



# Sandplay Therapists of Hawai'i

Newsletter - February 2023

## Year of the (water) Rabbit

By Sue Bergman, M.Ed., LMHC, NCC – STH President

2022 was the Year of the Water Tiger, a hectic and energetic year. It is followed by 2023, the Year of the Water Rabbit. The Rabbit is a gentle and nurturing symbol, thought to bring good luck and prosperity to those born under the sign in addition to being a time of peace, harmony, and comfort. Rabbits are naturally hard-working and dedicated, which is advantages in opportunities for growth and success both personally and professionally. The flip side of this is a tendency to push too hard, leading to burnout, so those born in the Year of the Rabbit also need to be sure to take time to rest and recharge.



The Year of the Rabbit is predicted to be quite an interesting one according to the Chinese Horoscope 2023 for those born under other Chinese zodiac signs as well. The Rabbit's gentle nature encourages a harmonious and peaceful approach to conflict resolution, making this a good time for improving relationships with others, and a time to focus on cooperation and compromise.

Admirable qualities are represented in the Rabbit. One is the quality of wealth and prosperity consciousness, another is trustfulness and an easygoing attitude. The Rabbit is also associated with creativity and artistic talents. Last, but not least is the quality of self-care, which is so very important for each of us, emphasizing staying balanced and making the most of the Year of the Rabbit 2023 to absorb the positive energy and opportunities it brings.



To tap into the gentle and serene energy of the Rabbit, we can all take a few simple steps to bring more relaxation, comfort, and positivity into our daily routine. The Year of the Rabbit is all about taking it easy, finding inner peace, and creating a harmonious balance in our lives.

More information about the year of the Rabbit, the Chinese Horoscope 2023, for horoscopes and predictions for the 12 lunar zodiac signs or the complete article about the year of the Rabbit check out this link:

<https://www.thechinesezodiac.org/year-of-the-rabbit/>

Be hoppy all you Rabbits!

# President's Message

By Sue Bergman, M.Ed., LMHC, NCC - STH President

Aloha, Happy New Year, Happy Valentine's, Kung Hee Fat Choy in the year of the Black Water Rabbit, and soon Happy St. Patrick's Day and Happy Easter!!! There you go, 2023 is already whizzing by us. How wonderful that we are given many opportunities for new beginnings depending on our cultural, religious or general choice of celebration. As Americans we celebrate the New Year according to the solar year on January 1st. The Chinese lunar New Year is celebrated annually according to the Chinese lunisolar calendar, sometime between January 21st and 20 February of the international standard calendar. Rosh Hashanah, the Jewish New Year, is celebrated in September or October in observance of their lunisolar Hebrew calendar. Diwali, the Hindu New Year and Festival of Light is celebrated sometime in October or November. Each culture has their new year to celebrate. If you so desire, I'm sure there is a new year just right for each of us, if we care to explore in order to create an opportunity for self-growth, personal transformation or just a new start. Of course we not only have the various new years for new beginnings, we also have new months; likewise a new beginning to each week and a new day starts with each sunrise and ends with each sunset. Individually we each start a new year on each birthday we celebrate or not! That may be an age thing!! How thankful we can be that we do have opportunities for new beginnings, if and when we choose to take them. The new beginnings are built into time itself though it's ongoing.

We love having you as a member of STH and/or a participant in what STH does. Please consider being part of our ohana by becoming a member or renewing your membership for this year. You will find the membership form in this newsletter or you may sign-up on our website. Being a member or participant can include attending our workshops and symbol studies to volunteering ideas, writing something of interest that pertains to sandplay like a workshop summary or a symbol you may be interested in for our newsletter, join our board members in helping to research and present a part of a symbol study (You don't need to be a board member, but if that calls to you, please let us know), or when we can start in person events, being willing to serve as part of a committee.



