



Doula Contract

Services

Calista will provide email and text support for non-labor questions and concerns during normal business hours from the time of hire and signing of contract until 6 weeks postpartum.

On Call Services:

Prior to 38 weeks: After hiring Calista and signing of the doula contract, Calista will be “on call” for labor support 24 hours a day, 7 days a week. Calista or her backup/s are ready to serve the client at any point in her pregnancy that she may deliver. However, prior to 38 weeks, Calista may travel out-of-town and backup doula support will be provided.

38-42 Weeks: Calista considers 38-42 weeks “on call time”. This means that Calista will be within 2 hour response time during the on call period, unless agreed to by all parties. (See “Doula FAQ’s” for more information)

Prenatal Visit/s:

After hiring and signing the doula contract, Calista will provide at least one face to face visit prior to labor. We understand that if we are hiring Calista 4 weeks or less, prior to our delivery, we may not be able to schedule this face to face visit. (See “Doula FAQ’s for more information)

Birth Support:

Calista will provide unlimited birth support within her physical limits. Please understand that if labor is unusually long (or if Calista has been awake for over 20 hours), Calista may need to bring in backup support. (See “Doula FAQ’s for more information)

Postpartum Visit/s:

Calista will provide at least one postpartum visit. This postpartum visit usually takes place at the client’s home, and any other location cannot be guaranteed by Calista. The client agrees to call/text or email Calista when they are ready for the postpartum visit, and schedule it around her availability. (See “Doula FAQ’s for more information)

The Doula

I/We, have discussed and reviewed our wishes with our doula, Calista Jensen.

1. I understand that planning for our baby's birth may not go as I imagine or plan and that Calista cannot control the outcome of my birth.
2. I understand that Calista is not hired by the hospital or midwife, but by the person/s signing this agreement.
3. Calista will not perform any medical procedures or make decisions regarding medical care for the mother and/or baby, nor will she speak to labor and delivery staff on my behalf.
4. Calista will support the decisions of the mother and partner within the limits of her expertise.
5. I understand that Calista will provide emotional and physical support to both my labor partner (spouse, mother, etc.) and to the laboring mother.
6. Calista will strive to create a calm and peaceful environment within the circumstances allowed by the location.
7. I understand that Calista will be accessible by telephone for any questions or concerns twenty-four hours a day, seven days a week upon signing and receiving deposit. However, I will respect her time and only call or text in the middle of the night if I am in labor or have a very concerning question.
8. I understand that Calista will come to the location of our choice, (home, hospital or birth center), and we will clearly communicate to Calista if she needs to meet us elsewhere.
9. Calista (or backup doula), will remain with the mother once active labor has begun unless all parties agree that she leaves to rest.
10. Calista will remain with the mother at least 30 minutes after birth.
11. I understand that if Calista cannot attend my birth, she will provide a backup doula in her place. Calista will be responsible for the backup-doula fees.
12. In the event of a rapid birth or emergency situation while laboring at home, Calista may insist on someone calling 911 or if a homebirth, the attending midwife. If the mother or support person/s do not call, Calista will make this call herself. If there is another capable person available at this time, they will be responsible for 'catching' the baby. If for some reason, there is no other able-bodied person to help, Calista will do what is instructed to her by 911 dispatch (or midwife). This will fall under "The Good Samaritan Law".
Calista will not support an intended Unassisted Birth.

The Client

1. I understand I need to keep Calista apprised of any changes in our situation, such as health changes, changes of birth place or home address.
2. I agree to disclose any communicable diseases/health issues so that my doula(s) may take appropriate precautions. In case of contagious disease or illness at the time of birth, Calista or her backup doula/s cannot guarantee birth support. Partial refunds will be at Calista's discretion.
3. I agree to call Calista when the first sign of labor begins so that she can make arrangements to attend our birth. Full doula payment will be owed, (or not reimbursed) should we fail to call in a timely manner for her to attend the birth.
4. The mother or partner will clearly communicate the request for Calista to come and provide labor support. Calista will do everything within her own power to arrive within 2 hours of that request while she is on call for us during our due date time period (see on call services).
5. We understand that in bad weather, or rush hour traffic, we will need to factor Calista's travel time into those two hours.
6. I understand that if labor is unusually long (over 20 hours), Calista may leave for a short time to rest, but will come back if possible. A backup doula may be provided to take her place.
7. In the event of an unplanned cesarean birth, if Calista cannot come in the room, she will still be paid in full for her support.
8. In the event of a scheduled cesarean birth, and I choose not to use Calista's birth support services, I will owe the entire doula fee. Calista is willing to provide Pre-op and post-op support in lieu of cesarean birth support.
9. I understand that baby books, DVD's or TENS unit borrowed from Calista Jensen will be returned within 6 weeks postpartum. If we fail to return any items, Calista will charge us the necessary fees to replace the items.
10. I understand that Calista's services terminate six weeks after the birth of my baby and that at that time, any unfulfilled terms of this contract will be deemed completed.

Fees

The client is choosing the following birth doula package at fee below:

- Birth Package \$650
- Picture Package \$75 (includes pictures of your birth taken on iPhone.)
- Pictures on USB \$20
- Postpartum services additional add on- \$20/hr

* A 20 mile radius is included in this pricing, for travel outside the 20 mile radius there will be an additional charge of .50/mile.

- We have confirmed that we live within the 20 mile mark
- We have confirmed we are outside of the 20 mile mark and will pay the additional fee of _____

The Retainer Fee: A fee of \$100 will retain your due date spot, and is due upon signing of contract. This \$100.00 is non-refundable. The balance is due prior to the due date or labor unless other arrangements have been made and documented on this contract.

Calista or her backup will not attend your birth unless all fees are paid in full.

Refunds

1. I understand that after I sign this contract, I can choose not to have Calista Jensen attend my birth, that I will forfeit the retainer fee and that I will be responsible for any outstanding fees that will be owed. (Fees include prenatal visits, etc.)

***Cancellation up to 32 weeks gestation -50% or greater refund**

***Cancellation after 32 weeks and 6 days- no refund**

2. I understand that Calista will make every effort to attend my birth and fulfill the obligations of this contract, but in the event of unforeseen events, such as rapid labor, failure to call, emergency cesarean birth, severe inclement weather, or other acts of God, Calista or her backup may not be able to attend my birth. **If failure to attend birth is due to such circumstances, payment for Calista's services will not be returned and any outstanding fees for this contract will be owed.**
3. I understand that if Calista or her backup doula is unable to attend my birth (through her own fault), she will provide a full refund (less the retaining fee).

Agreement

We, the undersigned have read this Birth Doula Contract and we accept and agree to the terms and conditions

Today's Date: _____

Mother (Printed Name) _____

Father (Printed Name) _____

Address: _____

Phone #'s: _____

Email: _____

Due Date: _____ Birthing Facility: _____

Address of Birthing Facility: _____

Payment/Deposit Paid: _____ Via: _____

Payment arrangements: _____

Signatures

(Doula Signature)

(Mothers Signature)

(Father/Partner Signature)

Please feel free to contact me with any questions or concerns at
Bumptobabymothering@gmail.com or call (928)301-6494

Please complete above, make a copy, and email contract at the time of your deposit

By initialing above the client agrees that they have read and agree to the terms outlined on this page Client initial