

Bump To Baby Mothering Services

Magic Valley Resources

Family resources

Prenatal
Postpartum
Pediatric
and more!



Birth Doula's

Magic Valley Doula Collective

[Magic Valley Doula Collective \(magicvalleydoulas.com\)](http://magicvalleydoulas.com)

Calista Jensen with “Bump to Baby Mothering Services” (928) 301-6494

Sarah Ahrens with “Rooted with Love Doula & Lactation Services” (208) 320-1306

Jacquelyn Crocker with “Essential Bliss Birth” (208) 410-6680

Shonnie Unruh with “Shonnie: Infant Natural Health” (208) 731-8374

Bereavement Doula's

Jessica Bair - Lavender & Honey Doula Services

lavenderandhoneydoula@gmail.com (385) 271-4060

(Saratoga Springs UT) (Does travel to Idaho.)

Wildflower Intuitive Center - 208-330-0333

<https://www.wildflowerintuitivecenter.com/illness-and-end-of-life-doula-services/>

(BOISE ID)

Calista Jensen with “Bump to Baby Mothering Services” (928) 301-6494

[Bump To Baby Mothering Services \(godaddysites.com\)](http://godaddysites.com)

Postpartum Doula's

Jacquelyn Crocker with “Essential Bliss Birth” (208) 410-6680

Calista Jensen with “Bump To Baby Mother Services” (928) 301-6494

Placenta Encapsulation

Lindsay Rae- “Wild About Nature Midwifery” (208)490-0203

Calista Jensen with “Bump To Baby Mother Services” (928) 301-6494

Birth Center's

Twin Falls Midwifery -625 4th Ave E, Twin Falls, ID 83301- (208) 570-9914-

<https://twinfallsmidwifery.com/>

Wild About Nature Midwifery - 134 Center St E, Kimberly, ID 83341- (208) 490-0203-

<https://www.wildaboutnaturemidwifery.com/>

Birth Photographers

Whitney Majors with “Whitney Majors Photo and Film” (208) 329-6233

Mackenzie Winnett with “Mackenzie Winnett Photography” (586) 215-2603

Taylor Turnovec with “Taylor Turnovec Photo” Taylorturn@gmail.com

"Baby Friendly" Hospital's

Magic Valley St. Lukes Medical Center (208) 814-1000

801 Pole Line Rd W, Twin Falls, ID 83301

St. Alphonsus Regional Medical Center: Family Maternity Center (208) 367-2121

1055 N Curtis Rd, Boise, ID 83706

Breastfeeding Support Groups

La Leche League International (Online)

<https://llli.org/get-help/breastfeeding-support-facebook-group/>

Kailey Warburton with "The Mama Coach" (425) 760-5459

Sarah Ahrens with "Rooted with Love Doula & Lactation Services" (208) 320-1306

Breastfeeding Classes

Kailey Warburton with "The Mama Coach" (425) 760-5459

Sage Women's Center 158 Blake St N, Twin Falls, ID 83301 (208)423-7742

Childbirth educators and Childbirth Classes/Course's

Sarah Ahrens with "Rooted with Love Doula & Lactation Services" (208) 320-1306

Jacquelyn Crocker with "Essential Bliss Birth" (208) 410-6680

St. Luke's Magic Valley <https://www.stlukesonline.org/communities-and-locations/classes-and-events/childbirth-preparation-twin-falls>

Beth Hartman with "Twin Falls Midwifery" (208) 570-9914- <https://twinfallsmidwifery.com/>

Tricia Sutherland with "Wild About Nature Midwifery" (208) 490-0203-
<https://www.wildaboutnaturemidwifery.com/>

Childcare Option's

Twin Falls Reformed Church 1631 Grandview Dr N, Twin Falls, ID 83301 (208) 733-6128

Jazzy's Early Learning Center LLC 1411 Falls Ave E #501, Twin Falls, ID 83301 (208) 736-0382

Kreative Kids Academy 1363 Parkview Dr, Twin Falls, ID 83301 (208) 731-2967

Rise and Shine Learning Center LLC 677 Filer Ave D, Twin Falls, ID 83301 (208) 734-9718

Chiropractors for Pregnant Mothers and Families (Webster Certified)