**Join  
STH!**

As we look forward to returning to some in-person workshops or events, we would love some suggestions regarding affordable places we can hold our workshops. We especially favor places that are set with nature in or near the site, are available from 8 am to 5 pm, have good energy, can accommodate about 25 people and possibly have a kitchen available and/or allow us to serve food to our participants if that is within CDC guidelines. Our past locations no longer have available hours or fees that are workable for us as a non-profit organization. We try to offer sandplay education at an affordable cost for all who want to attend. If you know of somewhere or you have connections to a place you think may be right for us, please email Alissa Schneider Berg, our outreach and webmaster at [webhead@sandplaytherapistsofhawaii.org](mailto:webhead@sandplaytherapistsofhawaii.org) with the name of the site plus who and how to contact them. Our program chair, Ala Kahalekai will follow-up.

Another need when we return to in-person workshops is the possibility of offering hybrid capabilities for our friends and neighbors who are not able to attend on Oahu, due to living on the neighbor islands, on the mainland or somewhere outside of the United States. Soooooo, if you have technical skills that include zoom, YouTube, or other proficiencies for us to offer on-line as well in-person events, please introduce yourself and your skills via email, to Alissa. Many hands make light work.

A shout out needs to be given to our STH board who have gone with the flow over the past few years to make offering online workshops and pau hana symbol studies available and brought to reality. A giant MAHALO to each board member for showing up for meetings, dealing with some new and interesting circumstances, supporting each other and being dedicated to our STH mission of offering quality sandplay training to therapists. Our board members are living on three islands, therefore we do a lot of email and zoom communication to keep STH running. Thank you, thank you Kerri Kahapea, Lorraine Freedle, John Mascaró, Donna Charron, Ala Kahalekai, and Alissa Schneider Berg for sharing your positive, can do energy to all you do.

The board would thank all those who have written for our newsletters and helped with spreading the word about our workshops to fellow therapists. We also would like to acknowledge and thank Tonya Gabriel-Brennagh who is our first active international STH member. She lives in beautiful Melbourne, Australia. Though she is far from the United States, in a totally different time zone, and attending on a day we in Hawaii haven't experienced yet, Tonya has been attending our workshops and symbol studies regularly. We would like to thank her for accepting the invitation to write a summary for our November 2022 workshop which all of you get to read in this newsletter, as well as offering to join the board in researching and helping to present at our next pau hana symbol study. Thank you, thank you Tonya!

Have you checked out the websites for STA, the national Sandplay Therapists Association and/or ISST, the International Society of Sandplay Therapists? Each of the websites have resources and interesting information available. Expand your horizon of sandplay and look to the organizations who came before us.



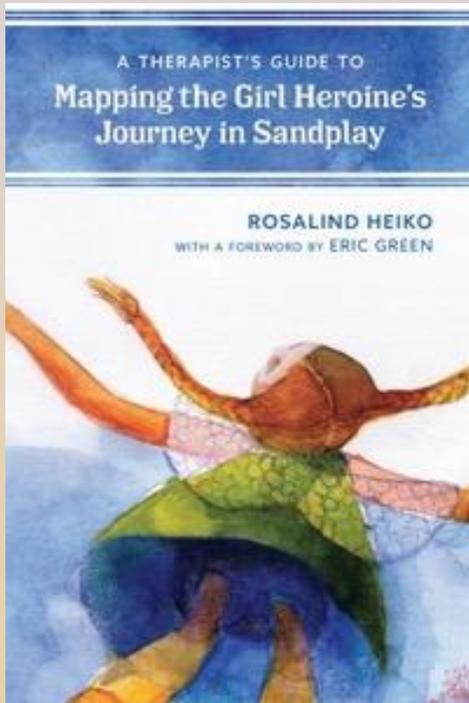
Looking forward to seeing you on our Zoom Hollywood Squares for our April 29th workshop. Enjoy as spring comes forth with its new beginnings for each of us in the Northern Hemisphere and welcome fall and the calm that it brings as nature prepares for winter in the Southern Hemisphere.

Best wishes on whatever new beginnings you are choosing.

Aloha nui loa,  
Sue : )

# The Heroine's Journey

Presented by: Rosalind L. Heiko, Ph.D., ISST (USA), CST-T (USA), RPT-S



Live, interactive webinar

Saturday, April 29, 2023

9 am to 3 pm Hawai'i Time

(12pm to 6pm Pacific)

- Location:** Virtual event, Zoom link will be provided upon registration
- Cost:** \$125 professionals, \$100 - STH members, \$85 - students
- 5 CEs:** pending through NASW-HI (Social Workers, Counselors and MFT's)

**Who should attend:** This is an STA/ISST Certified Training ®. Play/sandplay therapists, social workers and mental health professionals interested in a post-graduate level workshop and earning training hours toward credentialing as a sandplay therapist. All levels of Sandplay knowledge and experience are welcome.

