



# ReStart / ReOpen Plan

Dragonfly Spirit  
Angela L Robinett  
<https://dragonflyspirit.us>  
[dragonflyspirit.arobinett@gmail.com](mailto:dragonflyspirit.arobinett@gmail.com)  
614-632-8399

Business Address: 2545 Farmers Dr.  
Suite 160  
Columbus, OH 43235  
(GAFEE)

Mailing Address: 4854 Brice Pond Dr  
Canal Winchester, Oh  
43110

Under Responsible Restart Ohio directives, Dragonfly Spirit was permitted to reopen on Friday, May 15<sup>th</sup>, 2020. In order to have the best personal protection, equipment and environmental plan as well as an action plan fully in place, I have elected to reopen Dragonfly Spirit at a later date. Services resume on June 9<sup>th</sup>, 2020.

I, Angela L Robinett, sole owner with zero employees and only practitioner of Dragonfly Spirit, am a legal, unlicensed, certified practitioner in the field of ‘Miscellaneous Personal Care and Service Workers’ and not governed by any medical or massage board. However, I have elected to follow the requirements of Responsible RestartOhio for Massage Therapy, Acupuncture & Cosmetic Therapy sectors in order to have the highest standard of procedures in this generalized field. Please see additional documentation for more details of these standards.

The following list details the policies, procedures and PPE I will be implementing:

1. All linens will be stored in clearly labeled storage containers with locking lids.
2. Linen sets consisting of a bottom sheet, top sheet, 2 pillowcases and a lightweight blanket will be kept in a sealed, vacuum bag. One set will be used per client.
3. Heavyweight blankets will be kept in a clearly labeled storage container with locking lid. Heavyweight blankets will only be used for one client and fabric sanitizer will be used upon removal from the storage container.
4. Soiled linens will be stored in a clearly labeled storage container with locking lid. Soiled linens will be removed from treatment room daily for laundering.
5. Massage table included pads will be covered by a waterproof vinyl fitted mattress cover. This cover will provide a barrier between the bottom sheet and the pad while also covering the table.
6. All pillows will be covered with a zippered vinyl cover. This will provide the barrier between the pillow and the pillowcase.
7. Linens will be laundered in appropriate detergent with the addition of a laundry sanitizer product.

8. Two bottles of hand sanitizer will be provided in the treatment room and sanitized appropriately between clients. One bottle of hand sanitizer will be dedicated solely to the practitioner and one bottle of hand sanitizer will be for clients to use upon entering and exiting the treatment room. Gloves and clothing coverings such as aprons, coats, gowns, etc., do not apply to my specific situation.
9. Surfaces will be disinfected before, between and after clients. Due to the extreme national shortage of commercial wipes, I will be using the CDC approved recipe to make alcohol disinfectant wipes.
10. Product sales will be temporarily suspended.
11. I will personally be using a cloth face covering.
12. I will be performing a personal health screening and assessment on myself every day with written record.
13. I will be limiting my treatment room hours to five days per week and no more than three clients per day. Maximum total clients not to exceed fifteen per week.
14. In person sessions will be limited to Reiki, Foot Reflexology and Tuning Fork Energy Balancing. All Wellness Coaching appointments will be virtual.
15. All clients will be scheduled fifteen minutes apart to ensure ample time for client exit, disinfecting, handwashing, and entrance.
16. All clients will be notified that Covid-19 Contact Tracing is NOT subject to HIPPA. Should I be contacted by an official health agent, client information will be provided.
17. **Clients will be notified that they enter the building suite and all subsequent rooms AT THEIR OWN RISK including treatment rooms, restroom, and common waiting area.**
18. The required 'doorway assessment screening' will take place within the treatment room – NOT the waiting area. It has been agreed upon that it would be counterproductive and against official recommendations to use the common area for this purpose.
19. Clients will be required to sanitize hands upon entering and exiting the suite.
20. Clients will be asked to wait in their vehicle if they arrive for their appointment more than five minutes early. Clients will be asked to leave promptly after their appointment and not linger. This will not apply to clients that rely on public transportation.
21. Please allow for proper distancing whenever possible including in the parking lot, corridor, suite and all subsequent areas.
22. Guests of clients are asked not to enter the building unless they qualify as a primary caregiver or person under the client's direct care. (IE: home health assistant for an elderly person or a child of client )
23. Clients will be encouraged but not required to wear a facial covering. Any client that has an underlying medical condition or contraindication will be exempt. (IE: For people with extreme heart or pulmonary disease, facial coverings/masks are contraindicated)
24. I will fully cooperate and participate in the sanitation of the common areas of the suite.

25. Treatment room trash will be disposed of daily.
26. This list is not considered to be all inclusive. This list may be modified at any time to better accommodate current circumstances and directives.
27. For questions, comments, and concerns, please use the contact information on this document.

Print Name: Angela L Robinett  
Dragonfly Spirit

Date: 6-4-2020

*Angela L Robinett*

Signature: 