

# **Elite Warriors Martial Arts Seminar**

## **March 21, 2026 Mandeville, Louisiana**



**Troy J. Price, Kyoshi**

8th Dan Shuri-Ryu Karate-Jutsu  
8th Dan Shuri-Te Ju-Jutsu  
Chin-Na & Baguazhang  
Director, Shurite Bujutsu-Kai



**Jeff White, Renshi**

4th Dan Shuri-Te Ju-Jutsu/Bu-Jutsu  
Kanda Ha Kamishin Aiki Jujitsu  
Kuntao Silat



**Scott Shook, Sensei**

4th Dan Karate  
Founder of Jissen-Ryu  
National & World Champion in  
Fighting, Form, and Weapons



**When:**

**March 21, 2026**

**Saturday 8:30 AM to 5:30 PM**

**Training Schedule:**

Troy J. Price - 8:30 AM to 12:30 PM  
Lunch - 12:30 PM to 1:30 PM  
Scott Shook - 1:30 PM to 3:30 PM  
Jeff White - 3:30 PM to 5:30 PM

**Where:**

**Mandeville Karate  
2050 Spartan Drive  
Mandeville, LA 70448**

**Cost: (Pay at the Door)**

**\$100.00**

**Contact Information:**

**Scott Shook, Sensei  
(985)626-7608  
shook@ mandevillekarate.com  
www.mandevillekarate.com**



**Mike Sentilles**  
Yonsei  
Martial Arts



**All Are Welcome:**

Seminar is open to all styles & ranks from beginner to advanced, any martial artist with a desire to improve via continued study are welcome to attend.

**Subject Areas to be Covered:**

**Combative Flow: Continuous Striking Methods & Blade Work  
Wrist Locks, Arm Bars, Finger Locks & Cervical/Neck Locks  
Enter, Intercept, Impact & Trap into Effortless Takedowns  
Quick, Efficient and Powerful Incapacitation Techniques  
Practical Self-Defenses Against Various Attacks  
Kata Bunkai Principles and Concepts**