**Register online:** <http://www.sandplaytherapistsofhawaii.org>

Flyer PDF

Right now - more than ever - we as therapists are called upon to provide child clients and their parents with a sense of direction for expanding their capacity and continuing their growth. Building on the foundation of Dr. Roz's book, [\*A Therapist's Guide to Mapping the Girl Heroine's Journey in Sandplay\*](#), in this training we will explore the Sandplay Journey Map, which highlights crucial aspects of journeys in play therapy and assists clinicians to gain perspective on the girls' journey towards self-confidence, mastery and behavioral competence. Mapping this journey with the mandala form provides beginning and seasoned therapists with a means of strengthening clinical judgment and overall perspective on individual casework. We will explore the depth and complexity of the dynamics and processes intrinsic to girls' journeys and journey images throughout the therapeutic process. Participants will be guided online through each gateway of the journey through experiential work, clinical case studies and vignettes, and lively discussion, to illustrate and complement the mandala mapping practice therapeutically.

## Learning objectives:

1. Identify 4 gateways in the Sandplay Journey Map to encourage understanding of the journey process as a whole within a play therapy practice.
2. Define 3 Jungian terms related to sandplay mapping in sandwork.
3. Define the sandplay term “co-transference” and its importance in the clinical relationship between therapist and client in play therapy when working in sandplay.
4. Name and delineate 3 considerations in using the Sandplay Journey Map in play therapy practice with children.
5. Identify two of the ways the Sandplay Journey Map can be used by therapists in practice.
6. List at least two theoretical approaches to the utilization of sand in play therapy.
7. Name 5 themes of wounding and 5 themes of healing in mapping sand trays in therapy practice

### About the trainer

Rosalind Heiko, Ph.D., ISST-TM (USA), CST-T, is a psychologist, Sandplay teacher and Registered Play Therapist-Supervisor (RPT-S™) who trains therapists internationally and nationally. Dr. Roz has been an Executive Board Member of STA, and a Founding and Executive Board Member of the World Association of Sand Therapy Professionals. She directs Pediatric & Family Psychology, P.A., in Cary, NC, working with children, adolescents and families professionally since 1983. She authored *A Therapist's Guide to Mapping the Girl Heroine's Journey in Sandplay* (Rowman & Littlefield, 2018); is an editor and author with Janet C. Courtney for *Nature-Based Play and Expressive Therapies* (Routledge, 2022), as well as authoring a chapter in *The Embodied Brain and Sandtray Therapy: Stories of Healing and Transformation* (Routledge, 2021). She published chapters in books edited by Eliana Gil, and Eric Green; and articles in the *Journal of Sandplay Therapy*. Reach her through her website: [www.drheiko.com](http://www.drheiko.com) or email: [rozheikophd@gmail.com](mailto:rozheikophd@gmail.com)

\*For cancellations within 1 week of the program, a \$25 cancellation fee will be applied.

\*In the event this workshop must be canceled due to a natural disaster or other unforeseeable event, STH's expenditures will be deducted from the collected registration fees and the remainder will be refunded to registrants.

# Reflection on Psyche & Symbol: Exploring the Soul's Inner & Outer Landscapes through Sandplay, Nature & Active Imagination

Presented by Shannon Yockey, LCSW, J.A., CST-T

Reflection by Tonya Gabriel-Brennagh, Victoria, Australia

Training holding tray from Kerri Kahapea



Shannon Yockey presented on the Psyche and Symbol in her workshop on 11/11/22 for the Sandplay Therapists of Hawaii. This was undertaken via Zoom and this resulted in an inclusive and diverse group of attendees that were given the opportunity to learn from her and to experience other participants to benefits from insights and understanding through what that was explored.

