



## **Partners**

**Duplin Christian Outreach Ministry** 

**Duplin County Health** 

Department

North Carolina Oral Health Collaborative

Eastpointe

Mt Calvary Center Development for Leadership

Duplin Dept. of Aging

## **Tools to Thrive Mental Health and Wellness Event**

When: Friday, May 7th, 2021 11am-9pm

Where: The Cornerstone CDC

103 South Front St. Warsaw, NC 28398

- ✓ Onsite Drive-in and thru event 11am-9pm
- ✓ Covid-19 Vaccination (MODERNA) 11am-2pm
- ✓ Mental and Health Resources all day
- ✓ Covid-19 Tests and Vaccination Information
- ✓ Oral Health and Food Give Away 12noon
- ✓ Drive in Movie 6pm-8:30pm





COVID-19 has impacted the lives of hundreds of thousands of individual, families and communities throughout the World. It has had a greater impact on Duplin and the surrounding counties. Join us for this great event as we provide resources and information and strategies on ways to cope!

For more info call 910-214-6379 or visit us at <a href="mailto:lnfo@theCornerstoneCDC.com">lnfo@theCornerstoneCDC.com</a>

## **Proclamation**

## Mental Health Month 2021 "Tools 2 Thrive"

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans face challenges in life that can impact their mental health, especially during a pandemic; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, there are practical tools that all people can use to improve their mental health and increase resiliency; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, health care provider, organization and citizen share the burden of mental health problems and has a responsibility to promote mental wellness and support prevention and treatment efforts.

THEREFORE, WE THE CORNERSTONE CDC do hereby proclaim May 2021 as Mental Health Month in DUPLIN COUNTY As the EXECUTIVE DIRCETOR], I also call upon the citizens, government agencies, public and private institutions, businesses, and schools in DUPLIN COUNTY to commit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

DARLENE LEYSATH Executive Director