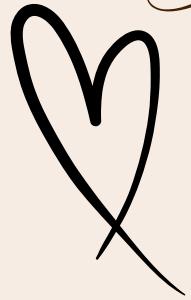
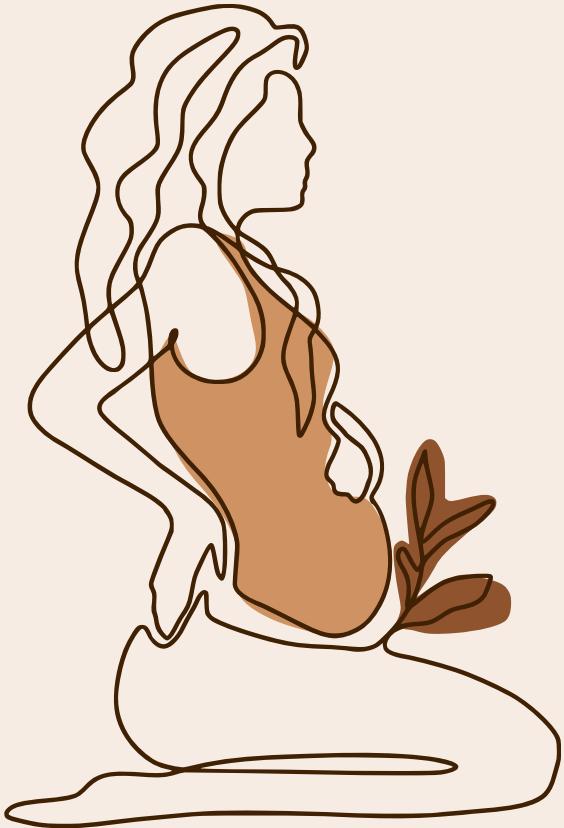




Pregnancy planner
Your Doula





WEEK: One

DATE:

Feeling

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My thoughts

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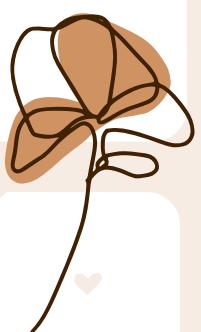
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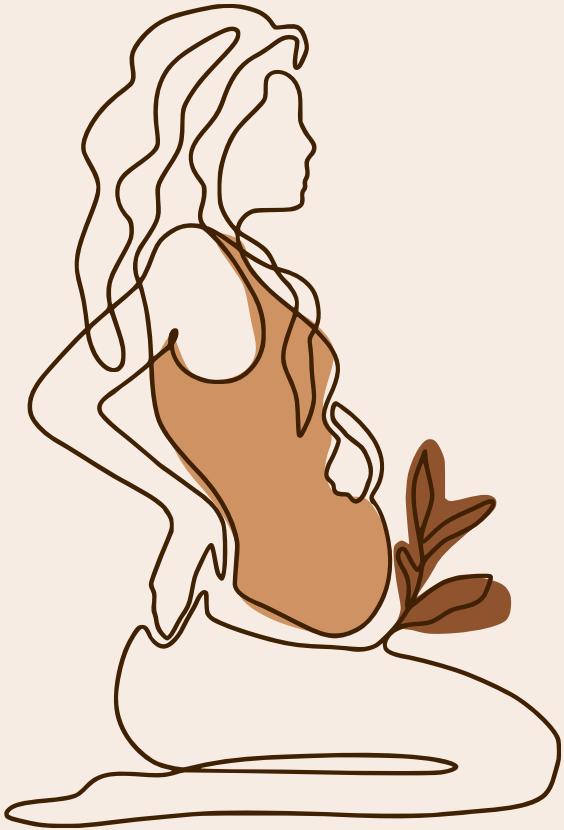
Notes

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WEEK: Two

DATE:

Feeling

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My thoughts

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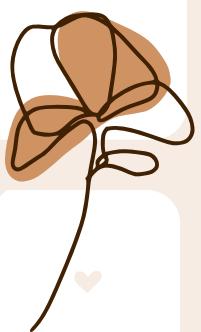
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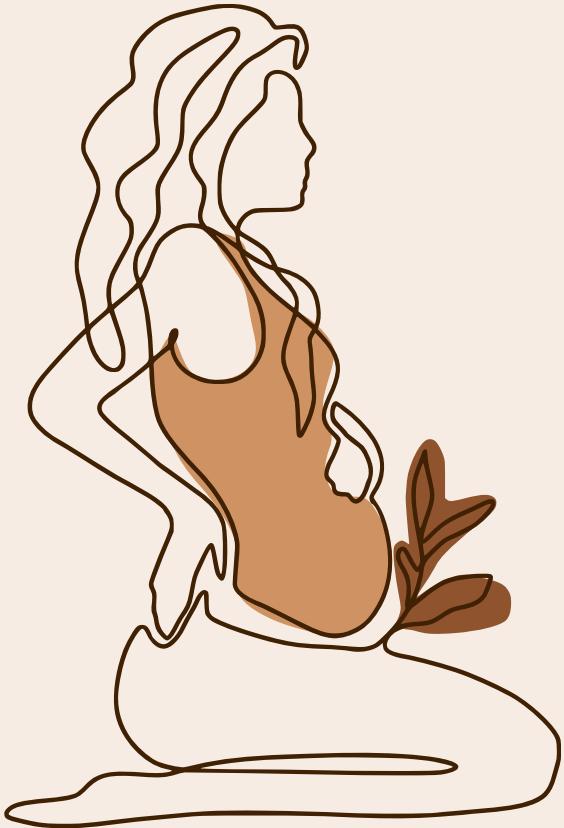
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WEEK: *Three*

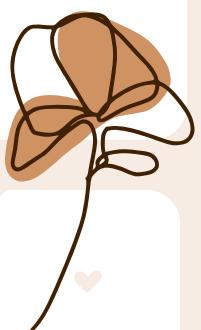
DATE:

Feeling

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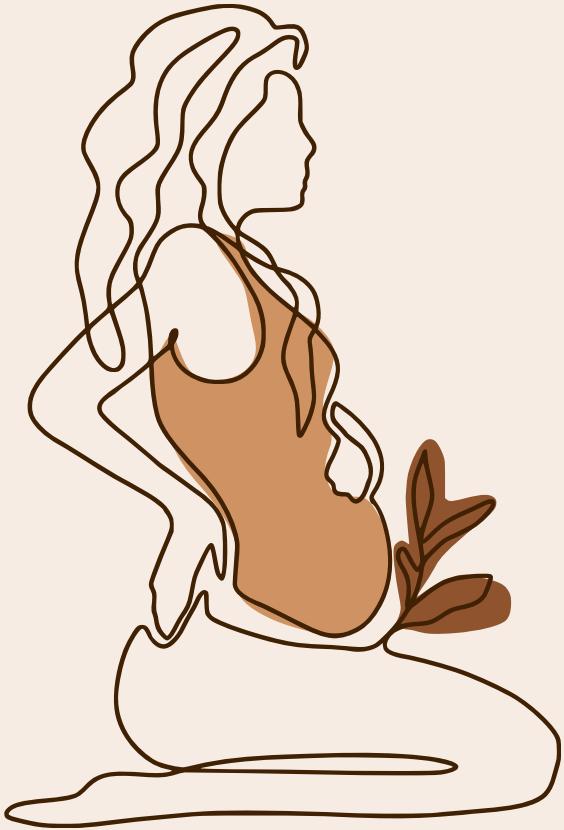
My thoughts

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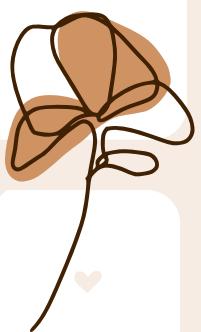
WEEK: Four
DATE:

Feeling

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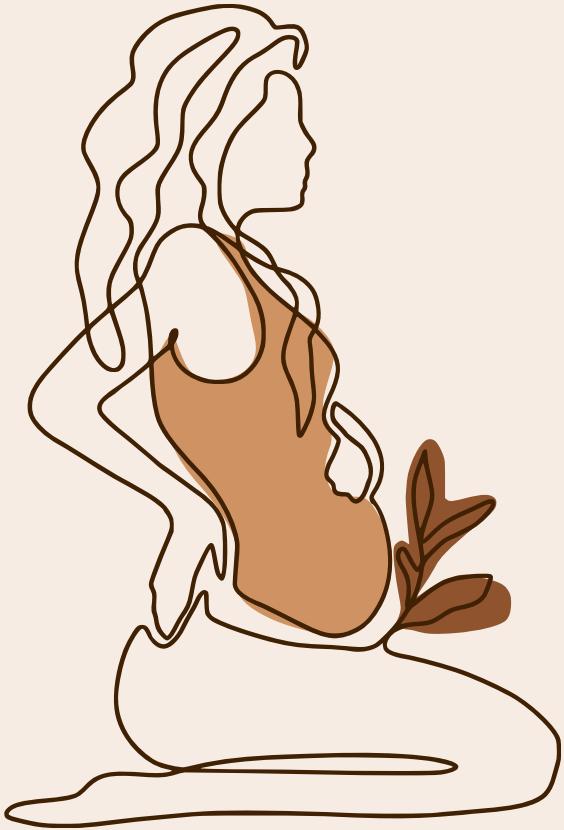
My thoughts

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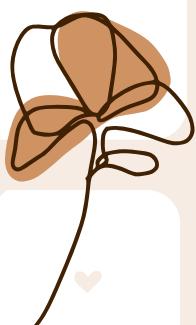
WEEK: *Five*
DATE:

Feeling

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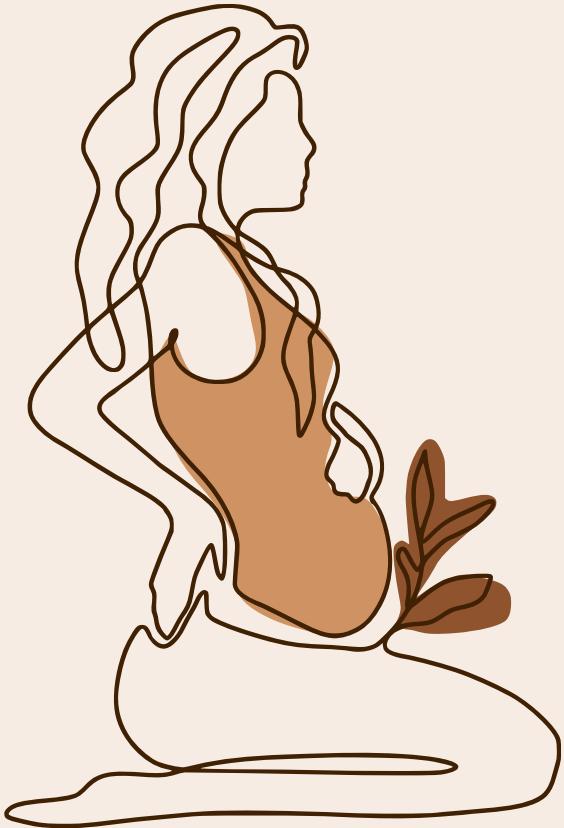
My thoughts

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WEEK: Six

DATE:

Feeling

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My thoughts

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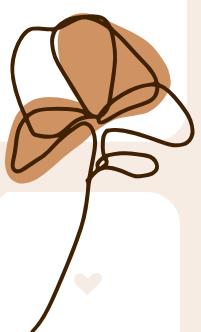
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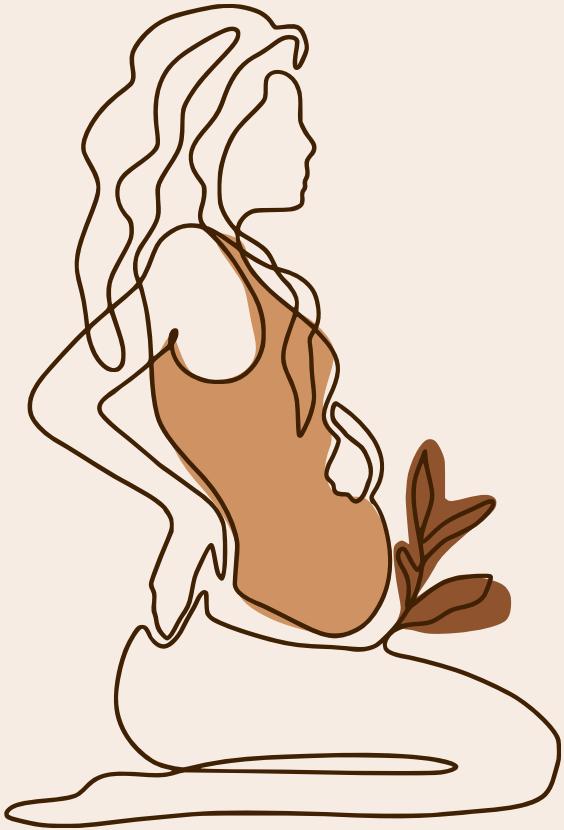
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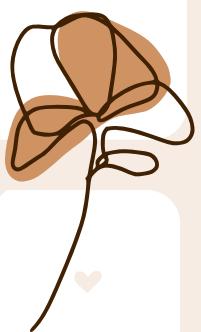
WEEK: *Seven*
DATE:

Feeling

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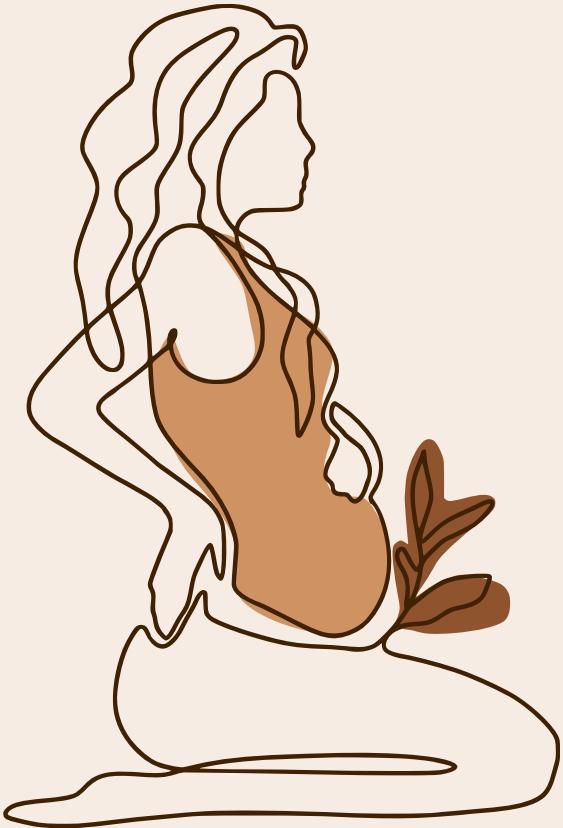
My thoughts

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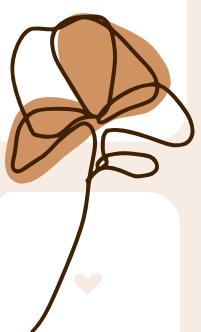
WEEK: *Eight*
DATE:

Feeling

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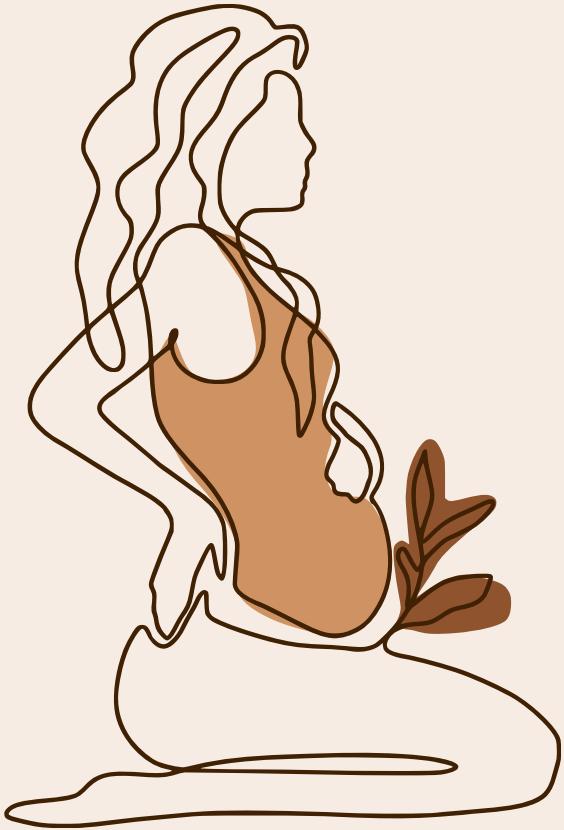
My thoughts

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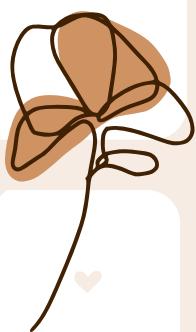
WEEK: Nine
DATE:

Feeling

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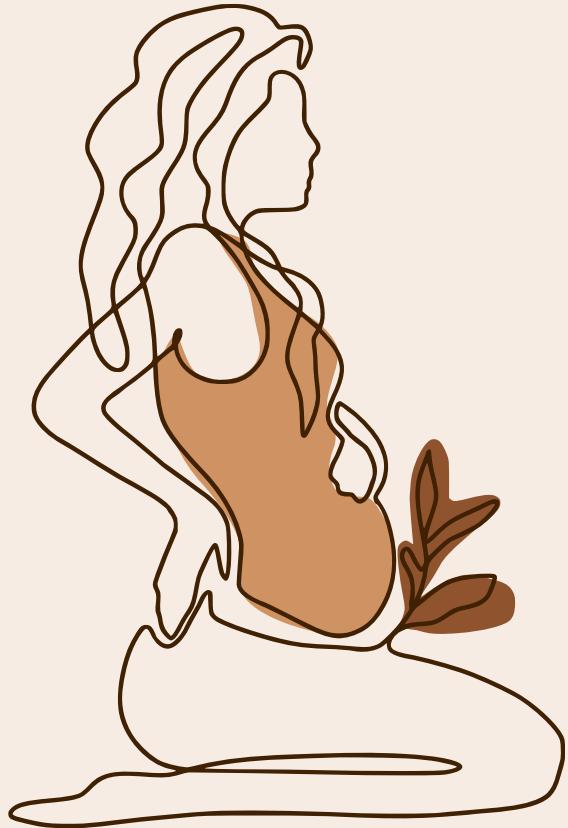
My thoughts

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WEEK: *Ten*

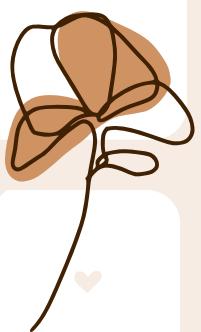
DATE:

Feeling

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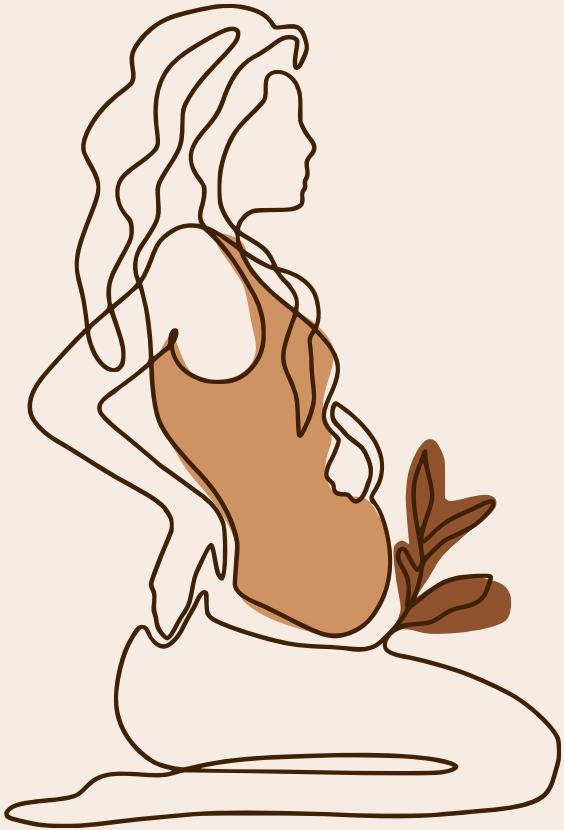
My thoughts