This was a journey of great insight and wisdom from a very experienced and insightful teacher/facilitator. It allowed the participants to focus on their inner experience and journey as well as focusing on the experience of nature in all its splendour.

This workshop delved into the story of our Psyche and the being a symbol in our outer and inner world. Psyche is the symbol of the soul and is seen often as associated with the symbol of the butterfly and it brings freely to mind an aesthetic sense of beauty, endurance, grace and lightness.

The journey of Psyche and indeed Eros, is well illustrated within the Greek myths and they have long been part of the Jungian insight, having symbolic lessons for the work of this historical period and bringing insight and reflection into the current age.

This is a special journey as it speaks of enlightenment - by shedding light on the unknown, of knowing and of seeking to illuminate the shadows and to seek partnerships that are moving from unconsciousness to consciousness.



Most would be familiar with the story of Psyche, Eros, and the role his mother Aphrodite played. This is a journey started by the enquiry of Psyche to know more, and through her lighting of the candle, via her resulting labours and her toiles and along the journey towards integration and consciousness.

The workshop focused upon the issue of nature to highlight synchronicity and collective events and understanding.

Shannon guided the journey through the spirit or Zeitgeist of the rational mind to the attaining if the greater spirit of this time, as referenced by CG Jung's Red Book.

This workshop guided the participants through the elements of the psyche, with reference to the inner and outer worlds. She looked at symbols in the environment searching for meaning in the personal, collective and the social. This was facilitated via the concepts of Sandplay, dreams and active imagination.

Most emotive was the concept of “On taking a Knee” where the view of submission was elevated to a political and social sense of choice, defiance, and political stance against injustice.

It also looked at our personal symbols, included in such experiences as Sandplay, dreams and active imagination taking the opportunity to reflect and to delve into the deeper and more playful elements of our own journey and experience.

It spoke of Sandplay working at a pre-verbal level and it specifically looking at the wounding that occurs in all of our journeys of the psychic experience.

It referred of life’s continuing cycles of initiation and the painful deaths of that which is no longer serving. It spoke of the difficult births of awareness and the use of Sandplay to complete the full cycle of this experience.

It incited the use of dreams towards inner truth and to see this world as it is, not an idealist creation of this. Dreams as a concept was also explored with focus on its structure, the setting, the characters and the conflicts contained within the dream.

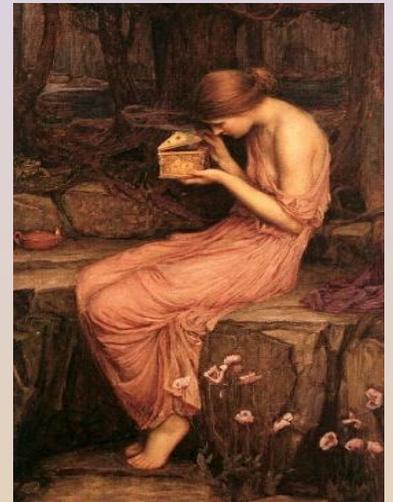
It also spoke of layers of dreams that highlighted the personal narrative as well as that of the individual family, cultural and ancestral influences.

This workshop invited the use of dreams, images, visions, emotion, fantasy and natural experience. It also invited participants to be open to what it appears via these insights and to be open to engage in dialogue around them and to record them for later immersion. Participants were invited to explore feelings, emotions, thinking, and heart felt responses to the material provided. This was explored using a personal exploration with dreams, writing, and drawing to tap into insights and wisdom gained.

This workshop displayed great insight into the Jungian models of synchronicity, the collective unconscious and how this is integrated into working with Sandplay. It allowed participants like psyche, to be conscious, to look within and to develop insight and play along the road to consciousness and understanding.

The workshop was supported by excellent handouts which allow for the review and further integration of this valuable material moving forward.

Thank you, Shannon for a wonderful presentation and an unforgettable experience.



 ***A big mahalo to Shannon Yockey, Tonya, and all those who joined us!*** 

# Pau Hana Symbol Study - The Heart

By Alissa Schneider Berg, STH Outreach

*Stop the flow of your words,  
Open the window of your heart and  
Let the spirit speak.*  
**Rumi**

On February 3 of this year, STH hosted a small symbol study gathering to take time with the heart as a symbol. With the advent of Valentine’s Day, the soon-to-be arrival of another grandchild, and the multitude of personal connections, the Board was delighted to share this time with everyone!