Dr. Jill's Family Chiropractic Center (208)734-3030

788 Eastland DR. STE B. Twin Falls, ID 83301

<https://www.drjillfamilychiro.com/>

Neilsons Family Chiropractic (208) 733-2322

1330 Filer Ave E, Twin Falls, ID 83301

<https://www.twinfallschiropractor.com/>

Counselors/Therapist's

Alliance Family Services (Pete and Tracy)

1411 Falls Ave E # 703, Twin Falls, ID 83301 (208) 737-0572

Turning Point Center for Change

589 Shoup Ave W, Twin Falls, ID 83301 (208) 734-4250

Family Health Services Behavioral Health

826 Eastland Dr, Twin Falls, ID 83301 (208) 734-1281

Eating Healthy in Pregnancy

Wic 1020 Washington St N, Twin Falls, ID 83301 (866) 710-9775

Sage Women's Center Pregnancy Services 158 Blake St N, Twin Falls, ID 83301 (208) 423-7742

Health Food Store's

Stay Well Health Food Store 1563 Fillmore St # 1B, Twin Falls, ID 83301 (208) 733-8311

Natural Grocers 1195 N Milwaukee St, Boise, ID 83704 (208) 378-7323

Infant CPR Classes

Boss CPR 302 Idaho St E, Twin Falls, ID 83301 (208) 731-4461

American Red Cross Training Services (ONLINE)

<https://www.redcross.org/take-a-class/classes/child-and-baby-first-aid%2Fcpr%2Faed-online-ol/a6R3o000001vv2U.html>

Infant Massage Classes

Sage Women's Center Pregnancy Services 158 Blake St N, Twin Falls, ID 83301 (208) 423-7742

Kailey Warburton with "The Mama Coach" (425) 760-5459

Lactation Consultant's

Kailey Warburton with "The Mama Coach" (425) 760-5459

Sarah Ahrens with "Rooted with Love Doula & Lactation Services" (208) 320-1306

Massage Therapists (that can do pregnancy massage)

Mary Ann Lewis with "Angel of Life Holistic Healing" (951) 750-9867

Nicole McCaughey with "Nurturing Touch Massage" (208) 420-6746

Midwives -CNM's in Hospital

Melissa Merrill- 132 5th Ave. W. Suites 1 and 2 Jerome, ID 83338 -

(208) 814-9800 St. Lukes Clinic

Paige M. Knickrehm- 520 S. Eagle Rd. Suites 3209 and 3219 Meridian, ID 83642-

(208) 706-3220 St. Lukes Clinic

Chelsey F. Hymas- 520 S. Eagle Rd. Suites 3209 and 3219 Meridian, ID 83642-

(208) 706-3220

Midwives - CNM's - Out of Hospital (birth center or home births)

Treasure Valley Midwives 207 W Washington St #5989, Boise, ID 83702 [\(208\) 343-2079](tel:2083432079)

New Beginnings Birth Center 270 N Linder Rd, Meridian, ID 83642 [\(208\) 884-1223](tel:2088841223)

Midwives - CPM's - Birth Center

Beth with "Twin Falls Midwifery" [\(208\) 570-9914](tel:2085709914)- <https://twinfallsmidwifery.com/>

Cami with "Twin Falls Midwifery" [\(208\) 570-9914](tel:2085709914)- <https://twinfallsmidwifery.com/>

Tricia with "Wild About Nature Midwifery" (208)490-0203

<https://www.wildaboutnaturemidwifery.com/>

Midwives -CPMS' For Home Birth's

Beth with "Twin Falls Midwifery" [\(208\) 570-9914](tel:2085709914)- <https://twinfallsmidwifery.com/>

Cami with "Twin Falls Midwifery" [\(208\) 570-9914](tel:2085709914)- <https://twinfallsmidwifery.com/>

Tricia with "Wild About Nature Midwifery" (208)490-0203

<https://www.wildaboutnaturemidwifery.com/>

Mothers of Multiple's Birth Groups/Associations

Boise Mothers of Multiples- BMOM <https://www.facebook.com/people/Boise-Mothers-of-Multiples-BMOM/100067595826498/>

Multiples of America (ONLINE) <https://multiplesofamerica.org/>

Naturopathic/Homeopathic Services/Clinics

Southern ID Naturopathic Clinic 488 Blue Lakes Cir # 107, Twin Falls, ID 83301 [\(208\) 733-2610](tel:2087332610)

