

WomenSense & Canadian Women's Foundation

Proud to support mothers
and children across Canada

Funding **106 community programs**
and **446 women's shelters**. Working to stop
violence, end poverty, and empower girls
in every province and territory in Canada.

48⁴⁷
150 vcaps

42⁹⁷
240 vcaps

**SUPER
SAVING
BONUS
BOTTLES**

\$5 of each purchase
supports the Canadian
Women's Foundation



Bring a copy of this flyer in to receive your
FREE bottle of VitaDay Biotin, 1000 mcg
for healthy hair, skin, and nails

At participating retailers only. While quantities last!



Incredible joint pain relief

Glucosamine & Chondroitin Sulfate

900 mg

29⁹⁷
240 capsules



FLYER SALE ends September 24, 2017. Products available at participating natural health food stores, while quantities last.

WomenSense is proud to support the Canadian Women's Foundation for over 6 years!

\$5

from the sale of each WOMENSENSE Bonus Bottle will be donated to the Canadian Women's Foundation. Funding goes toward programs that prevent violence against women and that help women and their children rebuild their lives after experiencing abuse.

48⁴⁷
150 vcaps

42⁹⁷
240 vcaps

37⁴⁷
240 vcaps

42⁹⁷
240 vcaps

HUGE SAVINGS



WomenSense CLEAN BODY CARE

Putting it on your **SKIN** does let it in (up to 60% absorbed), that's why you want **CLEAN** and tested Body Care products.

FREE from **toxins, perfumes,** and **xenoestrogens** commonly found in traditional health and beauty aids.

21⁴⁷
237 mL

19⁹⁷
237 mL

16⁹⁷
354 mL



"I love Sea-licious Omega-3 & Big Friends Vitamins"

– **Karlene Karst**, Registered Dietitian
founder of Sea-licious, and mother of three

Sea-licious Omega-3 with Vitamin D

Delicious cotton candy flavour!

26⁴⁷

with Vitamin D
250 mL

Powder Multiprobiotic

Helps support digestive health

40⁴⁷

with Vitamin D
500 mL

Chewable Vitamin C

Helps in the development of bones, cartilage, teeth, and gums

Liquid Vitamin D3

Helps in the development and maintenance of bones and teeth

Chewable Multivitamin & Minerals

Nutritional backup for active, healthy children



FREE
60 chewable tablets

Big Friends Chewable Vitamin D3

with purchase of any other
BIG FRIENDS products

Hurry! While quantities last!



No animal products

No artificial
flavours, colours,
or sweeteners



19⁹⁷

60 g powder

5⁴⁷

90 chew tabs

10⁴⁷

60 chews tabs

7⁴⁷

15 mL

From our 'ORGANIC' COMPOSTED PURE FOOD

From our 100% certified organic farms
The plants are fertilized with compost and
No synthetic pesticides (or herbicides)

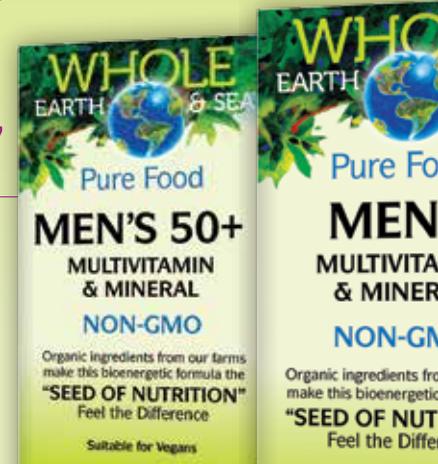
This standard is what we call 'Certified Organic'
That is why we feel our products are the best

Women's and Women's 50+ Men's and Men's 50+ Multivitamin & Mineral

Made with farm-fresh, organic, and sustainably grown non-GMO ingredients

31⁹⁷

60 tablets



LOOK FOR THIS SEAL



NON-GMO · MASS SPEC

Documentation ✓ Lab Tested ✓

ISURA means certified clean.

This seal assures you that this product has passed the most rigorous testing in the world. ISURA can test for over 500 potential contaminants.

isura.ca

“BETTER THAN ORGANIC” farms makes the best FOOD MULTIS ever.

