



My Ripple of Kindness Craft– Instructions

✨ What This Craft Teaches

This activity helps children understand how **one small act of kindness can spread outward**, just like ripples in water.



Materials Needed

- Blue construction paper (background)
 - White and blue paper circles (different sizes)
 - Heart cutout (center)
 - Glue stick
 - Markers or crayons
 - Optional: glitter, stickers, sequins
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Step-by-Step Instructions

1 Create Your Ripples

Glue the **largest circle** onto the center of the blue paper.

Layer smaller circles on top, one at a time, to make ripple rings.

2 Add the Heart

Glue the **heart** in the very center of the circles.

Write a kind message on it, such as:

“Include a friend”



3 Write Kind Actions

On each ripple, write or draw a **kind action**, for example:

- Make someone smile
- Invite a friend
- Invite others to play
- Share kind words

4 Decorate

Add glitter, stickers, or drawings to make your kindness ripple shine!

5 Title Your Work

At the top, add the title:

“My Ripple of Kindness”

(Optional: Write your name on the back.)

