

Exhibit 40

Coercive Task Endurance:

05/27/23 Sat. - 9:55 PM
Tasha was hell. Saw my pts.
[redacted] wanted me to refresh
all screens for @ 15 min (w/it?)
2 AM. Then I finally had to
go to bed & I started mashing
my. I still had not learnt
what to do but part of me
felt he didn't want me to know
then secrets. I already knew
was too much... the sequence
was 1) chrome 2) iBox check
Default Apps 3) Teams app
4) Norton 5) cookie cutter
screens 6) last one chrome over
lay on top refresh last screen
before this. Also I spent a
considerable time yet again
trying to get the Teams viewer
to work. No luck. I created a
billion accounts (well 2 new
emails) & the emails wouldn't
go through. Norton would not
work in c't m Nord

2) back
restart
reattach
manet
pays

so I gave up. No luck opening that
email w/ photo. I asked
if it was for my best interest
to get it open & he said "yes".
I went to bed exhausted around 1:30
2:30 PM I had to get up @ 6:30
as I had pt @ 8 AM Sun AM.
So I woke up exhausted.
I was so crumby. I still did not
know how to attach/refresh the
desktop correctly... I was so tired
didn't feel good physically either.
So I asked him, as I had spent
tons of times hours trying
to get rid of the 15 min refresh
loop last night w/ no luck, if
there was a way to do it in a
reasonable time so I don't
have to "sit there like a little
monkey & keep clicking on the
screen @ 15 min" & more or near
everytime. He said "you
need to follow your heart" to
which I replied "what if
I had been feeling from the very
beginning, 'well my heart
tells me to take them to the
dumpster on the 1st floor!"
to which he said "yes!"
so I said fine I will then!

June 2nd 2023 Friday
So I lost [redacted] today. For some
reason [redacted] wanted me to use
rotating desktops... and when I
kept refreshing the screens the
the screens popped white for a
like nanosecond. I had 7 desktops
6 screens open under each. So
I had not heard from Tasha
& all regarding my 1 Norton
[redacted] I had a feeling

May 31st Wed, 2023 2:10 PM Bedroom

normal time 8 AM.
Woke up this am. The meeting is today 1 PM. I had 3 fups this am. Should've been easy but nothing but. First I could not get to login. Wanted me to do things in certain order.

- 1) Restart
- 2) Default chrome & click 1 Chrome boxes (2 on other personal lt)
- 3) turn on Bluetooth x 2 (keys + mouse)
- 4) Turn on wifi
- 5) Sign on to word } Desktop 1
- 6) Turn on Teams }
- 7) minimize screens = Put chrome default on DT#1
- 8) Chrome default on DT#4
- 9) Login to T DOC & open 6 windows. Each must look ahead like one can't be ^{open} on bottom & other open on top
- 10) open from L → R 6 windows under 7 desktops.
- 11) When you get to DT#1 x out of teams. Reopen it. Then do 6 windows so they stay on top.
- 12) Continue opening until you hit DT#4 where you started
- 13) mini refresh the last window on DT#4 & minimize it →

then I ask if it's good & it usually is.
So this am I could not login
to Nord. I tried & tried & kept
restarting. It went finally. (saw)
pt. I had to log off per [redacted]
after each one. So after 2 pts in
I started @ 9:15 Am & didn't
finish note. Started 9:30 one
after logging & struggling to get
back to Nord I got in @ 10:00am.
Saw that pt. couldn't finish note.
These pts should take 5min → max 8min
until signing. I mean all done in 8min.
So third pt after restarting the computer
it said the "wifi" had been
intercepted" & it looked like
one of those DDOS ??? attacks
like I went through in Dec-Jan
but what do I know. So I struggled
to get in. I finally saw the pt &
called 15 min. late @ 10:15 & finished
both notes. I logged off & restarted.
Set things up. Then But didn't login.
~~he wanted me to attend the other~~
~~laptop & I set it up~~ Then I
finished my makeup for the