Organic, non-GMO farms comes the Whole Earth & Sea crops. and nitrogen-rich sea plants, and are meticulously cared for by hand. (or even permissible organic pesticides) **are used – EVER!** way above what is required for organic growers. Our farms are **so clean and “better than organic.”**



Potent, fast-absorption omega-3 Herring Gold

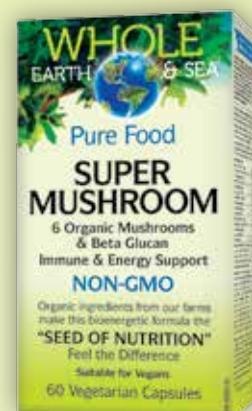
More omega-3 phospholipids than krill oil

Amazing energy and immunity formula Super Mushroom

Six organic immune-boosting mushrooms with beta-glucan

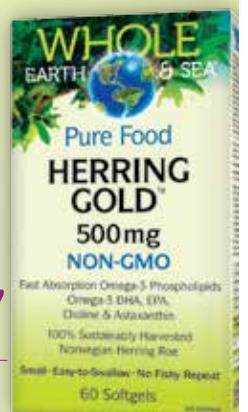


39.97
60 vcaps



21.47
60 softgels
500 mg

39.47
60 softgels
1000 mg



For over 30 years, Natural Factors continues to produce the No.1 Probiotics in Canada

Critical Care Probiotic

Extra strong, fast acting

55 billion active cells

100 billion active cells

You have trillions of bacteria in your digestive tract. How much benefit could a billion make? You need these critical care probiotics to really make a difference.

Guaranteed effective for urinary tract health

Women's Multi Probiotic with CranRich

10 strains of probiotics blended with CranRich cranberry concentrate to provide super strength support for digestive and urinary health.

Amazing relief for IBS symptoms

ReliefBiotic

Reduces the duration of diarrhea in those with irritable bowel syndrome.

Incredible support for anxiety and mood

CalmBiotic

Helps moderate feelings of anxiety and promotes a healthy mood balance.

46⁹⁷

30 vcaps
100 billion active cells

25⁹⁷

30 vcaps
55 billion active cells

19⁴⁷

60 vcaps

17⁴⁷

30 vcaps

18⁴⁷

30 vcaps



NEW

LOOK FOR THIS SEAL



NON-GMO · MASS SPEC

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isura.ca

AMAZING RELIEF for PAIN and INFLAMMATION

Theracurmin: #1 absorbed form of curcumin

CurcuminRich

- Reduces risk of chronic degenerative diseases
- Potent anti-inflammatory effects

Joint Optimizer

High Absorption Curcumin

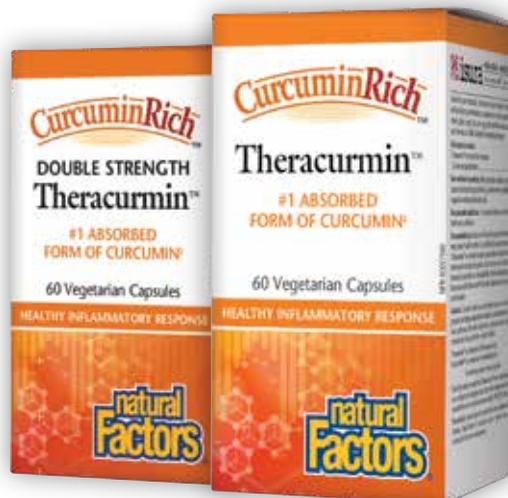
- Combines the most trusted, effective, herbal supplements for natural joint pain relief

22⁹⁷

30 vcaps

39⁴⁷

60 vcaps



20⁴⁷

60 vcaps

21⁴⁷

60 vcaps

37⁹⁷

120 vcaps



What makes VegiDay protein unique?

100% ORGANIC PROTEIN, flavours, sweeteners, and tested CLEAN by ISURA

✓ ORGANIC ✓ NON-GMO ✓ SUSTAINABLE

LOOK FOR THIS SEAL



ISURA means certified clean.

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isura.ca

- 20 g of protein per serving
- Soy free and dairy free
- Provides all essential amino acids

49⁹⁷
972 g powder

French Vanilla,
Decadent Chocolate,
Berrylicious

39⁹⁷
741 g powder
Unflavoured



BioCoenzymated B Vitamins

The most metabolically active B vitamins

Taking B vitamins already in their coenzymated forms allow the body to use them directly

17⁴⁷

60 subtabs

8⁴⁷

30 vcaps

7⁹⁷

30 vcaps



NEW

Biotin

Supports nail, hair, and skin health

Extra strength, biotin supplement in a vegetarian capsule

11⁴⁷

60 vcaps

NEW



Emulsified MCT Boost

Medium Chain Triglycerides

Start your day off with a kick of healthy fats in this convenient product!

Simply stir into coffee, juice, smoothies, or tea, to give them a rich, creamy, and delicious boost of energy.

Available in Unflavoured and Vanilla Cream

25⁴⁷

355 mL

GREAT SOURCE OF ENERGY to fuel workouts



NEW



NON-GMO · MASS SPEC

Documentation ✓ Lab Tested ✓

GREEN SHEET specials

All products on this page have passed the most rigorous testing in the world for contaminants.

