

THE RUSTED ROWBOAT

A Weekly Campground Newsletter | Tidbits | News & Events

This Weekend's Activities

No activities this weekend. Enjoy the Hawley Rodeo events!

Upcoming Activities

June 15: American Themed Potluck

June 22: Karaoke Night

July 4 - 7: 4th of July Celebration (many different activities!)

Campground Birthdays & Anniversaries

Jeremy Disrud (Lot 9): June 7

Sales

We have already had a couple of sales this spring, with a few more about to start the process! If you have friends or family looking for a site, spread the word that we have some units for sale (no open lots, however). A few have expressed concern about ...



Benefits of Nature

Many of you chose to come to Lee Lake Campground to enjoy recreation on the lake, while others use it as a means of escape from the hustle and bustle of city life. While we do have a small community of people grouped together, you are still overwhelmingly surrounded by nature when you're here. Did you know that there are many documented health benefits from spending time in the great outdoors?

Physically, time spent in nature has been scientifically proven to lower blood pressure and stress hormone levels. Your nervous system arousal can also be reduced—this is a comforting fact for those of us with anxiety disorders! Mentally, studies show that time in nature can improve cognitive functioning, creativity, and self-esteem. Have you ever been on a nice, long, nature walk,

Sales Con't

...the 5% sales fee for selling on the site. This is a common practice amongst ALL seasonal campgrounds, and most places charge up to 10%. By charging this small fee, we are able to keep our lot rent as low as possible, and you are likely able to get more for selling your camper than you would off-site. Our property taxes, insurance, repairs and maintenance fees, and other utilities are extremely high, so we do what we can to make ends meet, while keeping lot rent affordable for our clients. If you have concerns, please speak with us directly. We always have an open ear.

Lodge Corner

Hello! This week's lodge specials of the week are:

Pizza: Chicken Alfredo -AND- BBQ Chicken

Cookie: Frosted Sugar Cookie

Baked Good: White Chocolate Espresso Cheesecake Pastries

Roll: Almond Buttercream

Italian Soda: Watermelon Crawl

Sundae: Candy Bar Delight

We may close for a couple hours on Saturday afternoon, so our children may enjoy some of the rodeo festivities

Nature Con't

and felt inspired to create something afterwards? This might explain why!

Being surrounded by all these plants has its own health benefit to humans. Plants release a chemical called “phytonicide”, to protect themselves from rotting. Scientists believe that exposure to these actually boosts human immunity, too!

Exposure to plenty of natural light (especially in the morning) can help improve sleep quality and overall mood, and people have been shown to have better memory and attention span while functioning in greener spaces. Spending time outdoors can boost your energy levels, even if you're only able to pull off 20-30 minutes a day.

Last but not least, time spent outdoors has been shown to give people more motivation to exercise, and do so for longer periods of time! When you look around you here at the campground, you see many opportunities for physical activity, with our pool, hiking paths, volleyball court, basketball hoop, golf course, horseshoe pits, and of course, the lake, with its opportunities for kayaking, canoeing, paddleboarding, and swimming! People who make the time for physical activity have been proven to have better overall health, too, so when you combine it with the great outdoors, you might just get enough feel-good chemicals to last you through the whole work week!