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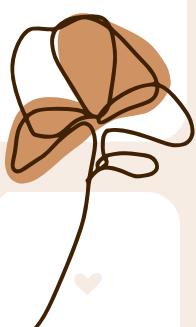
WEEK: *Eleven*
DATE:

Feeling

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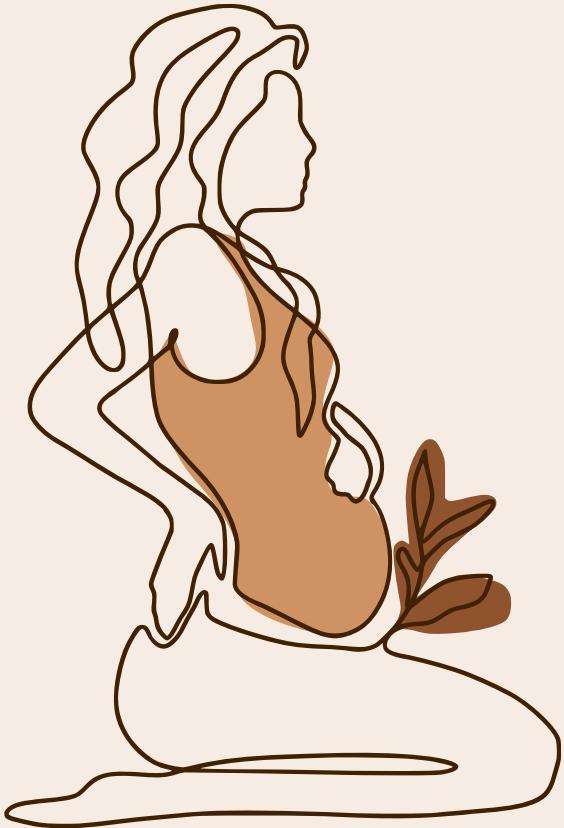
My thoughts

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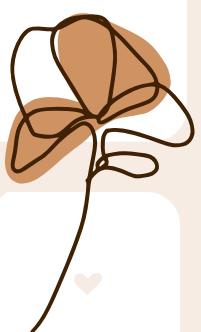
WEEK: *Twelve*
DATE:

Feeling

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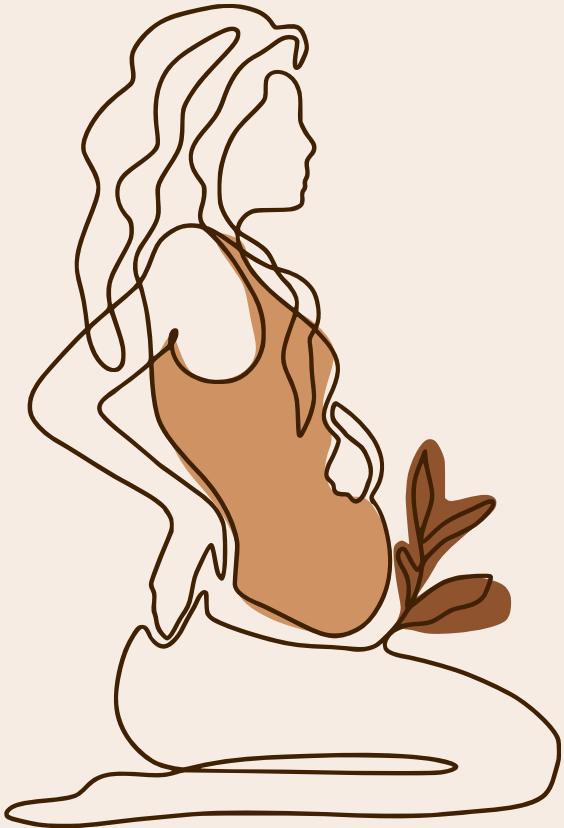
My thoughts

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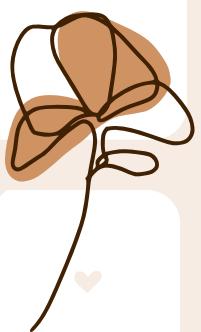
WEEK: Thirteen
DATE:

Feeling

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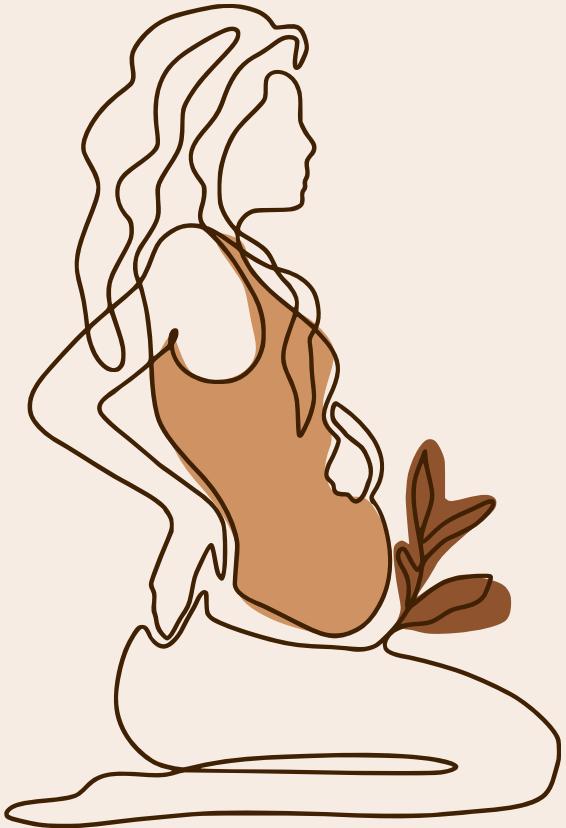
My thoughts

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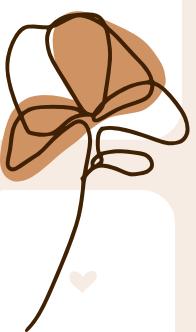
WEEK: *Fourteen*
DATE:

Feeling

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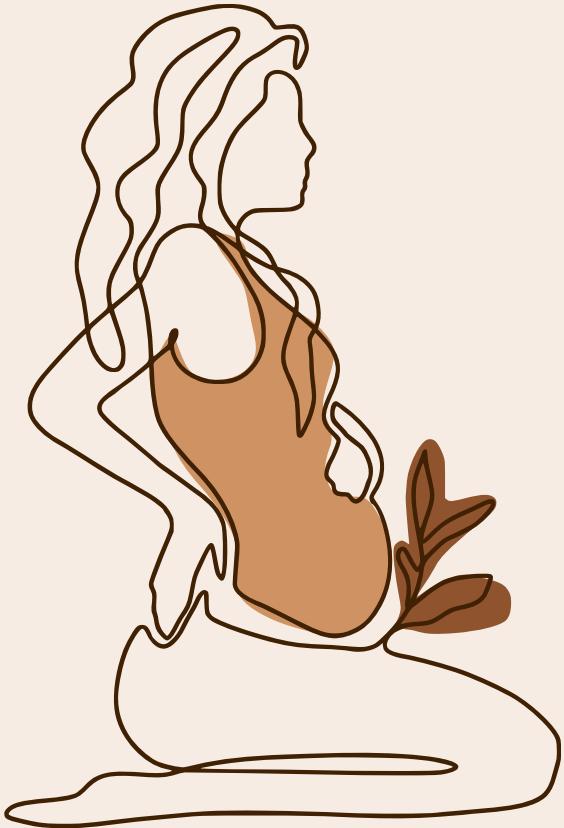
My thoughts

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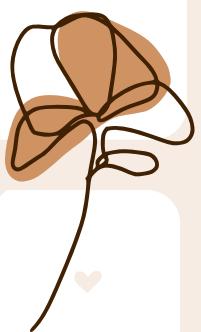
WEEK: *Fifteen*
DATE:

Feeling

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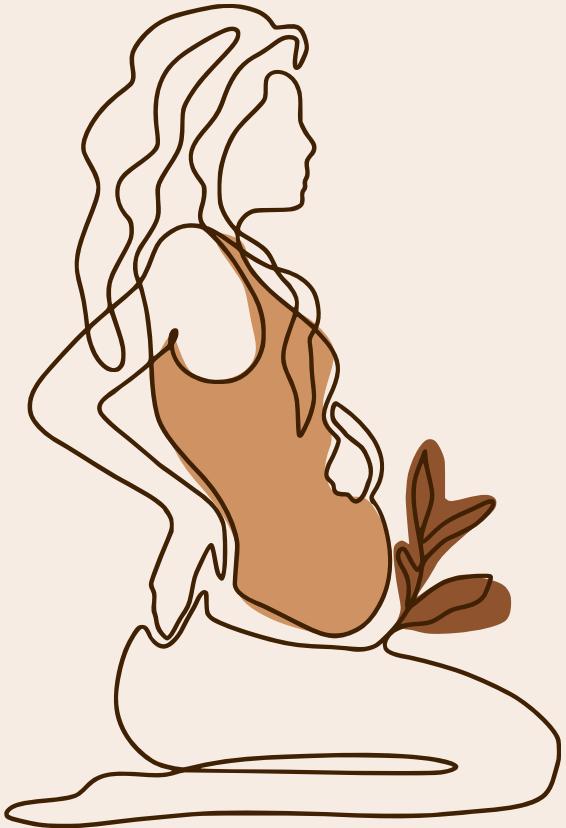
My thoughts

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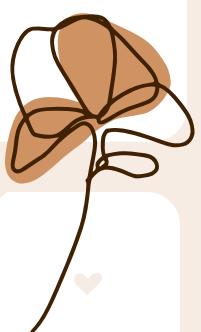
WEEK: *Sixteen*
DATE:

Feeling

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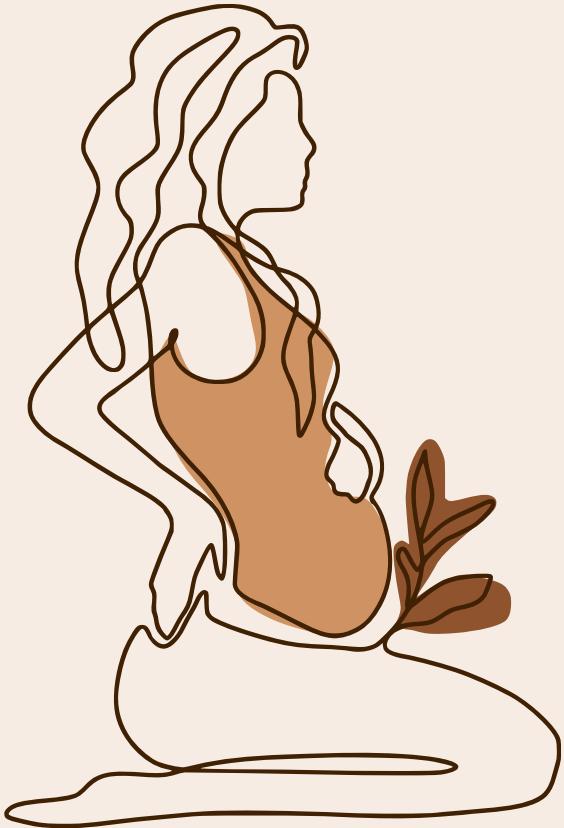
My thoughts

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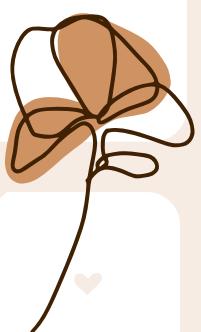
WEEK: *Seventeen*
DATE:

Feeling

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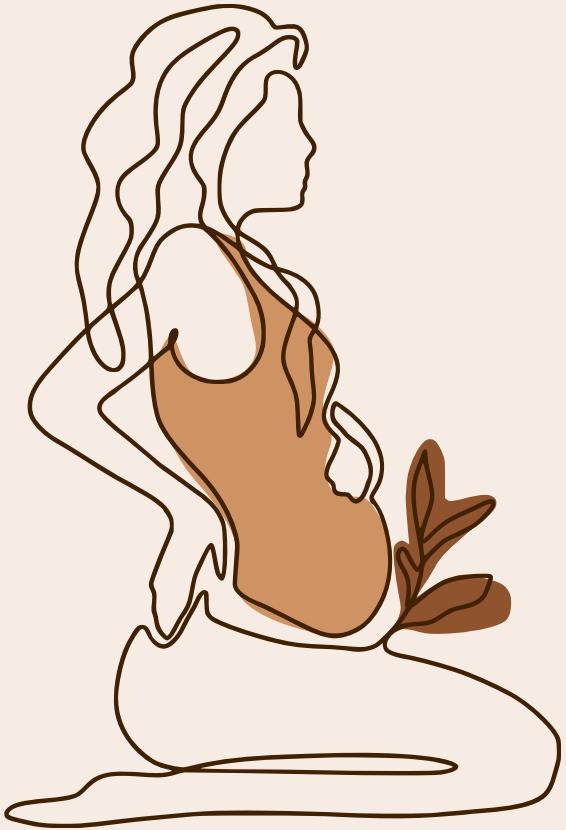
My thoughts

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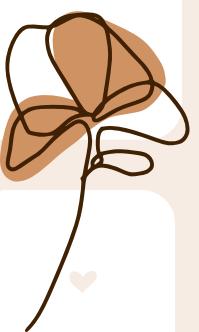
WEEK: Eighteen
DATE:

Feeling

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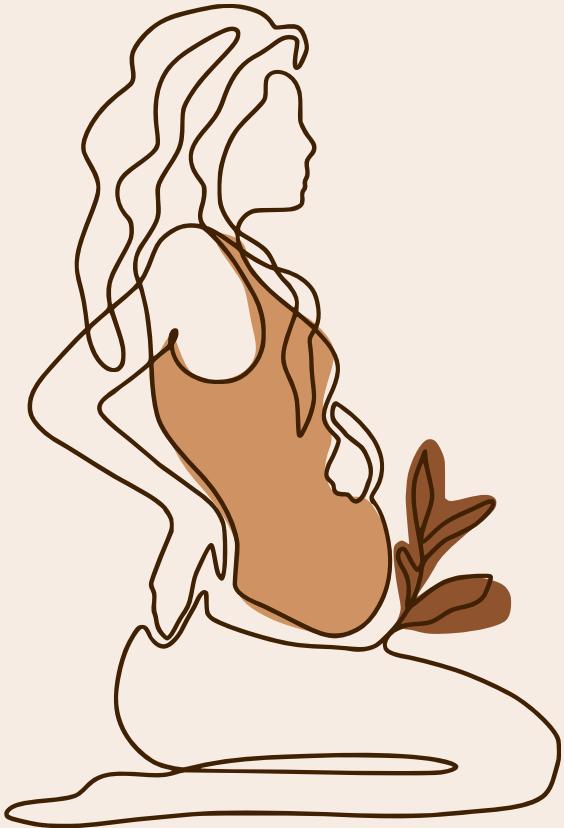
My thoughts

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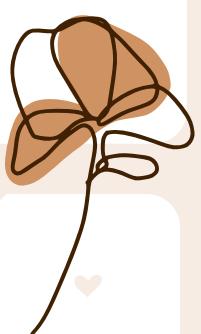
WEEK: *Nineteen*
DATE:

Feeling

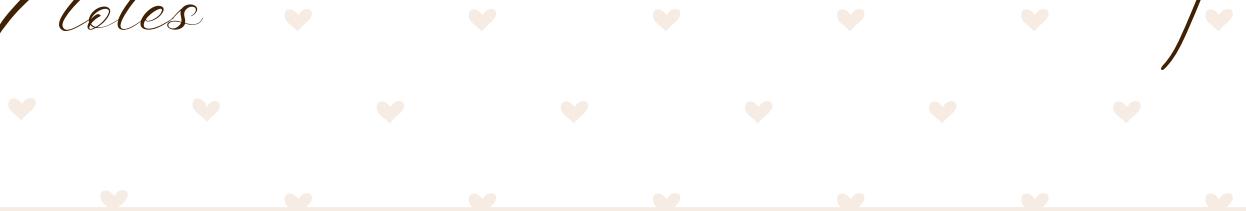
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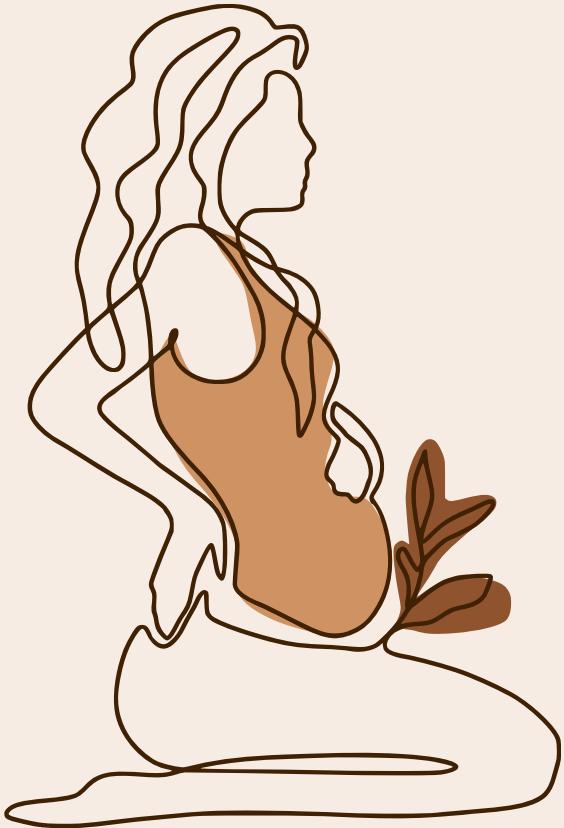
My thoughts

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Notes





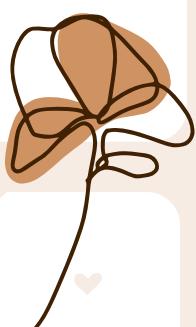
WEEK: *Twenty*
DATE:

Feeling

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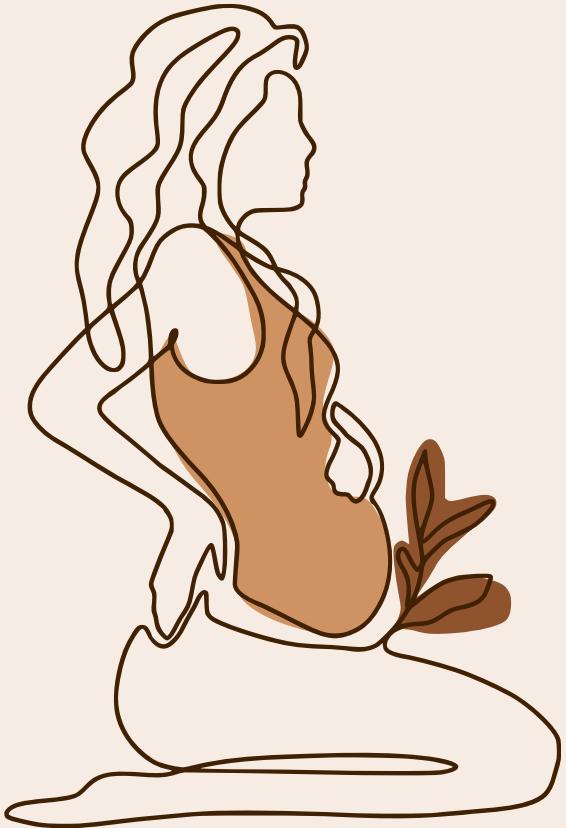
My thoughts

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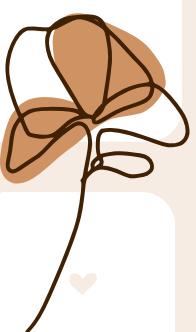
WEEK: Twenty-One
DATE:

Feeling

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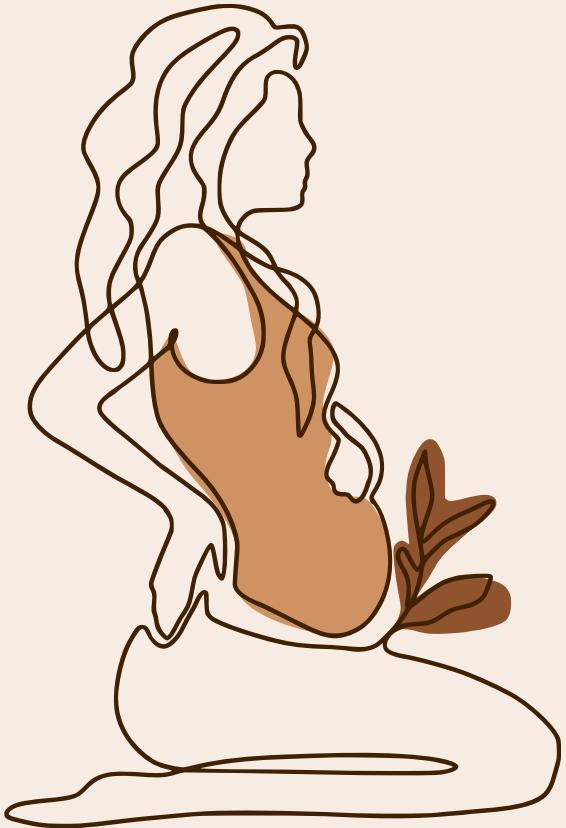
My thoughts

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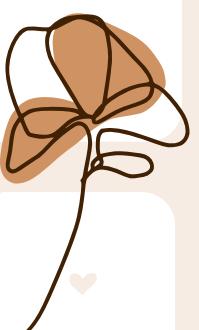
WEEK: Twenty-Two
DATE:

Feeling

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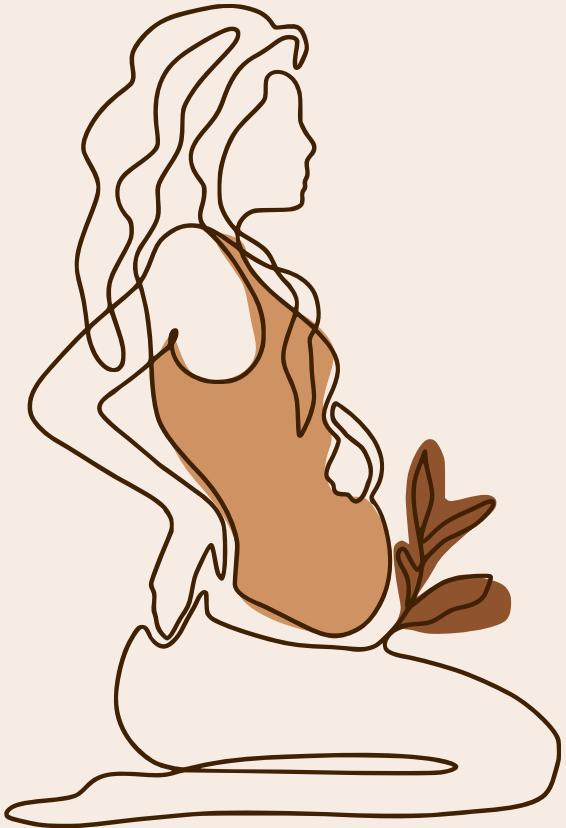
My thoughts

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WEEK: Twenty-Three
DATE:

Feeling

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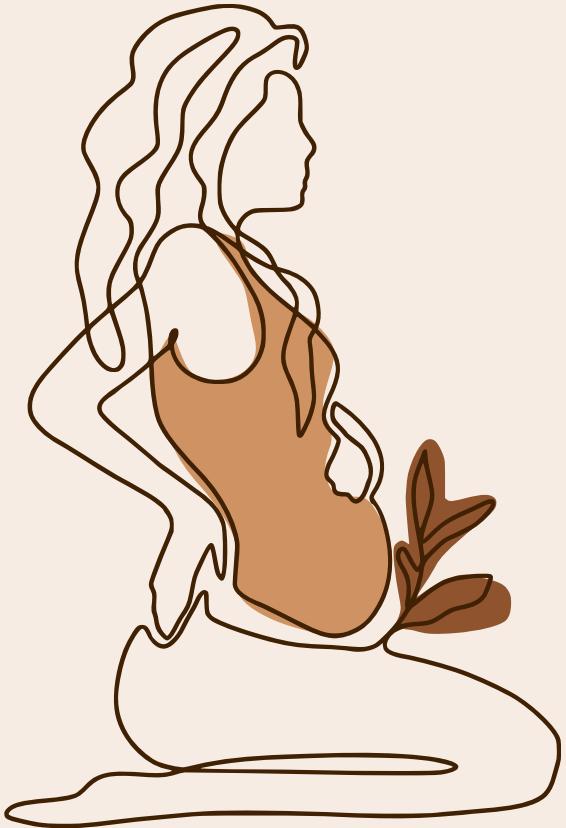
My thoughts

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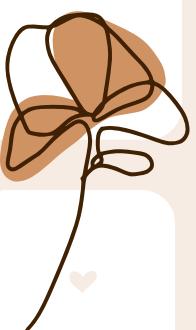
WEEK: Twenty-Four
DATE:

Feeling

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My thoughts

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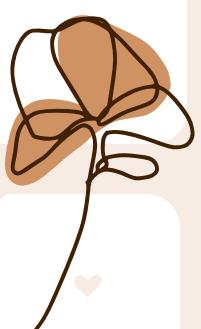
WEEK: Twenty-Five
DATE:

Feeling

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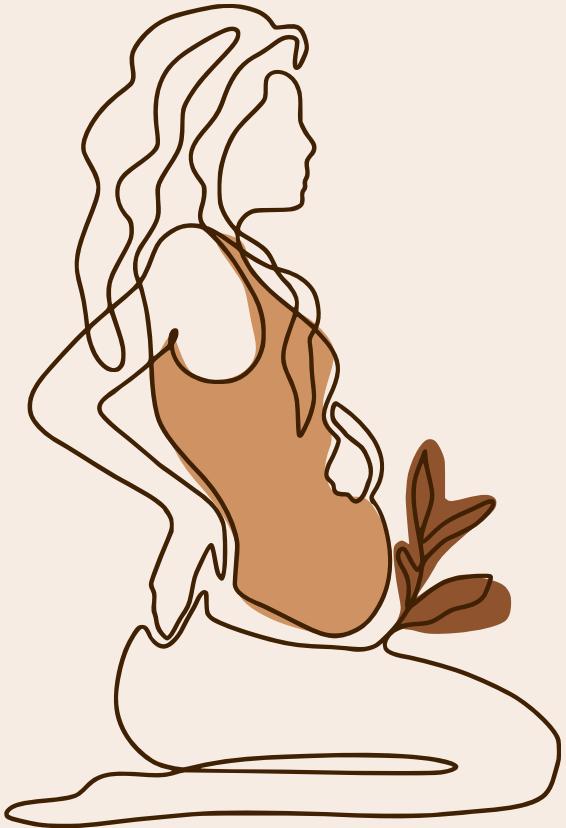
My thoughts

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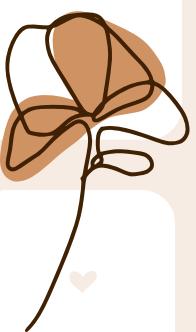
WEEK: Twenty-Six
DATE:

Feeling

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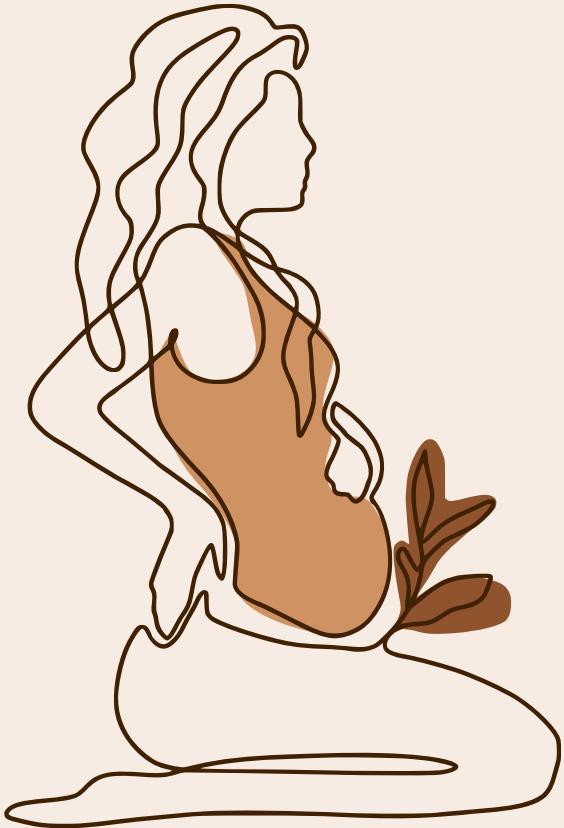
My thoughts

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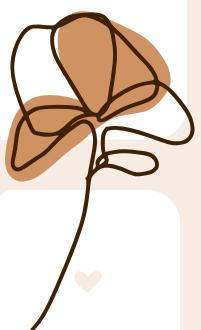
WEEK: Twenty-Seven
DATE:

Feeling

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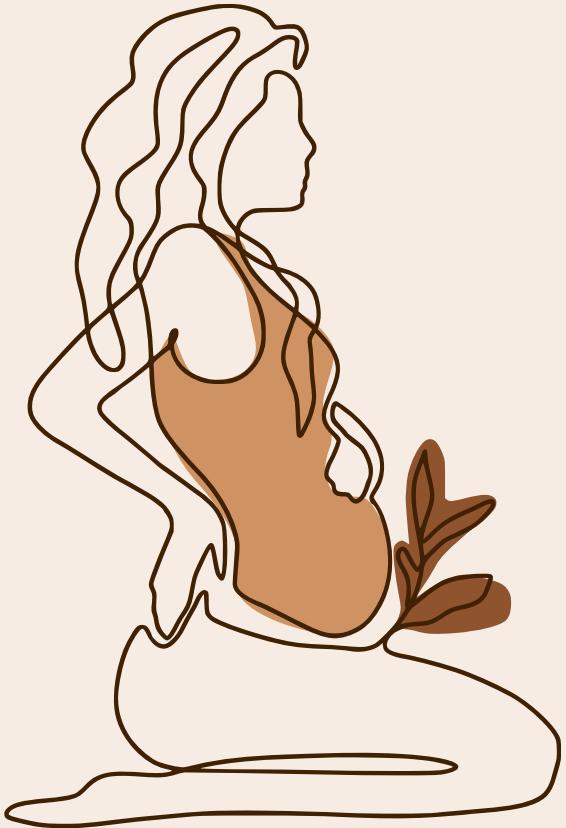
My thoughts

