

“The Little Prince” and the Divine Child Archetype in Sandplay Therapy

Presented by, Nil Akat, MA

Sponsored by Lorraine R. Freedle, PhD, CST-T (STA/ISST) and the Sandplay Therapists of Hawai'i



From: Saint-Exupéry (1946) The Little Prince. Editions Gallimard. Used with permission.

Live, interactive webinar

Saturday, April 4, 2026

9:00 am to 11:00 am

(Hawai'i Time)

12:00 pm to 2:00 pm

(Pacific Time)

Location: Virtual event, Zoom link will be provided closer to training date

Cost: \$50 professionals, \$40 - STH members, \$35 - students with ID

2 CEs: pending through NASW-HI (Social Workers, Counselors and MFT's)

Register online: <https://sandplaytherapistsofhawaii.org/>

Saint-Exupéry's "The Little Prince" is a story that has captured the world for decades. The main figure is known to be associated with the magical, innocent and divine qualities of the Child. For Jung, the appearance of the Divine Child in therapy announces a new potential for the development of the personality.

Inspired by the contributions of Dr. Don Kalsched (clinical psychologist, Jungian analyst), Roberto Lima Netto (writer) and Olivier Larrègle (philosopher), the presentation will explore many symbols that appear in the story (snake, fox, rose, the destructive baobabs) into a cohesive interpretation that is applied to a case study of a 56-year-old woman with complex trauma who sought therapy for problematic relationship patterns. The Little Prince symbol, which appeared during the completion part of her Sandplay process was found to play a significant role in her journey towards healing and growth. It allowed a centering movement to take place in her psyche and helped the client find resolution of an inner split from her traumatic experiences.



Audience

This STA/ISST Certified Training® is ideal for students, social workers, mental health counselors and play or sandplay therapists who would like to...

- Deepen their connection to the story of The Little Prince
- Explore sandplay therapy in the treatment of trauma
- Experience how symbols and archetypes promote psychological healing and well-being in sandplay therapy

Learning objectives

1. Assess the dynamic symbolism that appears in The Little Prince through the lens of three different authors.
2. Apply to a case study in Sandplay Therapy—tending to the co-transference relationship and implications for trauma treatment.

Reference

Jung & Kerenyi (2001) *Introduction to a Science of Mythology. The Myth of the Divine Child and the Mysteries of Eleusis*. Routledge



About the trainer

Nil Akat is a clinical psychologist (MA), founder of the Turkish Sandplay Developing Group. With 15 years of experience, she uses trauma-informed approaches, including EMDR, Clinical Heart-Centered Hypnotherapy, and Sandplay Therapy. Nil Akat started her sandplay training through the Swiss Society in 2015. She has published articles on sandplay in Turkey and Russia, and has presented her work on sandplay in national and international conferences. Involved in the preparation and editing of the Turkish translation of Dora Kalff's book, she is currently working at her own private practice in Istanbul, with adolescents and adults. Her passion for Sandplay Therapy is driven by her belief that sandplay should expand and be known on a wider range due to its powerful therapeutic and transformative effects.

*For cancellations within 1 week of the program, a \$25 cancellation fee will be applied.

*In the event this workshop must be canceled due to a natural disaster or other unforeseeable event, STH's expenditures will be deducted from the collected registration fees and the remainder will be refunded to registrants.