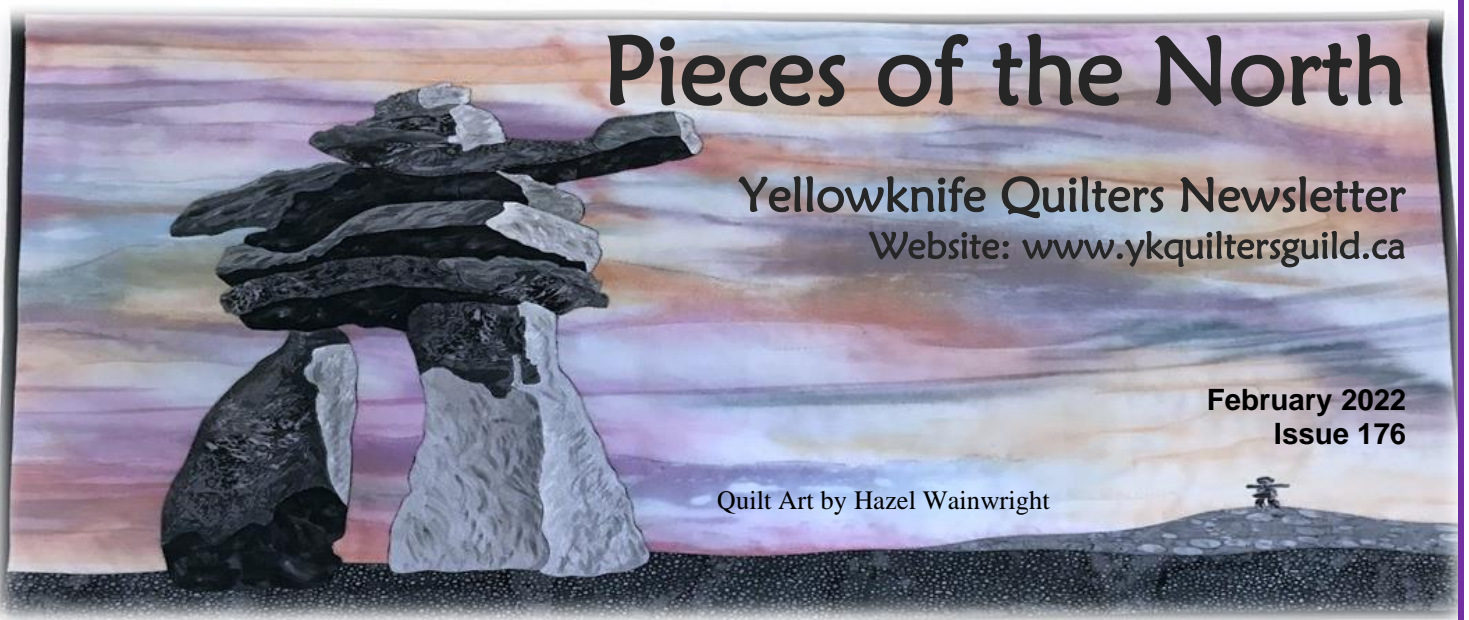


Pieces of the North

Yellowknife Quilters Newsletter
Website: www.ykquiltersguild.ca

February 2022
Issue 176

Quilt Art by Hazel Wainwright



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Next Meeting

February 10, 2022 at 7:00 pm,
@ Baker Centre and Zoom
(Zoom link to be sent via email)

*It's finally here ...
what you have been waiting for...*

The Quilt Challenge

Details on page 4

President's Message

Hello Quilters....

What a difference a month makes.... The extra bit of daylight is noticeable and very welcome even if it is -40!

First up...We're Back!!! The meeting on the 10th of February will be held in person at the Baker Center starting at 7:00pm. A Zoom option will also be available for those who are unable or uncomfortable attending in person. My thoughts, if our kiddos can go back to school and folks back to work, we shouldn't have any issues.

What are you sewing? I've finished 2 UFO's from classes at the Quilted Raven – okay, when I say “finished” I mean that the piecing is done. One is away to the long arm fairy and the other will need a lot of time and patience to quilt, but I am happy with both. Also finished up 2 of the “Sharing Gifts” Blocks and returned them to Teresa. Remember, they are due at the February Meeting. If you are unable to bring them to the meeting, drop them into the basket on the library shelf at the Quilted Raven.

Along that line, the Guild is assisting with another project. If you are interested, it involves finishing a quilt that someone started for a nephew but passed away in the very early stages of the project. The child's mom is not a quilter and has asked for help. Where we are now is, all the piecing is done, but we will need a volunteer to bind once the quilting is done. The goal is to have it quilted and bound for the child's birthday in March. If you are interested in helping, send me a note at lqw@northwestel.net.

