

Client Agreement for Spiritual Direction

I am honored that you have chosen to share your spiritual journey with me. Before we start, please make note of the following policies and reference this document as needed.

Our Relationship

You are meeting with me as your spiritual director because you want to examine your spiritual life. SDI's [Guidelines for Ethical Conduct](#) explains my role in a general way.

Although I believe it is appropriate at times to discuss psychological difficulties in the context of spiritual direction, I am not a psychotherapist, nor do I provide such services. Similarly, you recognize that spiritual direction is not legal or financial advice. Any decisions or actions you may take in that regard are done without my advice or recommendation, and are solely your responsibility.

Confidentiality

Our time together is sacred and I will hold our conversations in strict confidence with two exceptions:

- As required by law (e.g., subpoena or court order).
- If a client shares that they are in the process of, or are planning to, hurt themselves or someone else, I will break confidentiality by whatever means I deem appropriate in order to ensure that no one is harmed.

You, on the other hand, are free to share whatever you choose about our conversations with anyone.

As part of my ongoing training, I may discuss some aspects of our sessions with my supervisor. In such cases, I still maintain your confidentiality; never revealing your identity or identifying information.

Of course, in this digital age, I cannot guarantee that my cell phone or email (or yours) would not be hacked. Although I take appropriate precautions, those are always potential risks.

Fees

Hourly sessions are invoiced at \$75, created and emailed via PayPal. Please submit payments via PayPal.

Scheduling Sessions

Please use my online calendar for scheduling sessions: calendly.com/discoverwithheather

It is customary to meet monthly, but there is no obligation. It is recommended that you try a few sessions, especially if you are new to spiritual direction, to establish a connection and rhythm. You may desire to meet more frequently or for a longer session. That is fine, as long as we schedule in advance.

Unless otherwise specified, sessions are held via Unberconference. You can call in (**ph# 720-835-5496, PIN 76008**) or access online (uberconference.com/discoverwithheather).

If you are late for a session, we'll use the remaining session time available. Sometimes technology snafus happen; unfortunately, we cannot extend the time of sessions.

If you need to reschedule, please do so at least 24 hours in advance via Calendly's appointment confirmation email. If you must cancel with less than 24 hours notice, call me directly (cell phone# 907-231-6778) and leave a voicemail.

To acknowledge you have reviewed and understand this agreement, please COPY/PASTE the following into an email and send it to Heather@DiscoverWithHeather.com with the subject line: "CLIENT AGREEMENT":

"I, [insert your legal name], have read and understand the Client Agreement for Spiritual Direction."

Thank you,
Heather Hall

revised 10 February 2020