

Self-Exploration 1

Seek God in All You Do

By John J. Liptak, Ed.D

God wants you to pursue Him through your attitudes, beliefs, and choices. While attending church is one way of seeking Him, you can do so in many ways throughout your day. In Acts 17:27 (NIV), the Bible reminds us that “God did this so that they would seek him and perhaps reach out for him and find him, though he is not far from any one of us.”

Download the PDF to evaluate your Heavenly progress. Count how many of the items below you are currently engaging in.

I pursue God in the following ways....

- ☐ I do not let my mind wander from God.
- ☐ I pray when I get up in the morning and go to bed at night.
- ☐ I read the Bible daily to know God more thoroughly.
- ☐ I read and reflect on scriptures to walk with God for the rest of my life.
- ☐ I seek God first throughout my daily activities.

- ☐ I always return to God when I stray from Him.
- ☐ I find peace in my life through my daily conversations with Him.
- ☐ I please God by making good Christian decisions about how I live my life.
- ☐ I ensure God and my service to Him receive the most attention.
- ☐ I actively pursue the earthly mission that God has gifted me.

What Does My Total Mean?

The more items you check, the more you appear to live a life of Christian attitudes, beliefs, and choices.

*Please see my book **Calculating the Essentials of Christian Life: Measuring Seven Critical Aspects of Christian Faith in Good & Bad Times for tips and journaling prompts for living a Christian life.***

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www.calculateyourfaith.com