ZAVA CAFE

HEALTHY BREAKFAST & LUNCH

MILTON, DE

BREAKFAST

BEGINNINGS

SIMPLE LOCALLY GROWN

HEALTHY YOGHURT BOWL
SEVEN STARS FARM YOGHURT, STRAWBERRIES, BLACKBERIES, GRANOLA, HONEY | $12

HONEY SURFACE WAFFLE
HONEY FARM DE, STRAWBERRIES, BLACKBERIES | $11

RAINBOWL FARM FRUIT BOWL
RED APPLE, KIWI, PINEAPPLE, ORANGES, STARFRUIT, STRAWBERRIES, BLACKBERIES | $12

BLUEBERRY STUFFED FRENCH TOAST
BRIOCHE BREAD, BLUEBERRY MAPLE SYRUP, SWEET MINT MASCARPONE CREAM | $14

EAT SIMPLE BREAKFAST

LOCAL HARVEST

FARM EGGS
2 EGGS YOUR WAY, BACON, PEWEE POTATOES HASH | $15

FRESCO BREAKFAST BOWL
2 SUNNY SIDE UP EGG, BACON, AVOCADO, QUESO FRESCO, PEWEE POTATOES HASH | $16

OPEN-FACED AVOCADO EGG
WHOLE GRAIN, ALFALA SPROUTS, HEIRLOOM TOMATO, POACHED EGG | $17

BLUE CRAB EGG BENEDICT
CRAB MEAT, HAIRLOOM TOMATO, ENGLISH MUFFIN, HOLANDAISE SAUCE, PEWEE POTATOES HASH | $22

PRIME USDA FILET MIGNON
2 SUNNY SIDE UP EGG, HOLANDAISE SAUCE, PEWEE POTATOES HASH | $25

THE DENVER OMELETTE
YELLOW ONION, BELL PEPPERS, BACON, EGG, AMERICAN CHEESE | $17

SMOKED SALMON TARTINE
WHOLE GAIN BREAD, HEIRLOOM TOMATO, BRUSCHETTA CAPERS, BASIL GOAT CHEESE, RED PICKLED ONION | $18

BREAKFAST SANDWICHES

LOCAL HARVEST

BREAKFAST BURRITO
AVOCADO, EGG, PICO DE GALLO, AMERICAN CHEESE, BACON | $15

NEW YORK STYLE BAGEL
SMOKED BACON, FRIED EGG, BURRATA CHEESE, AVOCADO, HEIRLOOM TOMATO | $16

FORAGER SANDWICH
BRIOCHE BUN, HEIRLOOM TOMATO, KALE, OYSTER MUSHROOM MAYO, FRIED EGG | $15

EGG FLORENTINE SMOKED SALMON
FRIED EGG, NEW YORK STYLE BAGEL, BASIL CREAM CHEESE, CUCUMBER, ARUGULA, PICKLED ONIONS | $18

ULTIMATE BLT PANINI
BACON, SMOKED GOUDA CHEESE, WHOLE GRAIN BREAD, HEIRLOOM TOMATO, AVOCADO, ARUGULA | $15

*Consuming raw or undercooked meat, seafood, shellfish, or eggs may increase your risk of food borne illnesses

SMOOTHIES

16OZ

SUPER BERRY — $15
ACAI, BLUEBERRIES, RASPBERRIES, MINT, HONEY

VANILLA BEAN DRAGON FRUIT — $13
RED APPLE, BASIL, ASIAN PEAR

GREEN BEAUTY — $13
STARFRUIT, SPINACH, KIWI, BANANA, ORANGE

CRAFTED JUICES

16OZ

ENERGY BOOSTER — $13
CARROTS , APPLES, ORANGE, GINGER, LIME AND HONEY

THE POPEYE SPECIAL — $13
KIWI, SPINACH,APPLE, STRAWBERRY, LIME

WOKE UP IN PARADISE (SEASONAL) — $13
WATERMELON, PINEAPPLE, MINT, LIME

BEET THE ODDS — $12
BEET, APPLES, CARROTS, LIME

OJ — $10
FRESH SQUEEZED VALENCIA ORANGES

MAKE YOUR OWN CHOICE 4 INGREDIENTS — $13

TEAS

HOT

BLACK — $4

MINT — $4

ICED

HIBISCUS — $4

BLACK — $4

PASSION FRUIT — $4

FRESH GARDEN MINT — $4

COFFEE

ESPRESSO — $3
1.5 oz short

LATTE — $4
Espresso with steamed milk

CAPPUCCINO — $5
Espresso with steamed milk and frothed milk

CAPPUCCINO BRULÉ — $6
Espresso with steamed milk and frothed milk topped with caramelized raw sugar

GREEN LATTE — $5
Match powder with steamed whole milk

BEET LATTE — $5
Beet powder with steamed whole milk

CHAI LATTE — $5
Steamed milk with black tea infused with spices topped with cinnamon

AMERICANO (HOT/ICED) — $4
Espresso and water

CARAMEL MACCHIATO — $5
Espresso, steamed milk, milk foam, caramel drizzle

MEXICAN HOT CHOCOLATE — $5
Abuelita chocolate var, vanilla extract, cinnamon, milk topped with whipped cream

DESSERT COFFEE

TOASTED MARSHMALLOW LATTE — $7
Espresso, milk, chocolate syrup, grahams crackers, marshmallows cream

AFFOGATO — $7
Scoop of vanilla ice cream covered in a warm shot of espresso topped with caramel drizzle

ICED TIRAMISU COFFEE — $9
Milk, cold brew, condensed sweet mascarpone, cocoa powder, savoiardi biscuit