Kerri Kahapea opened the temenos with a holding tray, reflection of the heart, and a prayer from Aunty Morena Simiona - “I” Am the “I”. The Board then shared through slides various pieces of information surrounding aspects of the heart - biology, trauma and “broken heart,” historical aspects of the shape, St. Valentine, and Aloha. Time was then taken to sit in creativity with the heart, after which we shared the fruit of the quiet creative time - allowing for further connection and holding of each other and the symbol. An attempt was then made to share with the group how to fold an origami heart, and while we all had varying levels of success it was a valiant effort! Kerri then closed the temenos with words of reflection, love, and heart for us all to take back into daily life.



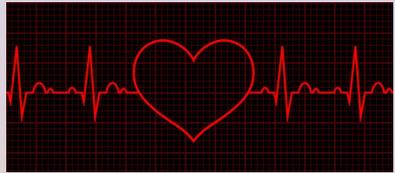
Holding tray from Kerri Kahapea



One legend of St. Valentine had him converting the family of his jailer to Christianity after curing the daughter of blindness. Another legend had him secretly performing weddings for Christian couples to save young men from conscription.

One theory of the origin of the modern heart shape comes from a now-extinct plant called silphium. The plant was heart-shaped and most famous as an early form of birth control. The resemblance to a modern Valentine’s heart led to speculation that the herb’s associations with love and sex may have been what first helped popularize the symbol.

# Pau Hana Symbol Study - The Heart



Kerri Kahapea shared with us Queen Lili‘uokalani’s writing on aloha and its connection to heart:

“And wherever [the Native Hawaiian] went he said ‘Aloha’ in meeting or in parting. ‘Aloha’ was a recognition of life in another. If there was life there was mana, goodness and wisdom, and if there was goodness and wisdom there was a god-quality. One had to recognize the ‘god of life’ in another before saying ‘Aloha,’ but this was easy. Life was everywhere - in the trees, the flowers, the ocean, the fish, the birds, the pili grass, the rainbow, the rock - in all the world was life—was god—was Aloha. Aloha in its gaiety, joy happiness, abundance. Because of Aloha, one gave without thought of return; because of Aloha, one had mana. Aloha had its own mana. It never left the giver but flowed freely and continuously between giver and receiver. ‘Aloha’ could not be thoughtlessly or indiscriminately spoken, for it carried its own power. No Hawaiian could greet another with ‘Aloha’ unless he felt it in his own heart. If he felt anger or hate in his heart he had to cleanse himself before he said ‘Aloha.’”

~~Source: Helena G. Allen, *The Betrayal of Lili ‘uokalani, Last Queen of Hawai ‘i, 1838-1917*



El corazón de una madre

Click on the picture for a short video from an advertisement depicting the power of a mother’s heart.



Click on the picture for a video on one way to fold a heart!



Exposure to trauma and other adverse experiences during childhood increases lifelong risk for cardiovascular disease and death, regardless of a person's health during young adulthood.