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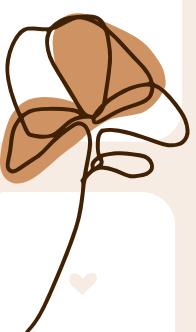
WEEK: *Twenty-Eight*
DATE:

Feeling

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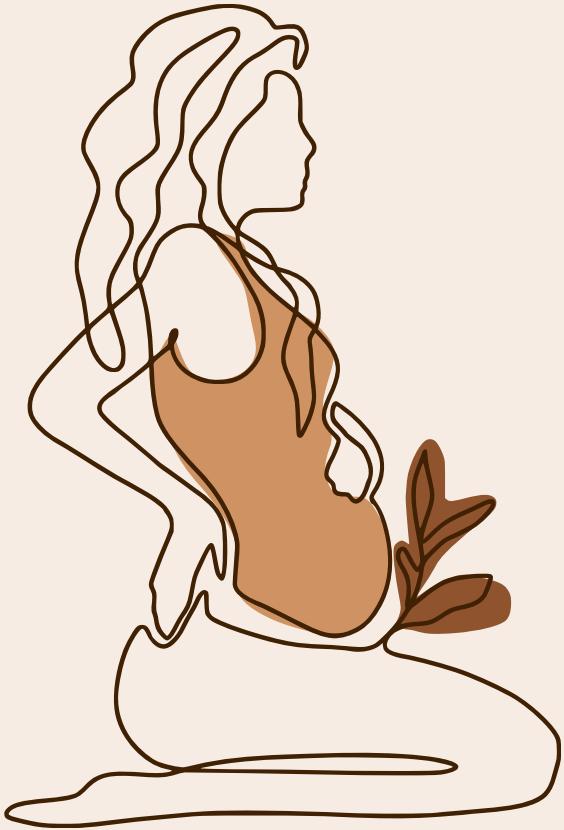
My thoughts

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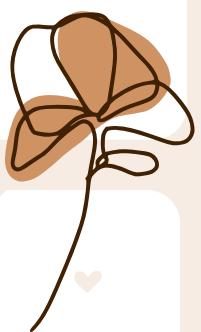
WEEK: Twenty-Nine
DATE:

Feeling

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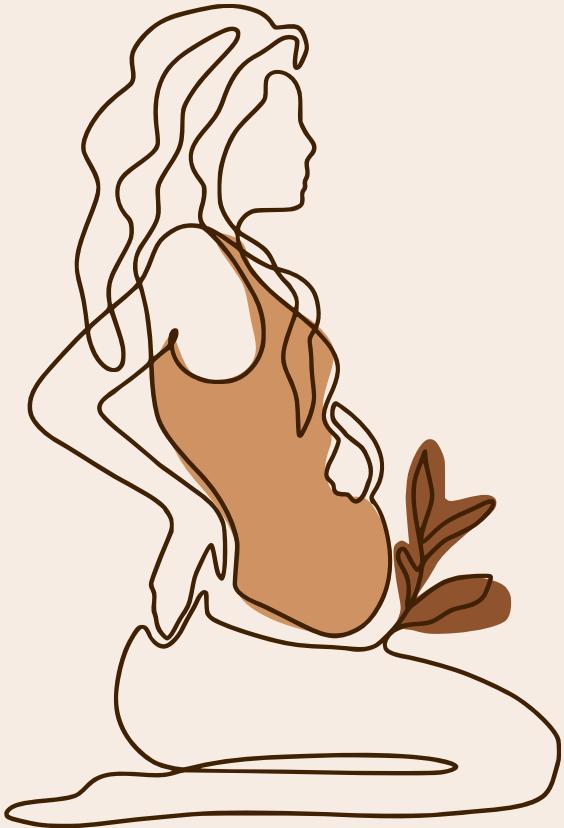
My thoughts

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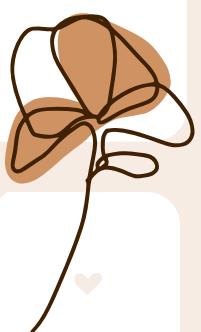
WEEK: *Thirty*
DATE:

Feeling

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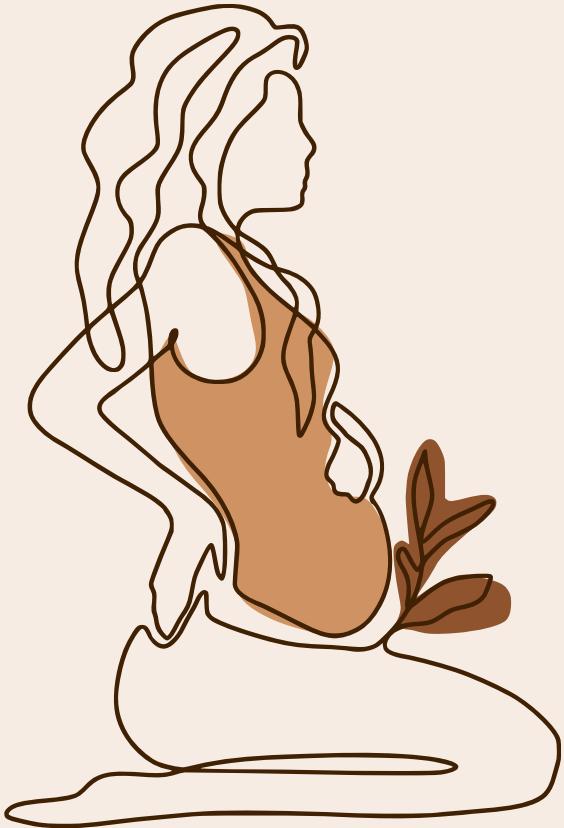
My thoughts

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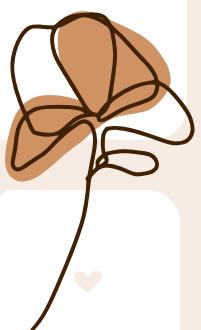
WEEK: *Thirty One*
DATE:

Feeling

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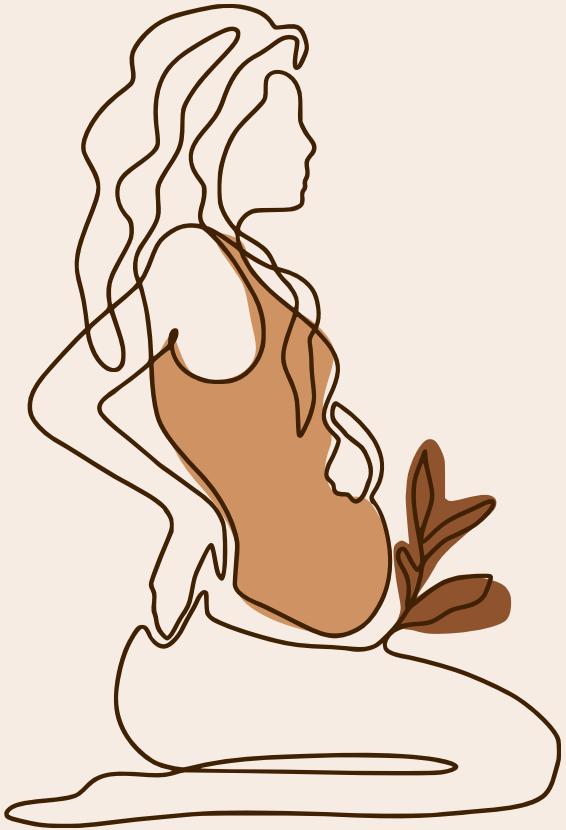
My thoughts

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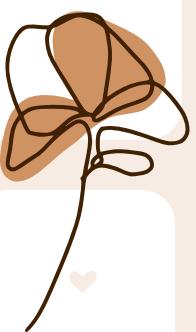
WEEK: *Thirty-Two*
DATE:

Feeling

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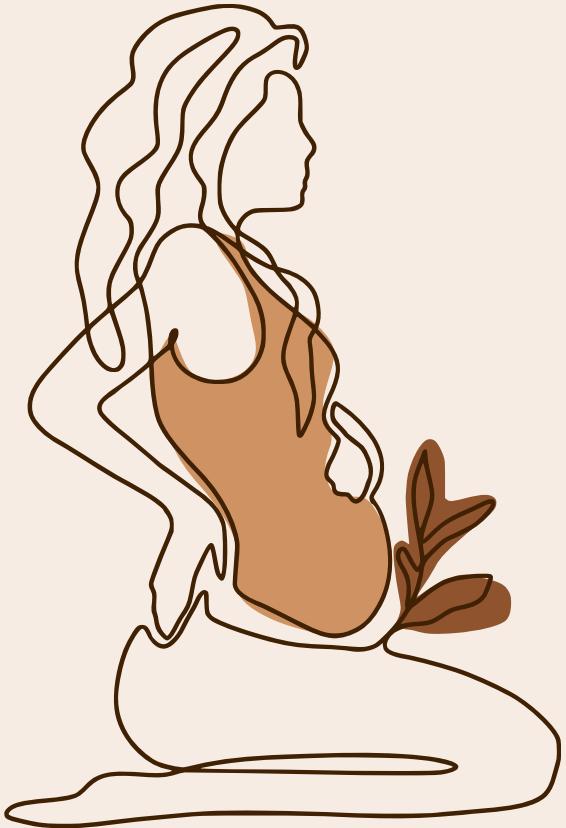
My thoughts

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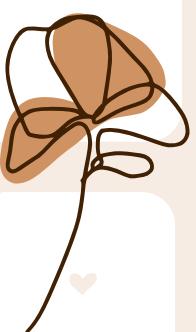
WEEK: *Thirty-Three*
DATE:

Feeling

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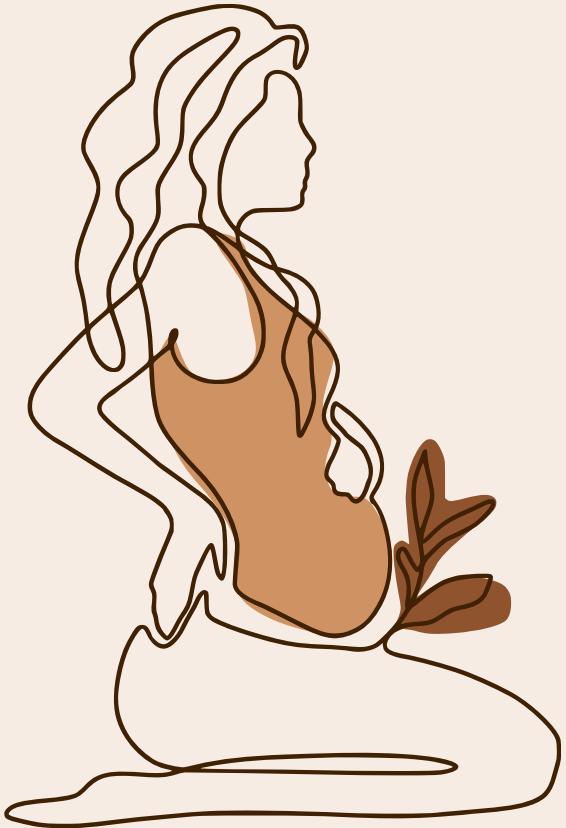
My thoughts

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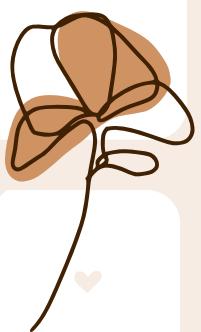
WEEK: *Thirty-Four*
DATE:

Feeling

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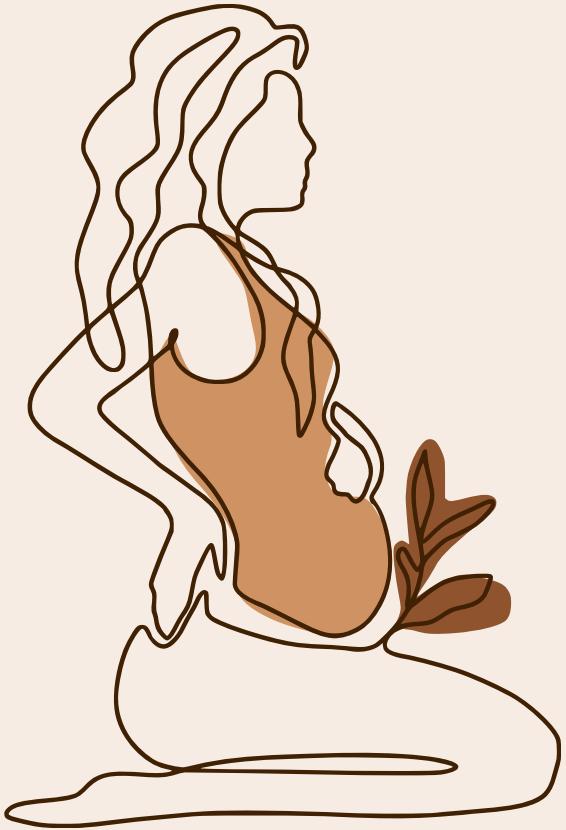
My thoughts

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Notes

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥



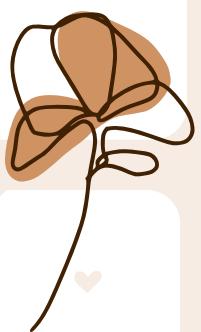
WEEK: *Thirty-Five*
DATE:

Feeling

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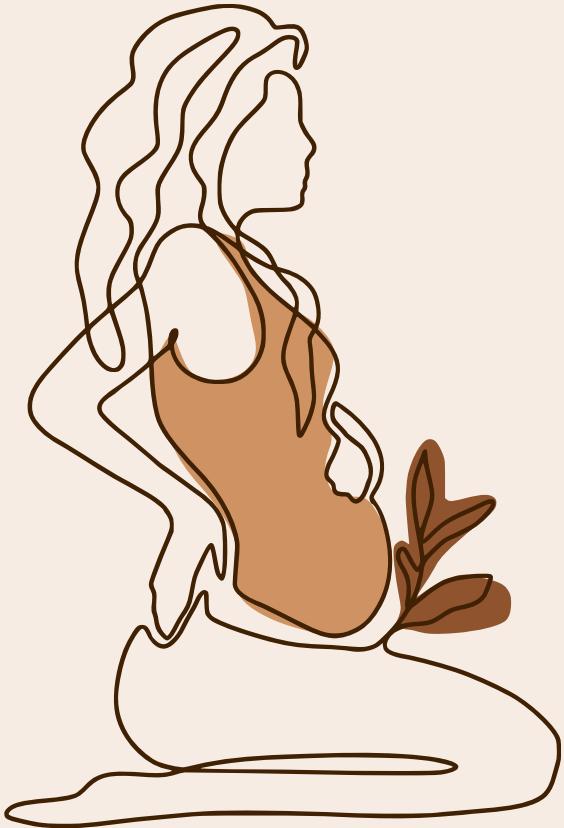
My thoughts

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Notes

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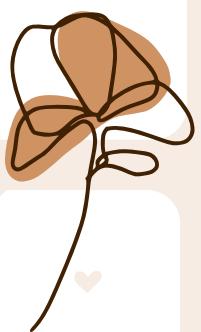
WEEK: *Thirty-Tix*
DATE:

Feeling

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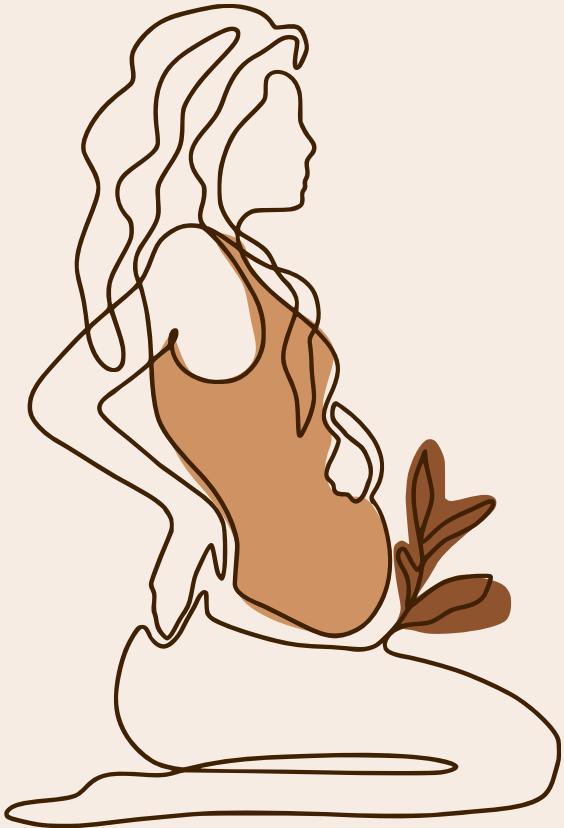
My thoughts

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Notes

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥



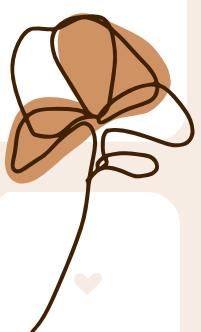
WEEK: *Thirty-Seven*
DATE:

Feeling

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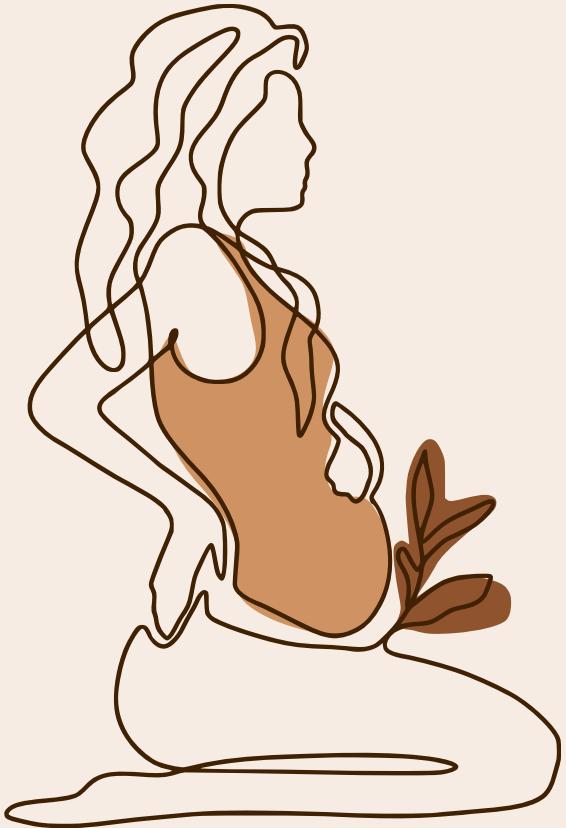
My thoughts

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Notes

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥



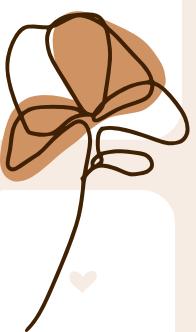
WEEK: *Thirty-Eight*
DATE:

