

A Taste of Diversity Workshop

Join us for a unique and enriching workshop celebrating Afro-Caribbean culture through delicious food, vibrant music, and captivating history.

 by **Big Maya's Jerk**



The Legacy of Big Maya's Jerk

Big Maya's Jerk was a pioneering Afro-Caribbean restaurant that opened in Scarborough, becoming the first of its kind in the community. It had a massive impact, introducing local residents to the vibrant flavors and rich cultural heritage of the Caribbean.

Through its delicious jerk chicken, curries, and other authentic dishes, Big Maya's Jerk helped educate and expose people to the diversity that makes Scarborough such a vibrant and welcoming place. It became a gathering spot where people from all backgrounds could come together over a shared love of great food.

Now, we aim to continue Big Maya's legacy of celebrating diversity by hosting educational workshops and events. Our goal is to further inform and engage the community, fostering greater cross-cultural understanding and appreciation. Join us as we embark on this journey of learning and growth.



Cultural Awareness

1 Afro-Caribbean Heritage

Explore the fascinating history and cultural richness of Afro-Caribbean heritage. Discover the origins, traditions, and contributions of this diverse culture.

2 Food & Cuisine

Uncover the vibrant flavors and unique ingredients of Afro-Caribbean cuisine. Delve into the stories behind traditional dishes and their cultural significance.

3 Music & Dance

Experience the infectious rhythms and captivating melodies of Afro-Caribbean music. Learn about the history of different music genres and their cultural impact.

4 Global Connections

Understand the global influence of Afro-Caribbean culture, its contributions to music, food, art, and dance around the world.





Community Engagement

Creating Connections

Foster a sense of community by bringing together people from diverse backgrounds. Celebrate the beauty of shared experiences and cultural understanding.

Celebrating Diversity

Highlight the enrichment and value that diversity brings to our communities. Encourage open dialogue and appreciation for different perspectives.

Shared Experiences

Create engaging and memorable experiences that unite individuals through common interests and cultural exploration.



Interactive Learning

Hands-on Activities

Engage students through interactive activities that allow them to learn by doing. This promotes active participation and makes learning fun and memorable.

Cultural Immersion

Provide students with opportunities to immerse themselves in Afro-Caribbean culture. This fosters a deeper understanding and appreciation.

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Sensory Exploration

Explore Afro-Caribbean culture through sensory experiences, including taste, smell, sound, and touch. This makes learning more engaging and impactful.

Workshop Outline

1

Introduction

Welcome participants and introduce the workshop's theme, objectives, and facilitators.

2

History and Cultural Impact

Explore the rich history and cultural influence of Afro-Caribbean heritage.

3

Interactive Cooking Session

Prepare a simple Afro-Caribbean dish together, learning about ingredients, techniques, and cultural significance.

4

Music and Dance

Discover traditional Afro-Caribbean music and dance, learn basic steps, and enjoy the rhythms.

5

Q&A and Reflection

Open discussion to share insights, ask questions, and reflect on the workshop's themes.

6

Closing Remarks

Thank participants, encourage ongoing cultural exploration, and share resources for further learning.

Additional Information

Materials Needed

Cooking ingredients, utensils, sound system for music, space for dance activities.

Safety & Health Considerations

All cooking activities will follow health and safety guidelines. Food allergies and dietary restrictions will be accommodated.



Target Audience

Students

This workshop is perfect for students of all ages who are curious about learning about different cultures, especially those interested in food, music, and history.

Educators

This interactive workshop provides educators with a unique opportunity to enrich their curriculum, promote cultural awareness, and foster community engagement.

Contact Us

For more information or to schedule a workshop, please contact us by email or call us at 07575833408.

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