Holistic Health & Wellness 206 Martin St a, Twin Falls, ID 83301 [\(208\) 735-1166](tel:2087351166)

New Mothers/Fathers/Parents Groups

TFRC Moms Group <https://www.facebook.com/TFRCmomsGroup/>

Love & Logic Parenting Group (208) 737-9999 x1105

Obstetricians - Natural Birth Friendly

Dr. Romney Kenneth 388 Martin St, Twin Falls, ID 83301 [\(208\) 734-0451](tel:2087340451)

Dr. Cathy Canty 388 Martin St, Twin Falls, ID 83301 [\(208\) 734-0451](tel:2087340451)

Dr. Paul Stevens 801 Pole Line Rd W 3rd floor suite 3880, Twin Falls, ID 83301 [\(208\) 814-8500](tel:2088148500)

Obstetricians - Twins/Multiples

St. Lukes Clinic - Obstetrics and Gynecology Twin Falls 801 Pole Line Rd W 3rd floor suite
3880, Twin Falls, ID 83301 [\(208\) 814-8500](tel:(208)814-8500)

St. Lukes Clinic - Maternal Fetal Medicine: Boise 333 N 1st St #150, Boise, ID 83702
[\(208\) 381-308](tel:(208)381-308)

Obstetricians - VBAC Friendly

Dr. Romney Kenneth 388 Martin St, Twin Falls, ID 83301 [\(208\) 734-0451](tel:(208)734-0451)

Dr. Paul Stevens 801 Pole Line Rd W 3rd floor suite 3880, Twin Falls, ID 83301
[\(208\) 814-8500](tel:(208)814-8500)

Parenting Classes (Sibling Classes, Newborn Care, etc)

Sage Women's Center Pregnancy Services 158 Blake St N, Twin Falls, ID 83301 [\(208\) 423-7742](tel:(208)423-7742)

Parenting Classes (ONLINE) <https://www.onlineparentclass.com/Parenting-Classes-Idaho-Twin-Falls-County.aspx>

St Lukes Family Be Safe Class <https://www.stlukesonline.org/communities-and-locations/classes-and-events/family-be-safe-class--twin-falls>

Pediatricians that will allow a delayed vaccination schedule-

Aeris Pediatrics 706 N College Rd Ste D, Twin Falls, ID 83301 [\(208\) 391-5952](tel:(208)391-5952)

Frontier Pediatric Partners 1502 Locust St N #700, Twin Falls, ID 83301 [\(208\) 595-5095](tel:(208)595-5095)

Pediatricians that will be okay with NO vaccinations-

Aeris Pediatrics 706 N College Rd Ste D, Twin Falls, ID 83301 [\(208\) 391-5952](tel:(208)391-5952)

Frontier Pediatric Partners 1502 Locust St N #700, Twin Falls, ID 83301 [\(208\) 595-5095](tel:(208)595-5095)

Pelvic Floor Specialist's

CPR Physical Therapy + Performance 2634 Addison Ave E, Twin Falls, ID 83301 [\(208\) 326-2000](tel:(208)326-2000)

Body Balance Physical Therapy 1053 Eastland Dr, Twin Falls, ID 83301 [\(208\) 736-9011](tel:(208)736-9011)

Physical Therapist's

CPR Physical Therapy + Performance 2634 Addison Ave E, Twin Falls, ID 83301
[\(208\) 326-2000](tel:(208)326-2000)

LifeStyles Therapy & Wellness Center 276 Eastland Dr N, Twin Falls, ID 83301
[\(208\) 735-8563](tel:(208)735-8563)

Single Parenting Group's

Single Moms Unite LLC Group- FACEBOOK

Parents Without Partners <https://www.parentswithoutpartners.org/>

Support Groups for Parents of Children with Special Need's

Magic Valley Autism Parents

<https://www.ipulidaho.org/123-resources-and-partners/support-group-l/331-sg-mvap>

RISE Services, Inc. (208) 735-2134

Infusions

Twin Falls Infused Health (208) 244-0021

Gem State Infusion (208) 358-5460

Maternity/Nursing Clothes

Target

Ross

Old Navy

Kohls

GoodWill

Deseret Industries

Mustard Seed

Maid Service's

Dani's House Cleaning (208) 404-3925

Keeping Clean (208) 329-0552

Happy Housekeepers (208) 736-6200