Spring Sale... We briefly discussed this at the December meeting and there seemed to be some interest. We will talk more in depth about it at the meeting, so please be prepared to provide your input.

I know a couple of members have taken advantage of the rebate for the online learning opportunity. Have you? I'm looking forward to seeing your projects at Show 'n Tell. There is also the Canadian Quilters Webinar series

<https://canadianquilter.com/webinars/> with some excellent presentations. I've been watching YouTube videos to help me learn more about my Janome M7 machine. Luckily for me, I lucked out with a couple that are excellent, and I have learned

a lot. That process continues. I should note that one of these “Montavilla Sewing” has tutorials for all different makes and models of machines.

Last but not least.... Here is the link to a recipe that is a fave in our household...

<https://www.dinneratthezoo.com/?s=Beef+noodle+asserole> which I recently made with lean ground turkey and No-Yolk noodles. I have also used bison. Recipe is shown in Recipe Corner.

#bekindbecalmbesafe

Linda



First Annual Yellowknife Quilt Guild Bingo!!!

Q U I L T

MAKE A LIST OF UFO'S!	DO SOME HANDSEWING	USE YOUR STASH IN A NEW PROJECT OR CURRENT PROJECT	DOUBLE CHECK YOUR ¼" SEAM ALLOWANCE ON YOUR MACHINE	LEARN A NEW SKILL
QUILT ONE OF YOUR PROJECTS	READ THE CURRENT QUILT GUILD NEWSLETTER	SUPPORT THE LOCAL QUILT STORES WITH A PURCHASE OF \$10.00	MAKE A MUG RUG OR POTHOLDER	SEW WITH A FRIEND, IN PERSON OR VIRTUAL
LISTEN TO A QUILT PODCAST OR READ A QUILT ARTICLE	CHANGE YOUR ROTARY BLADE	YK QUILT GUILD FREE PLAY WHOOT!	THANK A QUILT VOLUNTEER FOR THEIR WORK	MAKE A BLOCK FOR THE GUILD CHALLENGE
CLEAN YOUR SEWING ROOM	POST A QUILT PROJECT OR SHOW A QUILT PROJECT AT A GUILD MEETING	FOLLOW A TUTORIAL OR CLASS ONLINE	GO FOR A WALK	FINISH A UFO FROM A WHILE AGO
START A NEW PROJECT	THINK ABOUT YOUR POSITION WHEN CUTTING, IRONING AND SEWING	MISTAKES HAPPEN...USE YOUR SEAM RIPPER	ATTEND A GUILD MEETING IN PERSON OR ON ZOOM	CLEAN YOUR MACHINE AND CHANGE YOUR NEEDLE

Great Prizes!!!!!!

- Print off the bingo sheet
- Mark off the items when you complete the activity in the square
- One line = one entry, 2 lines = 2 entries, etc. & Blackout = 8 entries
- Bingo runs from February 1st -April 30th
- Submit the number of lines completed by April 30th to quiltinyk@gmail.com, add photos/comments!

Yellowknife Quilt Guild

Scrap/Stash Quilt Challenge

CHALLENGE 2022 - IT'S ALL ABOUT SCRAPS AND YOUR STASH!!!!

It's time to pull out your scraps, look in your stash and get ready for some FUN!!!!

The Challenge for this year will be a Scrap/Stash Challenge. We are trying to make things easier this year, it has been hard enough already. Make a quilt or quilted item...use your scraps/stash.

It's really simple. There are no design limitations and there will be these 4 categories:

- Smaller than a 36" square
- Quilt Size -any size of quilt
- Used only scraps on quilt top
- Viewer's Choice-every quilt project is entered

Here is the chance to have some fun and use up your scraps and reduce your stash.



CHALLENGE GUIDELINES

1. The project can be any size, there will be different categories!
2. Entries must be completed quilts, sewn, quilted, and with appropriate edges finished.
3. Projects may be patchwork, applique, rag quilts, use your imagination, but it must be a completed piece to enter.
4. Entries must be obviously (80%) scrappy or from your stash for the top of your quilt. For the challenge, matched precut (such as jelly roll and charm pack or kits) projects are not the intent and will not qualify for prizes. (Using leftover scraps from them is encouraged!)
5. A "scrap" is defined as a piece of fabric smaller than a fat quarter which is remaining after use in a previous project. It may be from your own previous projects, or you may use someone else's scraps. New fabric acquired especially for a project is not scrap.



