



Goals, Grit &  
*Gratitude*

\$249

3 one on one coaching sessions with Annie  
Access to G ,G & G FB community group  
Weekly LIVE coaching videos  
Workbook Included  
Ongoing Enrolment

This 6 week coaching program was designed for women who want to work toward life/business goals. It is a combination of one on one and group coaching and will be an experience that will provide clarity for growth in your life! Choose to work at your own pace or within the 6 week timeline, the choice is yours!

By the end of the 6 weeks you will:

1. Have created a personalized wellness wheel and clarity around what goals you should prioritize.
2. Have built a personalized action plan that is broken down into small, attainable action steps with accountability built in.
3. Have the tools to overcome roadblocks in life/business.
4. Have a success path that leads to growth through gratitude.

***"The coaching session was well laid out and and the workbook was awesome to follow along with and included so many great visuals! Overall, time well spent, thanks Annie!" GG&G participant***