



# Jeff Garrett, Sensei

- 3<sup>rd</sup> Dan Shuri-Te Bujutsu-Kai
- 2<sup>nd</sup> Dan Crescent Moon Isshin Ryu Karatedo
- 2<sup>nd</sup> Dan Traditional Okinawan Karatedo
- Certified Instructor, Shuri-Te Bujutsu-Kai
- Assistant Instructor Xing-Yi Quan & Ba Gua Zhang

Listed below in no specific order are some of the martial arts instructors that Jeff Garrett has trained with via seminars, privately or on a regular basis.

- Dr. George Khady, Okinawan Karatedo
- Thomas Rock, Okinawan Karatedo
- Troy Price, Shuri-Te Jujutsu
- Danny Glover, Isshin Ryu Karatedo, Niko-Ryu Jujutsu
- Paul Cote, Ba-Gua Zhang and Xing-Yi Quan
- Shifu Patrick Fannes (Fan Ping Tao) Shaolin Tai-Chi
- Kimo Wall, Gojo-Ryu Karatedo & Kobudo
- Ridgely Abele, Shuri-Ryu Karatedo
- Doug Perry, Shorin-Ryu Karatedo
- Ernie Cates, Niko-Ryu Jujutsu
- Dr. Steven Roensch, Shintoyoshin-Kai Jiu-Jitsu
- Vitus Bilking, Shuri-Ryu Karatedo
- Rick Moneymaker, Kyusho-Jutsu
- Michael Patrick, Kyusho-Jutsu
- Alex Ormaza, Ryu-Te Renmai, Shuri-Te Jutjutsu
- Jeff Rhodes, Kwan Mu Kan Karatedo
- Robert Taylor, Shuri-Te Jutjutsu
- Joseph Pounder, Shuri-Te Jujutsu
- Mark Baker, Shuri-Te Jujutsu
- Kevin Gurganus, Shito-Ryu Karatedo
- Marcus Ahrens, Shuri-Te Jujutsu
- (And many others)



首里手柔術會  
首里手柔術  
一心流空手道  
沖繩古武道  
八卦掌  
形意拳

Jeff Garrett, Sensei began his Karatedo and Kobudo training in 2006 at Knightdale Martial Arts, Knightdale NC under the direction of Sensei Dr. George Khady and Sensei Thomas Rock. In 2007 he began to attend numerous seminars taught by Kyoshi Troy Price and many other Sensei and became a full time student under Kyoshi Price in 2010. Upon relocation from Wendell, NC to Liberty, NC in 2012, he briefly trained under Hanshi Danny Glover, while still training with Kyoshi Troy Price. In 2017, full time training under Hanshi Danny Glover resumed.

In 2018 Jeff Garrett became an assistant instructor in Gao style Xing-Yi Quan and Ba-Gua Zhang under Sifu Paul Cote, then in 2020 became a certified instructor in Shuri-Te Bujutsu Kai under Kyoshi Troy Price. Presently Jeff is a co-instructor of Shuri-Te Jujutsu, Xing-Yi Quan and Ba-Gua Zhang with Renshi Debbera Carson at Carolina Martial Arts Center, Durham, NC. Jeff Garrett is a follower of Jesus Christ, has been married 40+ years to his wife Karen and had a kidney transplant in 2010. In 2022 he retired from work.

## Awards:

- 2016 Sensei Title Certificate, Shuri-Te Bujutsu Kai
- 2018 Assistant Instructor Title Certificate, Shuri-Te Xing-Yi Quan and Ba-Gua Zhang
- 2020 Certified Instructor, Shuri-Te Bujutsu Kai