













### GETTING TO KNOW YOGÄRTS

This summer, we invite children from all cultures and languages to embark on a creative journey where artistic expression and mindful movement intertwine. Inspired by some of the greatest names in worldwide art history, the **YogArts Summer Camp 2025** offers sensory and educational experiences that stimulate imagination, empathy, autonomy, and presence. Each day is an immersion into the world of a famous artist, featuring free art activities, projects inspired by their works, and yoga practices that translate the explored concepts into movement.

All this takes place in a trilingual environment – Portuguese, Spanish, and English – that is safe, welcoming, and culturally sensitive, where every child is encouraged to explore their body, creativity, and emotions in a playful and respectful way.

More than just a summer camp, YogArts is a celebration of the art that lives in every gesture, line, and breath.

Come live this unforgettable experience of connection, expression, and presence with us!

#### THE FLOW OF THE SESSIONS

The process for each session (day) focuses on:

- Free Art
- Directed Art
- YogaPlay (A fun, child-focused yoga session that combines stretching, action, concentration, meditation, and play)







### A QUICK LOOK AT A CAMP SESSION: ANNI ALBERS

**Anni Albers:** Pioneer of 20th-century textile art, combining modern design with ancestral weaving techniques. Her work teaches children about patience, repetition, patterns, and the beauty of details and structure.

- Free Art: Creating geometric patterns with colored paper strips.
- Directed Art: Mini cardboard looms with colored threads.
- Yogaplay: Partner poses mimicking weaving, exploring connection and cooperation.



01

#### **Anni Albers**

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02

#### **Louise Nevelson**

A modernist sculptor known for her monochromatic structures made from reused objects.

She teaches the importance of sustainability, composition, and beauty in repetition and silence.

03

#### **Keith Hering**

Famous for his vibrant figures and street art style, Haring made bold, joyful statements about life, love, and unity.

He encourages children to use art as a language of connection, rhythm, and social expression.



04

#### Henri Matisse

One of the great masters of modern art, reinventing painting with his colorful collages.

His vibrant, light style stimulates imagination, visual organization, and play with shapes and colors.

05

#### Yayoi Kusama

A multidisciplinary artist who uses dots and repetitions to explore infinity and the mind.

She encourages concentration, spatial awareness, and appreciation for detail and repetition.

06

#### Alfredo Volpi

An Italian-Brazilian artist known for his colorful flags and geometric shapes.

He brings joy, simplicity, and a bridge to Brazilian culture that fascinates and connects children.



07

#### Jean-Michel Basquiat

An artist known for his unique style, blending graffiti, words, and symbols.

His work celebrates creativity and self-expression, inspiring children to explore their identity and appreciate cultural diversity.

08

#### **Jackson Pollock**

An icon of abstract expressionism, famous for his splash-painting technique.

He encourages children to
embrace freedom of movement,
express emotions, and let go of
control.

09

#### **Piet Mondrian**

A symbol of emotional and expressive art, Van Gogh transformed feelings into color and movement.

He helps children recognize and express emotions through art and the rhythms of nature.



10

#### Joan Miró

A master of playful abstraction, Miró created dreamlike works filled with whimsical shapes and bright colors.

He inspires children to tap into their imagination, embrace spontaneity, and see art as a joyful form of storytelling.



#### **Vincent van Gogh**

A symbol of emotional and expressive art, Van Gogh transformed feelings into color and movement.

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#### A SUMMER THAT SHAPES FROM THE INSIDE OUT

As parents, we often ask ourselves: What kind of experiences will truly stay with my child? Not just entertain them for a week—but shape how they see the world, how they relate to others, and how they come to know themselves. **YogArts Summer Camp was designed with this in mind.** 

In an age of overstimulation and distraction, what we offer is rare: a space where your child slows down, feels deeply, thinks creatively, and connects—genuinely—with others and with themselves. Through a unique balance of structure and freedom, your child is invited to build not just skills, but presence. Not just memories, but meaning.

We know you're looking for more than just a safe and engaging way to fill the summer weeks. You're looking for something that aligns with the values you nurture at home: curiosity, intention, respect, and self-awareness.

YogArts isn't just another camp. It's a gift—one your child will carry quietly but powerfully into school, friendships, and life. Let them come home not only with painted hands and a happy heart, but with something deeper: a sense of self that has been seen, supported, and inspired.