💙 A big mahalo to all those who joined us! 💚

# A TRIBUTE TO RAMON LOPEZ REYES, PhD., J.A.

written by Carla Sharp

**BORN 1932 IN NEW YORK CITY AND DIED OCTOBER 11, 2022 IN KAILUA, HAWAII**

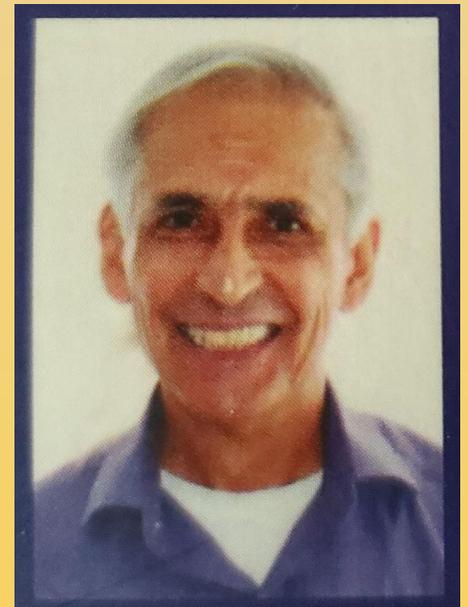
Ramon was an exceptional person and an exceptional analyst. He received his Doctorate in 1961 while studying at the University of Chicago with Dr. Bruno Bettelheim and a Diploma from the C.G. Jung Institute, Zurich 1980, under the guidance of Marie Louise von Franz. (She liked to call him “Colonel”!) He served 22 years with the U.S. Infantry in Berlin, Korea, Vietnam, Panama and the Pentagon. He did indeed embody both the Warrior and the Peace Maker.

I first met Ramon at a critical time in my life. It was 1986 and I had just divorced my husband and moved to Kailua, unbeknownst to me, just a few blocks from Ramon’s home, where he lived with his wife Medra and his children. (Medra would one day officially marry me and my second husband on Kailua Beach.)

I had been introduced to the work of Jung in 1973 during my graduate education at U.C.S.F. I knew I wanted guidance during this time of transition. My first session was in 1985. I continued in analysis for the next ten years. It was Ramon who supported and encouraged me to bring my mother to Hawaii and to care for her in the final years of her life in my home. He pressed upon me the concept that “the strong take care of the weak”.

When he left Child and Family Service, his practice grew and many more people had the privilege of working with him, including many who are reading this now. We were so fortunate to have had a highly skilled Jungian analyst and someone of such integrity living on Oahu for all those years. He presented wonderful talks from his home and taught Clinical Depth Psychology for a time at Forest Institute of Professional Psychology where I took this course from 1988 to 1990. I did not always understand him, but I knew that he was speaking his truth and that it was relevant to myself.

He is the author of *Archetypes of War and Peace*, published in 2011. In it he discusses the rise of the Feminine in contrast to the Masculine War God. Given his extensive military history, he knew personally the tension between the God of War and the Sacred Feminine of Peace. Within this tension is where he brooded over our country’s future. I have never met a person who cared so much about his country. He warned us that we are on the wrong path unless we embrace the Sacred Feminine. And so, we shall continue our lives, working to follow his example and to embrace the Feminine in all her manifestations.



Picture from Ramon’s 2011 book, *Archetypes of War and Peace*

## Ramon Lopez-Reyes, Ph.D. JA

written by John Mascaro, Ph.D., RSP

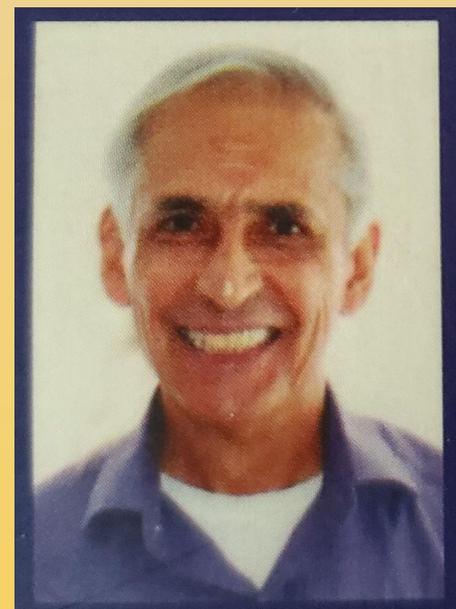
I first heard of Ramon through Carla Sharp who emailed me an invitation to attend “The Feminine Redemptrix: An Analysis of Fairytales – Twelve Swans and Twelve Brothers” in 2006. I was finishing up my Ph.D. from Pacifica Graduate Institute at the time and part of my studies looked at Marie-Louise Von Franz and her Jungian interpretation of Fairy Tales. When I learned that Ramon was a Jungian Analyst who studied in Zurich and was analyzed by Von Franz, I was drawn to his lectures.