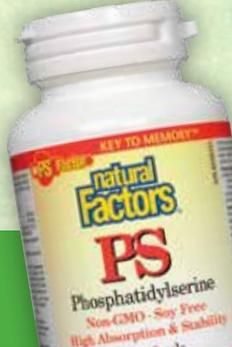
PS Phosphatidylserine 100 mg

Brain and memory support



34⁹⁷

60 softgels



RxOmega-3 900 mg

Highest quality fish oils
One-per-day



39⁴⁷

150 Enteripure softgels



Pycnogenol 100 mg

Fights age-related free radical damage



38⁴⁷

30 vcaps



SeaRich Omega-3

Best-tasting omega-3 available in three delicious flavours

19⁹⁷ 42⁹⁷

200 mL

500 mL



Ubiquinol 100 mg

Gold standard in CoQ10

32⁹⁷

60 softgels

60⁹⁷

120 softgels



Mixed Vitamin E 400 IU

Natural source mixed vitamin E



24⁴⁷

240 softgels



HappySense 100 mg

Promotes healthy mood balance



22⁹⁷

60 caplets



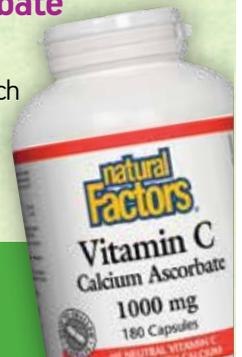
Vitamin C Calcium Ascorbate 1000 mg

Gentle on the stomach immune support



21⁹⁷

180 capsules



CLA

Clinically shown to assist with weight loss



26⁹⁷

120 softgels



Medi~C Plus Vitamin C & Lysine Formula with magnesium



42⁹⁷ 59⁹⁷

600 g

1 kg



Medi~C Plus Vitamin C & Lysine Formula with calcium ascorbate Citrus flavour



42⁹⁷ 59⁹⁷

600 g

1 kg



Serrapeptase

Relieves pain and inflammation

29⁴⁷

60 vcaps/120,000 SU

21⁹⁷

60 vcaps/60,000 SU



PGX Daily

Reduces food cravings and promotes a sense of fullness



47⁹⁷

240 softgels



Her Energy

Promotes healthy estrogen balance



40⁹⁷

120 vcaps



Whey Protein

Ultimate protein energy shake
Available in three flavours



64⁹⁷

750 g powder



Maca Energy

Supports healthy mood balance

29⁹⁷

180 vcaps

15⁹⁷

90 vcaps





NON-GMO · MASS SPEC

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GREEN SHEET specials

All products on this page have passed the most rigorous testing in the world for contaminants.

Vitamin C

1000 mg

Time-released immune support



1847

210 tablets



Active B Complex

Enhanced support for energy metabolism and nerve health



2197

60 vcaps



Lutein 40 mg

Antioxidant for eye health



2447

60 softgels



Vitamin K & D

Improves bone health and prevents arterial calcification



1447 2547

60 softgels 120 softgels



BioCgel

Easily absorbed, stomach-friendly vitamin C for better immunity



2197

210 softgels



Tea Tree Oil

Disinfects cuts and scrapes, and prevents infection



1297

50 mL



Anti-Cold Fresh Herb Tincture

Immune system support



1197 1947

50 mL 100 mL



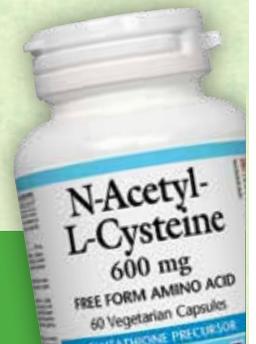
N-Acetyl-L-Cysteine

Supports the body's antioxidant defence system



1447

60 vcaps



Tranquil Sleep

Achieve the impossible dream

1897

60 chew tabs

2697

90 enteric-coated softgels



B12 Methylcobalamin

Energy production and nervous system function



1597

210 subtabs



Melatonin

10 mg

Potent natural sleep aid



1697

90 subtabs



MCT Oil

Use in smoothies, salad dressings, and sauces



2147

500 mL



Mental Calmness

Promotes deep relaxation and mental clarity



1747

60 chew tabs



Mind Retreat

Stay calm and well rested, even in times of stress



2197

60 vcaps



MagSense

Supports healthy muscle functions

Unflavoured and Berry

3647

400 g powder

1997

200 g powder



Stress Less

Relieves symptoms of stress such as mental fatigue



2797

120 vcaps

