

Getting Started in Sandplay Therapy: Foundational Skills for Clinical Practice

Sponsored by
Sandplay Therapists of Hawai'i (STH) and YWCA of Kaua'i

Join us for online, interactive foundations webinars over the next few months. Participants can choose to join for all four (best value!) or individually select which date to join. Taught by Dr. Lorraine Razzi Freedle, PhD, CST-T, visit her website at <https://lorrainefreedle.com/>.

Please note, if you've already registered for the full foundations course (in-person on Kaua'i and online), you're already included in these trainings!

2 hours of CEs through NASW HI and STA/ISST foundations credits are available for each individual session (up to 8 total). All times listed are HST.

Thursday, March 6th, 6 - 8pm
Thursday, April 17th, 6 - 8pm

Thursday, May 15th, 6 - 8pm
Thursday, June 26th, 6 - 8pm

Registration options

STH members
\$20 for one class
or
\$35 for two or more classes

STH non-members
\$25 for one class
or
\$40 for two or more classes

Register at <https://sandplaytherapistsofhawaii.org/>

For more information contact STH at webhead@sandplaytherapistsofhawaii.org



An Introduction to Sandplay Therapy: The Seven Key Tenets

Thursday, March 6th
6 pm to 8 pm, Hawai'i time

(Note: mandatory for those participating in-person or through the online series)

Description: This introductory seminar in sandplay therapy will review the seven key tenets of sandplay therapy and distinguish Kallfian/Jungian sandplay therapy from other play therapy methods that use sand and miniatures.

Learning Objectives

1. Describe seven key principles of sandplay therapy.
2. Distinguish sandplay therapy from other methods that use sand and miniatures.
3. Apply these principles to a video demonstration of sandplay therapy.



My Jungian Greeting Card: An Introduction to Jungian Personality Theory in Sandplay Therapy

Thursday, April 17th
6 pm to 8 pm, Hawai'i time

Description: This seminar describes the key elements of Jungian personality theory and how they appear and interact in sandplay therapy. Participants will apply and integrate concepts through a personal experiential activity that raises awareness of Jungian personality concepts and dynamics in oneself.

Learning Objectives

1. Identify three elements of the psyche in Jungian personality theory (e.g., ego, shadow, Self, anima/ animus, complex, etc.)
2. Distinguish between the personal and collective unconscious.
3. Identify the qualities of a complex and how to work through a complex
4. Describe the transforming qualities of the Self in sandplay therapy
5. Assess elements of Jung's personality theory through an experiential activity



Myth, Archetype and Me: An Introduction into the Healing Power of Story in Sandplay Therapy

Thursday, May 15th
6 pm to 8 pm, Hawai'i time

Description: Why study myth? For several hundred thousand years human beings have shared stories to transmit knowledge, preserve culture, and to draw meaning from their life experiences. In the sensory-rich, relational, and symbolic world of sandplay therapy, people naturally tap into stories from the deepest level of the psyche. This workshop will explore how myths and other cultural stories activate archetypes and healing energies that bring forth change in the context of sandplay therapy. Through lecture, experiential learning, and one's own creative process, participants will have the opportunity to encounter these archetypal energies and explore ways to carry the experience forward in their personal life and clinical practice.

Learning Objectives

1. Identify three functions of myth and story in psychological healing.
2. Define the term "archetype" in Jungian psychology.
3. Assess how archetypes may be activated through myth, story, and sandplay therapy to mobilize change.



Sandplay, Trauma and the Brain

Thursday, June 26th
6 pm to 8 pm, Hawai'i time

Description: This seminar and case study will explore how sandplay therapy heals trauma from a neuropsychological perspective. Participants will review four aspects of sandplay that promote neural integration and assess how these dynamics in a case study involving a teenager with traumatic grief.

Learning Objectives

1. Describe four aspects of sandplay therapy that promote neural integration and facilitate healing in the treatment of trauma.
2. Assess these dynamics as they emerge in a case study.

*For cancellations within 1 week of the program, a \$25 cancellation fee will be applied.

*In the event this workshop must be canceled due to a natural disaster or other unforeseeable event, STH's expenditures will be deducted from the collected registration fees and the remainder will be refunded to registrants.