

Self-Exploration 4

Trust God and Be Aware of the Devil

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All people face temptations in life. God encourages you to trust and have faith in Him, but simultaneously, be on constant guard for the devil's seductions. In 1 Corinthians 10:13 (ESV), the Bible says, "No temptation has overtaken you but such as is common to man."

Complete the following evaluation of your Heavenly progress by counting in your mind how many of the items below you currently engage in.

When I need to remain faithful....

- ☐ I have total faith in God to provide me with self-control.
- ☐ I remember and trust the scriptures when I feel tempted.
- ☐ I seek God's wisdom and guidance in overcoming earthly pleasures.
- ☐ I avoid tempting situations with the guidance of the Holy Spirit.
- ☐ I know the triggers the devil uses to tempt me, and it doesn't work.
- ☐ I never allow the devil to make me doubt God's promise of eternal life.

- ☐ I refuse to be tempted by the lust for worldly desires.
- ☐ I walk according to the nine fruits of the Holy Spirit (Kindness, Peace, Generosity, etc.).
- ☐ I do not let the devil destroy me through sin.
- ☐ I am on guard for partial truths from others inspired by the devil.

What Does My Total Mean?

The more items you check in your mind, the more you appear to live a life of Christian attitudes, beliefs, and choices.

Please see my book *Calculating the Essentials of Christian Life* for tips and journaling prompts on living a Christian life. You can think about them or write about them in your journal. You are doing great! Please keep up your excellent work.

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