Ramon presented lectures on fairy tales through a Jungian perspective in deepening our understanding of the feminine and the masculine. I continued to attend his lectures throughout those years along with a steady following of others who were drawn to his scholarly presentations. What a gift to have Ramon with us as he continued to present and write on, *The Feminine Odyssey*, *The Masculine Quest*, *Art of Individuation*, *The Promise and Destiny of the Homo Sapiens Species* and *The Practice of Mandala: Way to the Heart*. It was always exciting to get an email from Ramon announcing his next series of lectures and talking with others who would be joining and attending his presentations.

Right after attending his first lecture, I started Jungian Analysis with Ramon, which continued for many years. What a gift to have a Jungian Analyst with us in Hawaii and I know many of my colleagues were privileged to meet with Ramon as well. I remember my struggle in finishing my dissertation and having Ramon work with me in therapy to help summon my warrior archetype energy to help work through my writer’s block. One of my favorite memories was in letting Ramon know that I had defended my dissertation and received my Ph.D. and thanked him for his help in getting me through that difficult process.

Ramon, you were a gift to our community in challenging us to grow deeper in our understanding of the masculine and feminine through a Jungian perspective. You were passionate in helping us to move beyond our current understanding to a deeper more integrated view of life through a Jungian perspective.

Rest in peace my friend, you will always be remembered for your contribution to our community and you will be deeply missed.



Picture from Ramon’s 2011 book, *Archetypes of War and Peace*

**BIG ISLAND SANDPLAY**

STA/ISST Certified Training

**2023 Calendar**

Aloha!

The Big Island Sandplay group in Hilo, HI provides a supportive community of practice in Jungian Sandplay Therapy as developed by Dora Kalff. Participants earn training and consultation hours to become a Certified Sandplay Therapist (STA/ISST).

Details may change. We will send updated schedules throughout the year. Questions? Contact Lorraine: [lrfreedle@gmail.com](mailto:lrfreedle@gmail.com)

**STA/ISST Teaching Members:**

Lorraine R. Freedle, PhD, ABPdN  
Sherry Renmu Shepherd, PhD

**2023 Schedule of Events**February**Friday Feb 3<sup>rd</sup>**

5 pm to 7 pm, online via Zoom  
STH Pau Hana Symbol Study- The Heart  
<http://www.sandplaytherapistsofhawaii.org/>

**Saturday, Feb 11<sup>th</sup>**

9 am to noon, online via Zoom  
Big Island Case Consultation Group  
[Register Here](#)

March**Friday, March 10<sup>th</sup>**

4pm to 715 pm, online via Zoom  
International Trauma Series  
Lorraine is teaching: *La Llorona Weeps: Neuropsychology of Sandplay & Trauma*  
Register with [BettyCJackson@mac.com](mailto:BettyCJackson@mac.com)

**Saturday, March 26<sup>th</sup> – 30<sup>th</sup>**

International Sandplay Conference  
"Where East Meets West"  
Tel Aviv, Israel (online tickets available!)  
<https://www.isst-society.com/>

April**Saturday, April 29<sup>th</sup>**

9 am to 3 pm, online via Zoom  
STH Workshop - "The Heroine's Journey"  
Roz Heiko, PhD, CST-T  
<http://www.sandplaytherapistsofhawaii.org/>

June**Saturday, June 17<sup>th</sup>**

1:00 pm to 4pm- Sandplay "Talk Story"  
Symbol Study- Phallus  
In-person event at Lorraine's House!  
[Register Here](#)

September**Saturday, September 9<sup>th</sup>**

9 am to noon, online via Zoom  
Big Island Case Consultation Group  
[Register Here](#)

October**Date TBD**

5 pm to 7 pm, online via Zoom  
STH Pau Hana Symbol Study- The Witch  
<http://www.sandplaytherapistsofhawaii.org/>

November**Wed, November 11<sup>th</sup> (Veteran's Day)**

9 am to 4 pm, in-person event on O'ahu  
STH Workshop - "The Colors of Alchemy"  
Lynne Ehlers, PhD, CST-T  
<http://www.sandplaytherapistsofhawaii.org/>  
Neighbor island scholarships available!

