

Weekly Menu: _____

Monday:

Breakfast (Muffin Monday): _____

Lunch (Leftovers): _____

Dinner (Pasta & Mediterranean): _____

Snack: Fruit/Crackers & Cheese

Tuesday:

Breakfast (Smoothie): _____

Lunch (Soup, Salad, and Bread): _____

Dinner (Spanish/Latin): _____

Snack: Granola Bars

Wednesday:

Breakfast (Yogurt Parfait): _____

Lunch (Soup, Salad, and Bread): _____

Dinner (Asian): _____

Snack: Pretzels

Thursday:

Breakfast (Cereal): _____

Lunch (Soup, Salad, and Bread): _____

Dinner (Southern Food): _____

Snack: Granola bars

Friday:

Breakfast (Pancakes/Waffles): _____

Lunch (Soup, Salad, and Bread): _____

Dinner (Pizza): _____

Snack: Financiers

Saturday:

Breakfast (Scone/breakfast cookies): _____

Lunch (Soup, Salad, and Bread): _____

Dinner (Sandwich Saturday): _____

Snack: Crackers

Sunday:

Breakfast
(Donuts/Cinnamon
Rolls):

Lunch (Leftovers):

Dinner (French):

Snack: Animal Cookies



Five Funny Bunnies
www.fivefunnybunnies.net
#behappy

PANTRY CHECKLIST



PRODUCE

- | | |
|---------------------------------------|-----------------------------------------|
| <input type="checkbox"/> Apples | <input type="checkbox"/> Tomatoes |
| <input type="checkbox"/> Bananas | <input type="checkbox"/> Sweet Potatoes |
| <input type="checkbox"/> Melon | <input type="checkbox"/> Onions |
| <input type="checkbox"/> Raspberries | <input type="checkbox"/> Cucumbers |
| <input type="checkbox"/> Blackberries | <input type="checkbox"/> Squash |
| <input type="checkbox"/> Strawberries | <input type="checkbox"/> Zucchini |
| <input type="checkbox"/> Oranges | <input type="checkbox"/> Kale |
| <input type="checkbox"/> Grapefruit | <input type="checkbox"/> Salad Greens |
| <input type="checkbox"/> Ginger | <input type="checkbox"/> |

PANTRY

- | | |
|-------------------------------------------|------------------------------------------|
| <input type="checkbox"/> Pistachios | <input type="checkbox"/> Maple Syrup |
| <input type="checkbox"/> Cashews | <input type="checkbox"/> Raw Honey |
| <input type="checkbox"/> Walnuts | <input type="checkbox"/> Olives |
| <input type="checkbox"/> Olive Oil | <input type="checkbox"/> Chickpeas |
| <input type="checkbox"/> Avocado Oil | <input type="checkbox"/> Parchment Paper |
| <input type="checkbox"/> Cassava Flour | <input type="checkbox"/> Foil |
| <input type="checkbox"/> Tapioca Flour | <input type="checkbox"/> Ziploc Bags |
| <input type="checkbox"/> Tigernut Flour | <input type="checkbox"/> |
| <input type="checkbox"/> Gluten Free Oats | <input type="checkbox"/> |

FROZEN FOOD

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

MEAT/DAIRY

- ☐ Butter
- ☐ Eggs
- ☐ Chicken
- ☐ Turkey
- ☐
- ☐

PERSONAL CARE

- | | |
|--------------------------------------------|------------------------------------------|
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Hand soap |
| <input type="checkbox"/> Bath Soap | <input type="checkbox"/> Dishwasher Tabs |
| <input type="checkbox"/> Razers | <input type="checkbox"/> Baby Powder |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Diapers |
| <input type="checkbox"/> Witch Hazel | <input type="checkbox"/> Wipes |
| <input type="checkbox"/> Feminine Products | <input type="checkbox"/> |

