



Unravelling
the tangled mind



Logline:

A feature documentary about the struggles, challenges plus benefits of having Attention Deficit Hyperactivity Disorder ADHD.

Synopsis:

Unravelling the Ravelled Mind is a beautifully curated collection of interviews and stories that explore the many faces of ADHD. With the intention of promoting understanding and awareness of this hidden disability, director Conor Forrest decided to invite many of the individuals that had played various roles in his own ADHD journey to participate in a series of interviews. With the help of his co-writer and mother Dr Sandra Landolt, the director was able to create an insightful representation of this neurodevelopmental disorder. In a series of cleverly woven interviews with young people and adults with ADHD, parents, special education teachers, psychiatrists and other mental health experts, the audience is exposed to the struggles, journeys and in many cases ultimate success stories. Unravelling is reflective and honest in it's presentation, engaging while educating the audience on many of the nuances of ADHD. It cleverly captures the passion and energy of neurodiversity and is a must watch for anyone who would like to understand ADHD better.

LITTLE CAT PICTURES
PRESENTS
DIRECTED BY **CONOR FORREST** WRITTEN BY **CONOR FORREST** AND **SANDRA LANDOLT**
PRODUCTION MANAGER **KALYNA FISHER** 1ST ASSISTANT DIRECTOR **SHIAN GRACE** EDITOR **KEEGAN KNIGHT**
DIRECTION OF PHOTOGRAPHY **PAUL PERSIC** AND **ALEX HAN** SOUND MIXER **GEORGE PALOUSIS** 

Participants:

WILLOWWOOD SCHOOL

WillowWood is an alternative private school in Toronto, Ontario, Canada for Grades 1 through 12. It was founded in 1980 by owner/principal Joy Kurtz. The school caters for children with learning differences, ADHD, and other learning challenges. Our director, Conor Forrest attending this school during his high school years. Having not done the greatest in his previous schools. WillowWood was the first school that encouraged him to grow into the 22 year old he is now.



CAMP KODIAK

Camp Kodiak was established in 1991. It started off on a leased site near Kingston, Ontario, and moved to our permanent site near Parry Sound in 1998. For more than 25 years, we have helped children with and without learning disabilities learn, establish positive social skills and friendships, and have a fun and exciting summer. We hope to continue this tradition for many years, as more and more campers get to experience success at Camp Kodiak. Beloved founder and director, Dave Stoch, sadly passed away on January 29th, 2016. The legacy he left behind has shaped the lives of thousands of young people who attended Camp and Club Kodiak. Ilana, Marni and Shari Stoch are committed to continuing their father's legacy and making Camp Kodiak a "home away from home" for future campers.



Participants:



Participants:



Andrew Leizer

*Teacher and Past Student at Willowood School,
grew up having ADHD*



Fred Howe

Principal of Willowood School



Walid Dowdie

Teacher at Willowood School



Jeff Clayton

*Teacher at Willowood School (school specializing in learning disabilities).
May have undiagnosed ADHD*



Sari Kafka

Guidance Counselor at Willowood School, Her son has ADHD



Hilary Rahbar

Teacher at Willowood School, may have undiagnosed ADHD

Participants:



Elin Raymond
Eli's Mother



Hana Stoch
Owner of Camp Kodiak



Dan Berman
Eli's Father



Lindsay Bisset
Mother of daughter with ADHD, Shane Miskin's wife



Shari Stoch
Owner of Camp Kodiak



Shane Miskin
Father of daughter with ADHD, Lindsay Bisset's husband

Participants:



Director Biography:

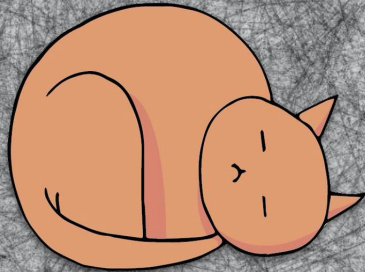
Young Canadian Toronto Based Filmmaker, *Conor Forrest* is passionate about film creation both as a recent graduate in the AMPD BFA Film Production program as well as in the many projects he has both initiated and collaborated on, impromptu such as the Forty Eight Hour Challenge vs carefully planned. His prior film, *Friday Night Fish* (2020) has made it into many festivals such as Toronto Independent Film Festival, Montreal Independent Film Festival, Miami Independent Film Festival, Toronto Lift Off Film Festival and Lonely Wolf Film Festival plus won awards at such festivals as Venice Shorts and Varese International Film Festival.



Director Statement:

Unravelling the Ravelled Mind has been a feature documentary that has been a journey. We shot back in July 2019 three years ago. We had 50 hours of footage and of course this film was so personal to me that we had to take our time. I have Attentive Hyperdeficit Disorder ADHD and from growing up I was part of a marginalized community that I believe needs to be recognized more as yes having ADHD puts on challenges, but it also provides beautiful gifts within creativity. Life really is beautiful and I am so excited to share it to the world.





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