Feeling

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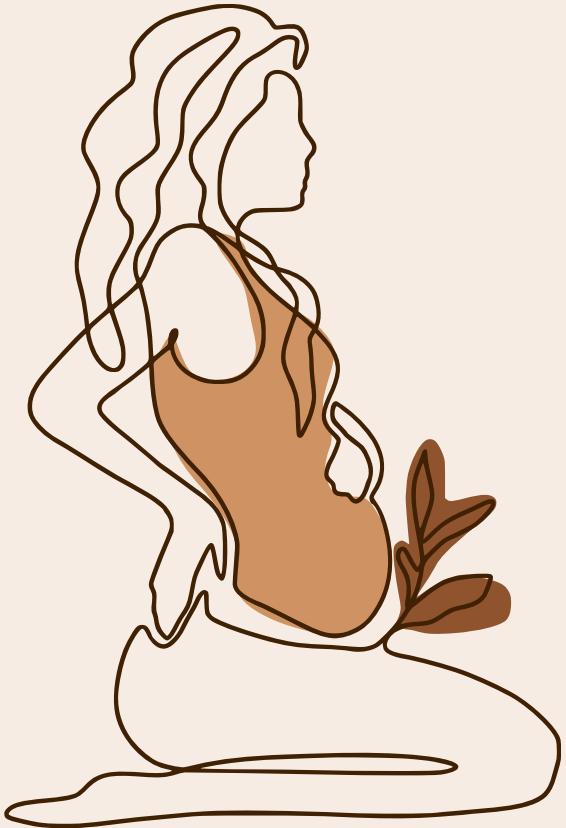
My thoughts

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Notes

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥



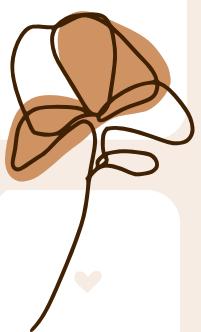
WEEK: *Thirty-Nine*
DATE:

Feeling

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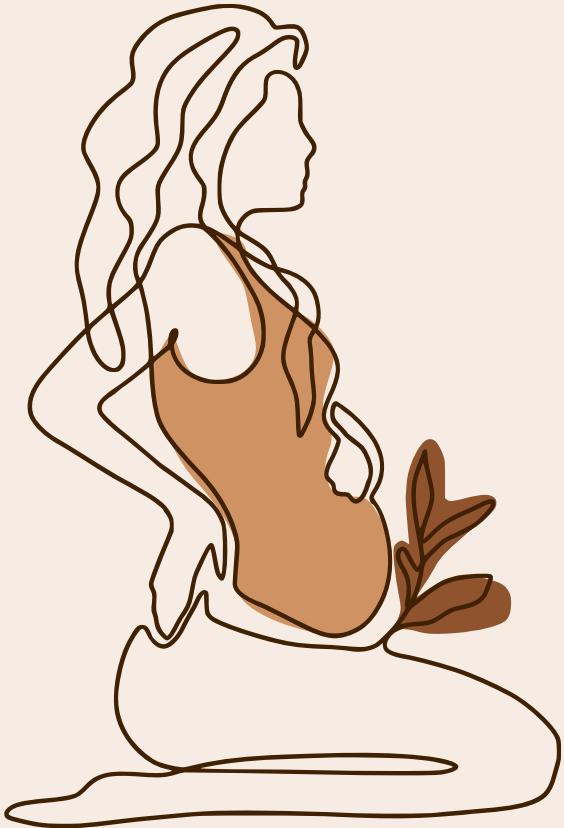
My thoughts

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Notes





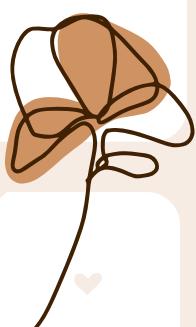
WEEK: *Forty*
DATE:

Feeling

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My thoughts

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Notes



Medical Appointments

DATE:

MY WEIGHT:

QUESTIONS TO THE DOCTOR

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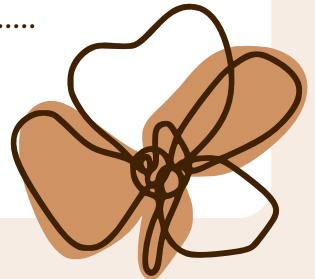
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APPOINTMENTS

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TO DO

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Medical Appointments

DATE:

MY WEIGHT:

QUESTIONS TO THE DOCTOR

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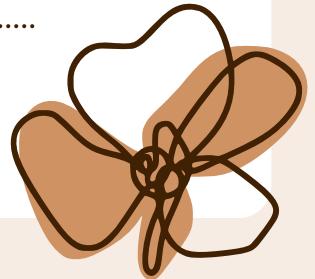
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APPOINTMENTS

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TO DO

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Medical Appointments

DATE:

MY WEIGHT:

QUESTIONS TO THE DOCTOR

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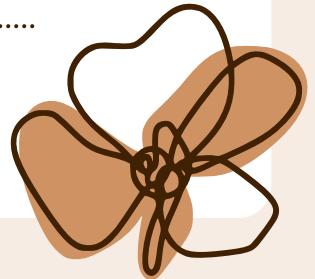
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APPOINTMENTS

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TO DO

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Medical Appointments

DATE:

MY WEIGHT:

QUESTIONS TO THE DOCTOR

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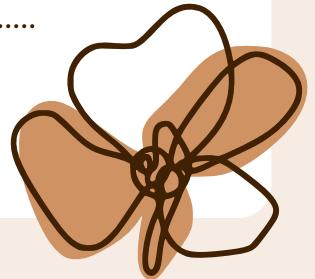
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APPOINTMENTS

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TO DO

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Medical Appointments

DATE:

MY WEIGHT:

QUESTIONS TO THE DOCTOR

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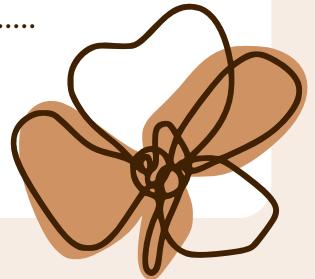
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APPOINTMENTS

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TO DO

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Medical Appointments

DATE:

MY WEIGHT:

QUESTIONS TO THE DOCTOR

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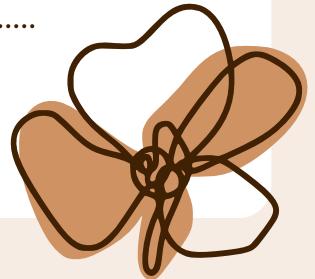
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APPOINTMENTS

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TO DO

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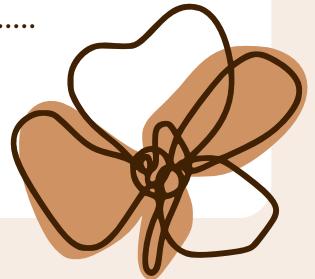
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APPOINTMENTS

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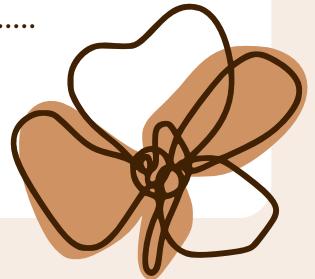
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APPOINTMENTS

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TO DO

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Medical Appointments

DATE:

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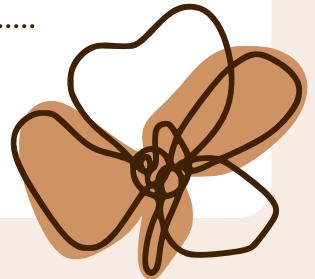
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APPOINTMENTS

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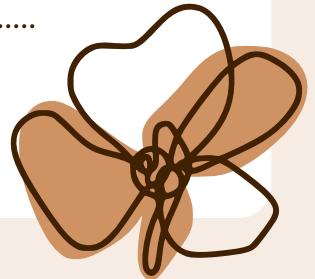
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APPOINTMENTS

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DATE:

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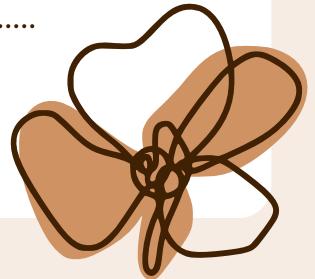
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APPOINTMENTS

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TO DO

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Medication

MEDICATION	DATE	TIME	TAKEN
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			♥



Medication

MEDICATION	DATE	TIME	TAKEN
			♥
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Baby name ideas

TOP 5
BABY NAMES



My hospital bag

FOR MOM

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FOR BABY

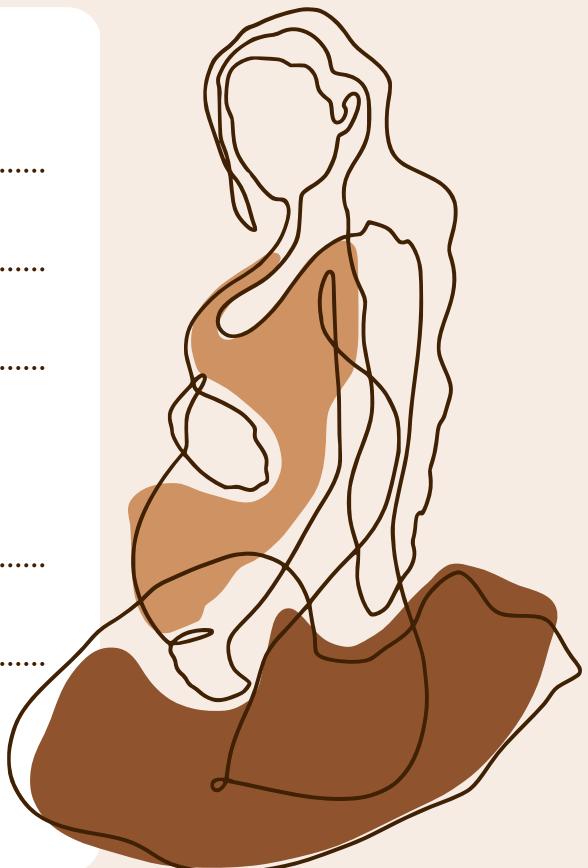
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TOILETRIES

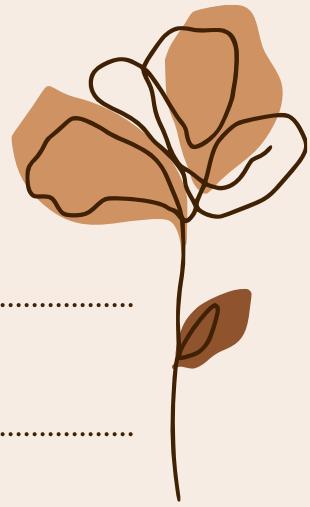
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ELECTRONICS

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Dear Baby.



LOVE, MOTHER