotherapy & radiation therapy have either NOT been investigated or are NOT beneficial.

Surgery is NOT recommended for dogs with inflammatory mammary carcinoma because it does NOT improve survival rate. Unfortunately, an effective treatment has NOT been discovered. Radiation therapy in combination with a non-steroidal anti-inflammatory drug has been shown to provide the most effective pain relief in dogs, but the prognosis remains poor.

AFTERCARE & OUTCOME

Most pets are discharged 1–5 days after surgery, depending on their extent of surgery & their comfort. They are usually returned for re-check & removal of skin sutures or staples (if present). Pain can be well-controlled with owner-administered medications. Pain patches may be adhered to the skin. Antibiotics may be sent home with some patients.

Restrictions following surgery usually are:

- Elizabethan collar for 10–14 days after surgery to prevent the natural tendency of pets to lick & chew at a wound.
- Limited & restricted activity is indicated for about 2 weeks to allow recovery & incision healing.
- Bandage care may also be required if one is applied.
- Kitty litter made from newspaper may be recommended rather than clay litter.

+/-COMPLICATIONS (Post-Surgery)

- Incision infection
- Incision opening or breakdown (called dehiscence), which is more common in the mammary glands near the back legs or when larger areas of tissue have been removed
- Local recurrence of the tumor or spread of the cancer that was NOT detected at the time of surgery

If the mammary tumor is malignant, the surgical site & regional lymph nodes should be checked for local tumor recurrence & metastasis, respectively, every 3 months for the first 12 months after surgery & then every 6 months thereafter. **Abdominal ultrasound & chest radiographs are also recommended every 3–6 months** to assess for evidence of metastatic disease.

CANINE PROGNOSIS

In dogs, there are a number of factors that influence the prognosis following surgery. These prognostic factors include tumor size, clinical stage (how far the cancer has spread in the body), tumor type & grade & various other pathologic changes seen in the tumor tissue. Benign tumors are cured by surgery, although the development of new mammary tumors (both benign & malignant) is possible. There is a **poorer prognosis with malignant mammary tumors** & it also depends on what type of cancer. In dogs, the size of malignant mammary tumors is an important consideration when determining prognosis, both for local tumor recurrence & survival time. The smaller the mass is at the time of surgery (3–5cm or smaller) the less likely it will recur, or metastasize (spread) elsewhere. **Dogs can live several years after complete removal of some malignant mammary tumors.** So once a mass is found, having surgery to remove it earlier is better.

FELINE PROGNOSIS

The prognosis for cats with mammary tumors is guarded as mammary tumors tend to be more aggressive & metastatic in cats. Many of the prognostic factors used in dogs also apply to cats, although the extent of surgery is also important in cats. When the tumor is smaller (<3cm) when it is removed cats can live a couple of years; if it is larger than 3cm the prognosis for life after surgery is 4–12 months. Therefore, early surgical treatment is important. In cats, the amount of surrounding tissue removed with the mass can also affect how long they live after surgery. In some cases, survival time after surgery have be tripled in patients treated aggressively with surgery [those with large resections lived 3 years & those treated with only tumor removal in the same tumor type lived 1 year]

Mammary tumors can be largely prevented by spaying before 6 months of age or before your pet's first heat cycle. Other factors that may reduce the incidence of mammary tumors include feeding a well-balanced diet & avoiding obesity & the administration of hormones (particularly progesterone or mixed estrogen-progesterone drugs).

If you have any questions, please feel free to ask your primary veterinarian &/or veterinary surgeon.

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