

# Elite Warriors Martial Arts Seminar

**March 21, 2026**  
**Mandeville, Louisiana**



**Troy J. Price, Kyoshi**

8th Dan Shuri-Ryu Karate-Jutsu  
8th Dan Shuri-Te Ju-Jutsu  
Chin-Na & Baguazhang  
Director, Shurite Bujutsu-Kai



**Jeff White, Renshi**

4th Dan Shuri-Te Ju-Jutsu/Bu-Jutsu  
Kanda Ha Kamishin Aiki Jujitsu  
Kuntao Silat



**Scott Shook, Sensei**

4th Dan Karate  
Founder of Jissen-Ryu  
National & World Champion in  
Fighting, Form, and Weapons

When:

**March 21, 2026**

**Saturday 8:30 AM to 5:30 PM**

Training Schedule:

Troy J. Price - 8:30 AM to 12:30 PM

Lunch - 12:30 PM to 1:30 PM

Scott Shook - 1:30 PM to 3:30 PM

Jeff White - 3:30 PM to 5:30 PM

Where:

**Mandeville Karate**

**2050 Spartan Drive**

**Mandeville, LA 70448**

Cost: (Pay at the Door)

**\$100.00**

Contact Information:

**Scott Shook, Sensei**

**(985)626-7608**

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**www.mandevillekarate.com**



Seminar Sponsored & Hosted By:

**Mike Sentilles - Yonsei Martial Arts**

**Scott Shook - Mandeville Karate**

**Jeff White - Versatile Fighting Arts**



**Mike Sentilles**

**Yonsei**

**Martial Arts**



All Are Welcome:

Seminar is open to all styles & ranks from beginner to advanced, any martial artist with a desire to improve via continued study are welcome to attend.

Subject Areas to be Covered:

**Combative Flow: Continuous Striking Methods & Blade Work**  
**Wrist Locks, Arm Bars, Finger Locks & Cervical/Neck Locks**  
**Enter, Intercept, Impact & Trap into Effortless Takedowns**  
**Quick, Efficient and Powerful Incapacitation Techniques**  
**Practical Self-Defenses Against Various Attacks**  
**Kata Bunkai Principles and Concepts**