#### **FAMILY DISPUTE RESOLUTION**

# PARENTING PROMPT SHEET



- ☐ With whom will each child live? *Mum / Dad*
- ☐ How much time will each child spend with each parent?
- ☐ How will alternative supervision be arranged?
- ☐ Arrangements for the children to have contact with other important people in their lives e.a.: Grandparents



## **COMMUNICATION:**

- ☐ Parent to parent regarding parenting/urgency
- ☐ Children's communication with the non-residential parent? *Time/methods*
- ☐ Parent's communication with the children
- ☐ Who will meet the financial responsibilities for: the mobile phones for the children, plan/cards?



- the children's current/future needs for schooling?
- ☐ What type of school parents wish for the children? Private/Public/religious/nondenomina tional
- ☐ Who/how the financial responsibilities be met for: fees/ uniforms/school/sport shoes/books/teaching aids/school projects materials/laptops/iPad/PC, ongoing subscriptions for software/apps/excursions/ext racurricular activities/ afterschool care/tutoring?
- ☐ Parents' level of involvement in school activities?
- ☐ Will both parents attend parent/teacher interviews?
- ☐ How will parents organise communication about/from the children's school?
- ☐ How will additional educational current/future needs be decided?



- ☐ How will parents facilitate children's participation in their activities?
- ☐ Who/How will the financial responsibilities for those activities be met?
- ☐ How will parents communicate regarding children's current/future activities?



## **CHANGEOVERS:**

- ☐ Will the children's belonging be shared between the households?
- ☐ Information as to the children's' clothing needed for particular activities (swimming/hiking/biking/other)
- ☐ Management of children's clothing during changeover (repairs/washing/replacement)
- ☐ How will homework, assignments and projects be managed during changeovers?



- How will parents meet the health needs of the children? Special needs? Short/long term
- ☐ Pre-existing illnesses of the children's/parents?
- ☐ Who/how will bear the costs associated with health care? Private health insurance/alternative medical treatments?
- ☐ Will the children use the same GP/Medical Service/ Dentist/Optometrist?
- ☐ How parents communicate with each other regarding health of the children?
  Urgency?



- ☐ How are the children transported between homes/schools/activities and other venues during the changeovers?
- ☐ What mode of transport will be used? *Private/Public*

☐ How will costs of transport be paid if significant?



- ☐ Arrangements for special days?
- Christmas/Easter Day
- Other religious days and celebrations
- Children's/Parents' birthdays
- Mother's/Father's Day
- Other significant days eg. family birthdays/weddings/funerals
- ☐ How will holidays be arranged?
- School holidays
- Overseas holiday with a parent/another significant person
- ☐ How much notice must be given to each other?
- ☐ How will costs related to these issues be met?



#### **WELLBEING/DISCIPLINE:**

- ☐ Differences in values and styles of parenting?
- ☐ How the children's wellbeing will be safeguarded by the parents?



- ☐ How will parents share financial support for the child in the short/long term
- Day to day/period costs
- Pocket money/unexpected costs
- ☐ Will Child Support payments be considered?
- ☐ Annual increases of financial support for the children's changing needs?
- ☐ Education Fund/Trust Fund?



☐ What decisions require joint consultations?

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- ☐ Should the children be included in these conversations?
- ☐ How will future disputes be resolved? *Mediation?*



- ☐ Was legal advice obtained regarding the FDR process?
- ☐ Will these agreements be lodged in court as consent orders? How?
- ☐ Who is responsible for paying court/legal fees?
- ☐ Do parents' wills have to be amended in the event of both parents' deaths?



## **IF YOU CAN AGREE:**

- ☐ a good will agreement
- □ parenting plan (dated/signed & consulted with lawyers))



## **IF YOU DON'T AGREE:**

□ section 60I certificate from a registered FDRP is needed to

apply to the Family Court for a parenting order



### **REFERRALS:**

☐ The Legal Aid NSW https://www.legalaid.nsw.gov.au/

Free legal helpline 1300 888 529

☐ Mind Health

Free counselling

1300 029 131

https://mindhealth.org.au/phone -and-online-counselling/



☐ Family Relationships

Share the Care – Parenting Plan

https://relationships.org.au/wpcontent/uploads/Share-thecare\_Edition4\_2016.pdf

☐ Family Court of Australia

NOTICE THAT PROVIDED
HERE INFORMATION DON'T
REPLACE LEGAL ADVICE

# RESOLUTION IS CREATED BY EMPLOYING CREATIVE ALTERNATIVES FOR RESPONDING TO CONFLICT

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