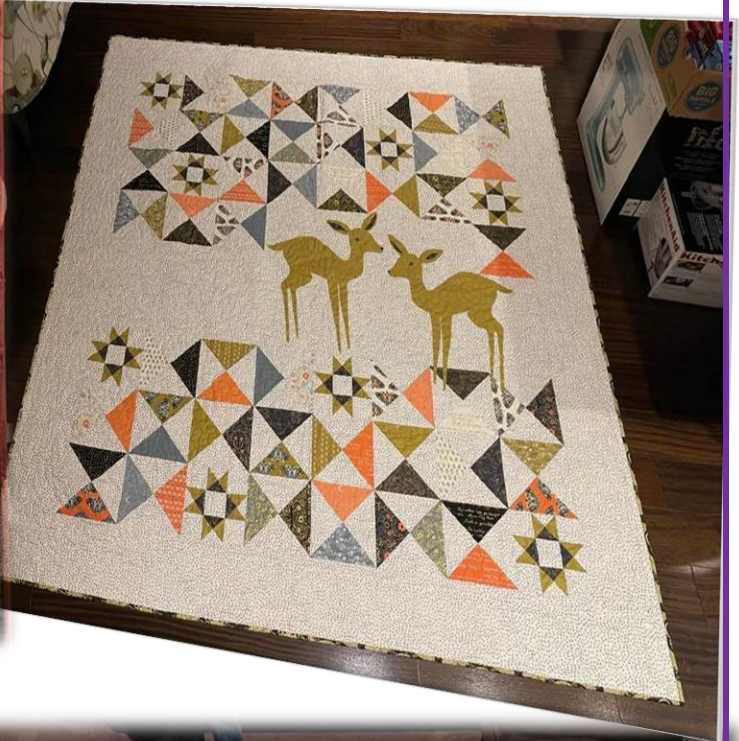
January Meeting Show 'n Tell



More Show 'n Tell



More Show 'n Tell



More Show 'n Tell



Newsletter Submissions

Please send articles, news, favorite quilt websites, tips, and other quilt related items for the newsletter to:

leslie06thomas@gmail.com

Deadline for submissions is the 3rd Thursday of the month by 7:00 p.m.

Recipe Corner



We all struggle when preparing meals for our families while we have been spending the day quilting. Your problem is solved here in our new QUILTER'S RECIPE CORNER!! Each month we will give you a quick, tasty and healthy option so you can spend more time working on your projects and not in the kitchen! If you have a recipe that you use that's quick to prepare, please send it to us at YKQuilters@outlook.com. We would love to use it in our Corner.



Beef Noodle Casserole

This beef noodle casserole is ground beef in a rich tomato sauce, tossed with egg noodles then topped with plenty of cheese and baked to perfection. An easy comfort food dinner that's perfect for feeding a crowd.

Provided by Linda Whitford

Source: <https://www.dinneratthezoo.com/beef-noodle-casserole/>

Ingredients:

12 ounces egg noodles uncooked
2 tsp olive oil
1 ¼ lbs lean ground beef
1 onion finely chopped
2 tsp minced garlic
Salt and pepper to taste
16 oz canned tomato sauce
15 oz can diced tomatoes drained
2 tsp Italian seasoning
2 cups shredded cheddar cheese
1 tbs chopped parsley

Directions:

1. Bring a pot of salted water to a boil; add the egg noodles and cook according to package directions. Preheat the oven to 400 degrees F.
2. While the noodles are cooking, heat the olive oil in a large pan over medium high heat.
3. Add the ground beef to the pan and cook for 4-5 minutes, breaking up the meat with a spatula.
4. Add the onion and garlic to the pan and cook for an additional 5 minutes, or until onion has softened and beef is cooked through. Season with salt and pepper to taste.
5. Add the tomato sauce, tomatoes and Italian seasoning to the beef and stir to combine.
6. Drain the noodles and add to the pan with the beef; toss to combine.
7. Pour the beef and noodle mixture into a 9"x13" baking pan that's been coated in cooking spray. Top with cheddar cheese.
8. Bake for 10-15 minutes or until cheese is melted. Sprinkle with parsley and serve.

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With Help From

Cindy Taylor (Membership), Debbie Gillard (Library), and Leslie Thomas (Newsletter)



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Yellowknife Quilters Guild

www.ykquiltersguild.ca

ADVERTISING RATES:

Members for Sale Items FREE

Businesses \$35 full page

\$20 half page

\$10 quarter page

(or equivalent)



Canadian Quilters' Association
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