I Am Grateful for All God Has Done

And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him. ~ Colossians 3:17 (NIV)

This verse reminds us of the importance of gratitude for all God has done for us and for everything we have, even in difficult times. When we express gratitude outwardly, we find joy and peace in our lives and strengthen our relationship with God. Gratitude affirms goodness in your life and promotes the desire to be aware of all the good things in the world. You show gratitude to other people and God by demonstrating appreciation for all you have in life, expressing how much others mean to you, and displaying appreciation for what God and others have done to affect you positively. Here are some ways to do that during your "Walk with Christ."

Because I am grateful for all God has done for me, this week, I...

- □ appreciate all of the blessings that God has provided me.
- □ be thankful for the wonderful people I have in my life.
- \Box thank my family and friends for everything they have done for me.
- □ compliment others about talents, skills, strengths, or accomplishments.
- □ say "thank you" to people with all of my heart.
- □ tell others about all the beautiful things God has done in my life.
- \Box treat others with courtesy and respect.
- \Box look for different ways to thank others for their kindness.
- \Box call, e-mail, or text people to thank them for their support.
- \Box be more aware of all of the plusses in my life, even in difficult times.
- □ stop taking significant people in my life for granted.
- \Box worship God with all of my heart and soul.
- \Box lighten other people's workload in some way.
- \Box tell others what they did for you that made a difference in your life.
- \Box share something of yours with someone who needs it.

Journal about your "Walk with Christ" for the week: