

# Pieces of the North

Yellowknife Quilters Newsletter

Website: [www.ykquiltersguild.ca](http://www.ykquiltersguild.ca)

September 2023

Issue 191

Quilt Art by Hazel Wainwright

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## Next Meeting

*Schedule  
Change*

September 21, 2023 at  
7 pm @ Baker Centre.

## President's Message

### Welcome Home Quilters!

It has been a summer that most of us would not want to repeat! Hot, dry, smoky, then evacuated! The executive hopes that everyone was safe and healthy during the entire summer.

We had a meeting late June and the new executive is:

- ❖ Leslie Bromley - President,
- ❖ Leslie Thomas – Vice President,
- ❖ Donna MacDonald - Treasurer and
- ❖ Teresa Watson - Secretary.

**Welcome Back!**  
YK

We hope you all and your families were safe during the evacuation.

Were you able to take a quilting project with you to help take your mind of the stressful changes? I wasn't allowed to

### *President's message continued...*

take my sewing machine with me, so I bought basic supplies and fabric to start an English Paper Piecing project. It is truly a slow project, and it feels good to be working on something new that is truly portable.

August saw Kelly, our Sharing Gifts coordinator, work with several others sorting donated fabrics and patterns and packaging much of the fabric into kits. Each kit contains the pattern and enough fabric for a square or two. Pick up a package or 2 and bring them back finished to the October 12 meeting. Then we will plan a couple of sessions to finish the quilts.


We have received a request from the Hay River Quilters for quilt donations. Our contact, Rita, suspects that there is a need for up to 150 lap size quilts. Currently, I have 7 quilts from our Sunday Retreat Sharing Gifts project. There are several tops that went home with attendees to be quilted and bound. I encourage our members to donate what they can. If possible, bring them to the meeting this week.

An Edmonton quilt guild has donated 23 quilts already! Let's try to meet or beat their donation. Arrangements will be made for collection and transportation to Hay River.

I am travelling to meet my new granddaughter and will be back late October. Just in time to plan our next retreat! Plan on 'quilting till you wilt' the weekend of October 27 - 29, 2023.

Enjoy getting back to a regular routine and the beautiful fall colours.

Leslie Bromley  
President



**SAVE  
THE DATE**

**"Quilting till you wilt"**  
**Sewcial Retreat**

**October 27 to 29, 2023**

*Details to come.*

*Thank you*

To

*Stephen Kakfwi and Stephen O'Brien for  
bringing the donated quilts to us from  
Edmonton.*

*Thank you*

To

*Dawn McInnes for the help in getting the  
donated quilts by attending the Edmonton Guild  
meeting with Christine Bayley.*



# Quilt Show Results

*And the winners are....*

## Small Quilts and Wall Hangings Category

1st Choice - #48 Lord of All He Surveys - Hazel Wainwright

2nd Choice - a tie #1 Mermaid Song - Donna MacDonald and  
#35 Astral Vision - Ann Wind

## Large Quilts Category

1st Choice #59 Rainbow Crystals - Linda Whitford

2nd Choice - #29 Vintage Rose - Christine Hoiland

3rd Choice - #3 Covid Colour Collective - Donna MacDonald

## Other Quilted Items Category

1st Choice - #70 Jelly Roll Rug - Linda Whitford

2nd Choice - #88 Diggles The Dragon - Teresa Watson

3rd Choice - a 5-way Tie

#21 - My Small World - Shona Barbour

#22 - Heartburst - Shona Barbour

#51 - Leslie's Travel Duffle Bag - Leslie Bromley

#64 - Weekend Duffle Bag - Linda Whitford

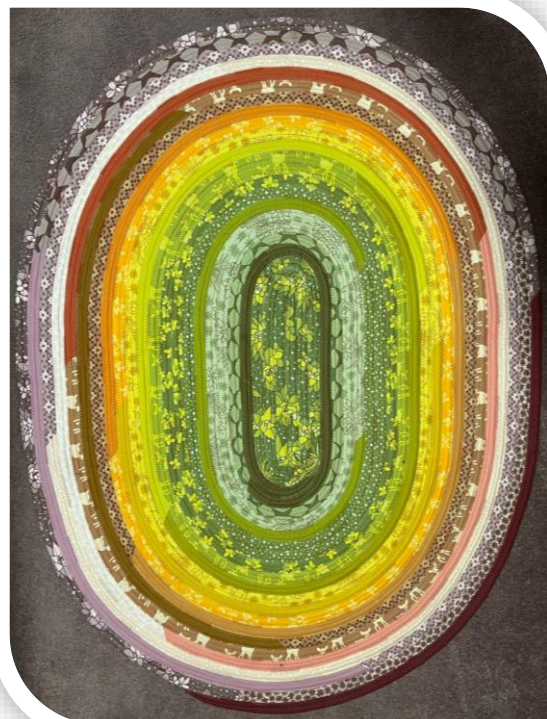
#91 - Twisted Log Cabin Runner - Teresa Watson

## All Time Fave Category

#48 Lord of All He Surveys - Hazel Wainwright



Rainbow Crystals  
Linda Whitford



Jelly Roll Rug  
Linda Whitford



Lord of All He Surveys  
Hazel Wainwright



## More pictures of the Quilt Show



In the aftermath of YK's exodus and the stresses, a good laugh might be just what we need. Enjoy!

### Sewing Advice

THEN	NOW
Prepare yourself mentally for sewing.	Wake up.
Think about what you are going to do.	Always keep a good stash of fabrics, patterns and notions ready so you can sew whatever you want, whenever the mood strikes.
Never approach sewing with a sigh or lackadaisically.	Save that attitude for housework.
Good results are difficult when indifference predominates.	Indifference is great when mending, repairing zippers, or shortening pants. If the results aren't good, people will stop asking.
Never try to sew with a sink full of dirty dishes or beds unmade.	This is good advice only if you sew with your machine in the sink or on the bed.
When there are urgent housekeeping chores, do these first so your mind is free to enjoy your sewing.	There are no urgent housekeeping chores. Just enjoy your sewing.
When you sew, make yourself as attractive as possible.	Never buy a sewing machine with a mirror in it.
Put on a clean dress.	You may sew in your jammies, but wear slippers. Otherwise, your feet will get dusty.
Keep a little bag full of French chalk near your sewing machine to dust your fingers at intervals.	What?
Have your hair in order, powder and lipstick put on.	Brush your teeth, if time permits and you remember.
If you are constantly fearful that a visitor will drop in or your husband will come home, and you will not look neatly put together, you will not enjoy your sewing.	Lock the door and don't answer the phone. If your husband comes home, you really can't refuse to let him in, but leave a number where he can order takeout.

Source: Facebook post from June 8<sup>th</sup> from the Quilting Digest.  
Leslie T.



# Recipe Corner



We all struggle when preparing meals for our families while we have been spending the day quilting. Your problem is solved here in our new QUILTER'S RECIPE CORNER!! Each month we will give you a quick, tasty and healthy option so you can spend more time working on your projects and not in the kitchen! If you have a recipe that you use that's quick to prepare, please send it to us at [YKQuilters@outlook.com](mailto:YKQuilters@outlook.com). We would love to use it in our Corner.



## Pork Cabbage Stir-Fry

*Ready in 25 minutes*

Source: <https://www.tasteofhome.com/recipes/pork-cabbage-stir-fry/>  
Makes 4 servings

### Ingredients:

4 tsp cornstarch  
1 ½ tsp sugar  
¼ cup white wine or chicken broth  
3 tbsp reduced-sodium soy sauce  
1-pound boneless pork loin, cut into 2-inch strips  
4 tsp canola oil  
1 cup thinly sliced carrots  
2 garlic cloves, minced  
1 tsp ground ginger  
1 ½ pounds Chinese or napa cabbage, thinly sliced  
Hot cooked rice  
Sesame seeds, optional

### Directions:

1. In a small bowl, combine the cornstarch and sugar. Stir in wine or broth and soy sauce until smooth.
2. In a large nonstick skillet or wok, stir-fry pork in oil until not longer pink. Add the carrots, garlic and ginger; stir-fry for 2 minutes. Add cabbage; stir-fry until cabbage is wilted.
3. Stir soy sauce mixture; add to skillet. Bring to a boil; cook and stir for 2 minutes or until thickened. Serve with rice. If desired, sprinkle with sesame seeds.



## Longarm of the North

Offering quilting lessons, select fabrics,  
exclusive yarn, and more!

Open Tuesday- Friday 11-5pm and Saturday 12-5pm

Center 50 Mall, downtown Yellowknife, NT



## The Quilted Raven

[www.thequiltedraven.com](http://www.thequiltedraven.com)

Email: [thequiltedraven@northwestel.net](mailto:thequiltedraven@northwestel.net)

5005 53<sup>rd</sup> Street  
1-867-920-0303

## North of 60 Quilting Services

Get those quilts finished  
with beautiful  
edge to edge designs!



Anita Griffore

867 446-2677

[anitgrif@gmail.com](mailto:anitgrif@gmail.com)

## Newsletter Submissions

Please send articles, news, favorite quilt websites, tips, and other quilt related items for the newsletter to:

[leslie06thomas@gmail.com](mailto:leslie06thomas@gmail.com)

**With the subject "For the Newsletter"**

Deadline for submissions is the 3<sup>rd</sup> Thursday of the month by 7:00 p.m.

## *Draws at the guild meeting*

The following draws take place at each Guild meeting:

Mystery Bag  
\$2 each  
Members only

Door Prizes  
Free  
Members & Guests

## *Guest Policy*

Guests are welcome to join us at any meeting. If a guest returns for a second or subsequent meeting, there is a \$5 charge per visit. For details, please see the full policy on the website.

## *Members Giveaway Table*

More and more Guild members are purging their stashes and offering items to Guild Members at the meetings. We will be setting up a table in the outer hallway for any items you would like other members to treasure.

## *Meeting Etiquette*

Please be courteous when someone has the floor and refrain from other conversations.

## **Executive for 2023-2024**

[quiltingyk@gmail.com](mailto:quiltingyk@gmail.com)

President	Leslie Bromley
Vice President	Leslie Thomas
Secretary	Teresa Watson
Treasurer	Donna MacDonald

### **With Help From**

Cindy Taylor (Membership), Debbie Gillard (Web Site), and Leslie Thomas (Newsletter) and Linda Whitford on our social media pages.



@YKQuilters



Yellowknife Quilters Guild

[www.ykquiltersguild.ca](http://www.ykquiltersguild.ca)

### **ADVERTISING RATES:**

Members for Sale Items FREE

Businesses     \$35 full page  
                      \$20 half page  
                      \$10 quarter page  
                      (or equivalent)



# Yellowknife Quilters Guild

## Membership Application Form

Sept. 1, 2023 – Aug. 31, 2024

The annual fee is **\$40**, payable by electronic fund transfer, cash, or cheque.

**EFT:** transfer to Yellowknife Quilters at [quiltingyk@gmail.com](mailto:quiltingyk@gmail.com).  
If you are a new member or have a change in information from last year, please send a separate email with name, email address and phone number (optional) to [quiltingyk@gmail.com](mailto:quiltingyk@gmail.com).



**Cash:** bring to monthly meeting or mail to address below. Include membership form (or equivalent info) with payment.

**Cheque:** bring to monthly meeting or mail to the postal address below. Make payment to Yellowknife Quilters Guild. Include membership form (or equivalent info) with payment.

Meetings are usually held on the second Thursday of the month at the Baker Center, **starting at 7:00 pm**.

The monthly newsletter will be sent to your email address.

**Name:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Payment Method:** ☐ EFT  
☐ Cash  
☐ Cheque

**Mailing address:**  
Yellowknife Quilter's Guild  
Box 992  
Yellowknife NT X1A 2N7