December**Saturday, December 9<sup>th</sup>**

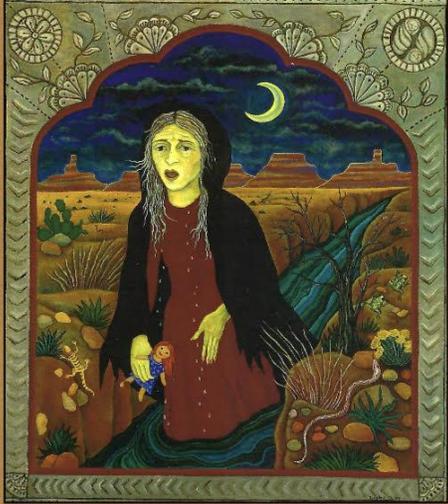
9:00 am to 1 pm- in-person holiday party,  
miniature exchange & potluck.  
Lorraine's house. Topic: TBD  
[Register Here](#)

Rev. 2/9/23 LRF

*La Llorona Weeps –  
The Neuropsychological  
Impact of Trauma*

Lorraine Freedle, PhD, CST-T

Friday, March 10th - 9:00 PM to 12:15 AM EST  
and  
Saturday, March 11th - 9:00 AM to 12:15 PM EST



To register for this training through the Center for Jungian Sandplay, please email [BettyCJackson@mac.com](mailto:BettyCJackson@mac.com)



## STH Membership for 2023!

STH membership lasts for one calendar year, so please join us again during this rotation around the sun!

- Symbol Study gatherings are free to members
- Reduced fee for full day trainings in April and November

[Please click here to join us or renew,](#)  
or print out and mail the membership form at the end of the newsletter!

The Hawai'i Counselors Association (founded 1956) is the state branch of the American Counseling Association.

Visit their site to connect with their organization and find out about local training opportunities!

**HCA**  
HAWAII COUNSELORS ASSOCIATION

[hicounselors.org](http://hicounselors.org)



## SANDPLAY THERAPISTS OF HAWAI'I

invites you to become a member or renew your membership in our organization!

Sandplay Therapists of Hawai'i was officially formed in January 2002 and is recognized by the IRS as a 501(c)(3) non-profit organization. We are seeking members who are dedicated to Kalffian Sandplay Therapy and willing to contribute to our mission of providing skilled clinicians who will keep this modality available to those needing its power to heal. All levels of clinicians from beginning students of Sandplay to seasoned professionals with years of training are welcome. Our primary goal is to provide education and training in this field.

Benefits of membership includes discounted STH sponsored workshop fees, semi-annual newsletters, and being part of a local supportive community of practice for Sandplay therapy. Membership may also include 1-2 lectures or social events per year (non-members pay a fee).

The regular membership year begins January 1 of each year and is effective until December 31. Membership fees are a modest \$30.00 per person per calendar year, and will be used to defray the cost of running our organization. You may join or renew membership on-line at <http://www.sandplaytherapistsofhawaii.org/joining-sth.html> or send in the bottom of this letter.

Additionally, we need assistance in many areas, including planning workshops and creating and distributing our newsletter. Our current Board of Directors are: Sue Bergman - President; Kerri Kahapea - Past President; Lorraine Freedle - Vice President; John Mascaro - Treasurer; Donna Charron - Secretary; Ala Kahalekai - Program Committee chair, and Alissa Schneider Berg - Outreach.

We welcome your membership. Should you wish to make a donation to the STH Diana Chee Scholarship Fund, donations are tax-deductible and will be honoring our past board member and friend. This is a way to help students of sandplay who may not otherwise have the opportunity to attend STH workshops.

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Please complete the membership application form below and mail with your annual fee of \$30.00 to: John Mascaro, PO Box 384646, Waikoloa, HI 96738-4646.

**Make checks payable to STH.** Tax deductible contributions are welcome; if donating please note "donation" & amount on your check. Thank you.

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

MEMBERSHIP FEE: \$30.00 \_\_\_\_\_ January 1- December 31

STH DIANA CHEE SCHOLARSHIP FUND tax deductible contribution \_\_\_\_\_

**Mahalo!**

# Sandplay Therapists of Hawai‘i

[webhead@sandplaytherapistsofhawaii.org](mailto:webhead@sandplaytherapistsofhawaii.org)

[sandplaytherapistsofhawaii.org](http://sandplaytherapistsofhawaii.org)

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