

## Excellent Eats By Kenny CATERING MENU 2024



# Excellent Eats By Kerry

#### INNOVATION. DEDICATION. PASSION. FLAVOR

At Excellent Eats By Kerry, we believe that every event deserves to be a delicious, unforgettable experience. We are thrilled to present our catering menu, a gastronomic journey crafted with passion, creativity, and a commitment to excellence.

From intimate gatherings to grand celebrations, our menu has been designed to cater to your culinary desire. Whether you're planning a wedding, corporate event, family reunion, or a special celebration, we are here to transform your vision into a feast of flavors and aromas that will leave a lasting impression on your guests.

As you explore our menu, you will discover culinary delights, from delectable appetizers that tantalize the taste buds to sumptuous entrées that cater to a variety of dietary preferences. We can accommodate a range of cuisines, dietary requirements, and styles, tailoring each dish to your specific needs.

With a passion for food and a dedication to service, Excellent Eats is here to make your event exceptional. We are committed to working closely with you to design a menu that reflects your unique vision, creating an experience that leaves a lasting, flavorful memory.

Thank you for considering Excellent Eats By Kerry for your catering needs. We look forward to the opportunity to serve you, create memorable culinary moments, and turn your event into a culinary masterpiece.

Let's embark on this culinary journey together. Bon appétit!

Kerry Micholas

FOUNDER/OWNER

EXCELLENT EATS BY KERRY





# Excellent Eats By Kerry

### BREAKFAST MENU



Available for groups of 4+



#### LIGHT AND LOVELY - \$10.50

Assorted Muffins Assorted Danishes Cleminte and Banana Assorted Bagels with Jam, Butter, Cream Cheese

#### ALL AMERICAN - \$13.95

Grits (Savory)
Bacon/Sausage
Biscuits with Butter & Jelly
Scrambled Eggs

#### **DELUXE CONTINENTAL - \$11.95**

Individual Assorted Yogurt Assorted Breads with Butter and Jam Fruit Platter Mini Muffins

#### **♦ + VIBRANT VEGAN - \$12.95**

Vegan French Toast Fresh Fruit Platter Breakfast Hash - sauteed mushrooms, onions, bell peppers and zucchini

#### CHICKEN AND WAFFLES - \$12.95

Belgian Waffles with Maple Syrup Fried Chicken Strips Fresh Fruit Platter



#### **BREAKFAST SANDWICHES - \$12.95**

Sausage & Egg Biscuit Bacon, Egg & Cheese Biscuit Egg & Cheese Muffin Fruit Platter Breakfast Potatoes

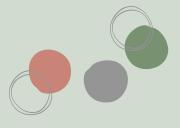
#### **MORNING SUNRISE - \$13.95**

Assorted Egg Muffins (Bell Peppers & Cheese, Bacon & Cheese, Bell Peppers & Onions)
Bacon/Sausage
Fruit Platter
In House made Biscuits with Butter & Jelly

#### **ADD ONS & EXTRAS**

Oatmeal Bar (includes fresh berries, nuts, raisins, chocolate chips) \$6.00 Cinnamon Rolls, Croissants, Danish, English Muffins & Bagels - \$2.50 Fresh Berry Yogurt Parfait - 3.50

Assorted Yogurt - 2.50 Bacon ( 2 pcs) - \$3.00 Sausage Links - \$2.00 Fresh Fruit - \$3.00 Breakfast Potatoes/ Tater Tots -\$2.50





Pricing includes disposable tableware, flatware and napkins Additonal cost for beverages

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Excellent Eats By Kerry
TO - GO LUNCHES

ACLES TORONTO

#### **BOWLS**

#### TERIYAKI CHICKEN BOWL

Teriyaki chicken served with steamed broccoli, shredded carrots and crispy wonton strips over a bed of noodles or white rice

#### SPICY THAI PEANUT SWEET POTATO BUDDAH BOWL

Spicy roasted sweet potato, crispy chickpeas, seasoned broccoli and edamame beans over a bed of quinoa served with Thai peanut sauce

#### GRILLED CHICKEN SOUTHWEST BOWL

Black beans, corn, avocado, tomatoes, crispy tortilla strips and grilled chicken served over a bed of cilantro lime rice and southwest chipotle sauce.

#### JAMAICAN JERK CHICKEN

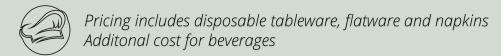
Mildly spiced jerk chicken served with coleslaw, crispy plantain and avocado slices over a bed of coconut or white rice drizzled with jerk mayo.

#### HONEY GARLIC SALMON

Salmon baked with a honey garlic glaze served with jasmine rice and steamed broccolli

#### **MEDITERRANEN COBB**

Romaine lettuce, cucumber, chickpeas, red onion, grape tomatoes, feta cheese, olives, avocado and sliced boiled egg served with Greek salad dressing



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## TO - GO LUNCHES



#### **SANDWICHES**

Served with one side

#### CRISPY BUFFALO CHICKEN CEASAR

Crispy chicken strips tossed in mild buffalo sauce with caesar salad wrapped in a tortilla

#### NEW YORK CLASSIC COLD CUT

Sliced provolone, mixed cold cuts (smoked turkey, ham, mortadella, Genoa Salami) with thinly sliced lettuce, tomato, bell peppers, red onion finished with red wine vinegar, olive oil and oregano. Served on a submarine bun.

#### **CHICKEN SALAD CROSSAINT**

Sliced provolone, mixed cold cuts (smoked turkey, ham, mortadella, Genoa Salami) with thinly sliced lettuce, tomato, bell peppers, red onion finished with red wine vinegar, olive oil and oregano. Served on a submarine bun.

#### **CORNED BEEF PANINI**

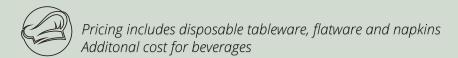
Thinly cut corned beef with cheddar cheese and Guinness infused onions served on marble rye bread.

#### GRILLED MOZZARELLA SANDWICH

Mozzarella, tomatoes, roasted red peppers and freshly made pesto perfectly grilled between two slices of sourdough bread

#### **HUMMUS CROSSAINT**

Hummus, arugula, tomatoes and caramelized onion made in a golden brown flaky crossaint



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