# Pieces of the North

### Yellowknife Quilters Newsletter Website: www.ykquiltersguild.ca

April 2024 Issue 198 Quilt Art by Hazel Wainwright

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<u>Next Meeting</u> April 11, 2024 at 7 pm @ Baker Centre.

# President's Letter

As April approaches, I am seeing more blue-sky days. It helps the heart and soul to know that winter is winding down. March has been a busy month with travel, Sewcial Saturday and offering quilts to the families affected by the Garden Apartments fire. We have donated to 12 families including 13 large quilts, 11 kids quilts as well as 10 puppies. It has been challenging getting hold of the families, and we are hoping through messages passed along between families, that each family will soon have quilts.

Our Sewcial Saturday was held in The Loft on March 16 with 9 participants.

#### President's Letter (continued)

We managed a great deal of sewcializing, piecing, and a feeling of accomplishment as some pieces were finished. This was also an opportunity to have a few of the Garden Apartment families drop by to pick up their quilts.

The next Sewcial Saturday will be April 13 in YK Centre, lower level in The Loft. Send a text to 867-444-9937 or email lbromley2011@gmail if you are interested in attending. We have room for 9 participants.

May will be a busy month with our out-oftown instructor as well as the retreat. Don't forget to sign up or leave it too late. Spaces are filling quickly.

Getting out and enjoying the lovely weather gives me the energy and inspiration to keep on quilting.

Leslie Bromley President

> Spring Retreat May 17 - 19 At the Ski Chalet

Payment of \$100 can be by cheque made out to Yellowknife Quilters Guild or by money transfer to <u>quiltingyk@gmail.com</u>.

Contact Hazel at <u>hazel@theatreyk.ca</u> to sign up.

Watch your email for more details.

# March's Mystery Bag Draw Winner:



Congratulations Harold!



### Canadian Quilt Instructor MELISSA MARGINET IS COMING TO YELLOWKNIFE!!!!! MAY 2 - 5, 2024

### Trunk Show and Lecture - Thursday, May 2/24

Melissa will be discussing her work at a lecture and trunk show. Location is the Baker Centre. This lecture is free for all members and invited guests.

### Three Exciting Class Opportunities!!!

Break It Up!! - Quilt As You Go Technique Class Fri May 3/24 - 6:30 pm - 9:30 pm \$47.50 for members (\$77.50 for non-members)

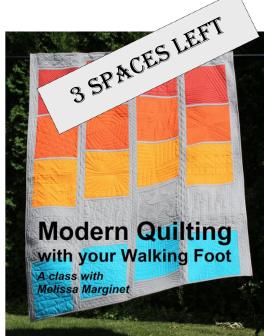
There are so many ways you can quilt as you go. You will learn several ways, starting off with the basic sashing method, by making samples to take home to your studio and have them for future reference. We will also look at patterns and see how we can break them up so they can be finished on your home sewing machines.

### Modern Quilting with Your Walking Foot

<u>Sat May 4/24 - 9:00 am - 4:30 pm</u> \$95.00 for members (\$125.00 for non-members)

In this class, you will make samples of different quilting ideas that can be executed on the home sewing machine with a walking foot. Not everyone can afford a Longarm Quilter or wants to have someone else quilt their quilt, and not everyone enjoys free motion quilting. You will create samples of walking foot designs on small quilt sandwiches to help you understand what makes each design successful. We will also look at variations of the designs you stitch out. These samples will be a great reference for you when deciding how to quilt your next quilt. This class includes information on quilting all sizes of quilts on the home sewing machine.







### Planning Your Walking Foot Quilting

Sun May 5 - 9:00 am - 4:30 pm

#### \$95.00 for members (\$125.00 for non-members)

As a participant in this class, you will work with pencil and paper (or computer if you prefer). You will be guided through various exercises to help you understand the process in designing a custom quilting plan. We will start with diagrams of quilts I have designed as well as some basic traditional designs and then you will work on planning the quilting for one or more of your own projects. As a class we will work together and share ideas to come up with successful quilting plans.

# How can I register??

Registration will be open upon receipt of the newsletter and you may register at any time. Spaces will be limited so don't delay...reserve your spot by paying today!!

Options are to pay by EMT to Yellowknife Quilters at <u>quiltingyk@gmail.com</u> or in person at the next Quilt Guild meeting.

Regular cancellation policies are in effect.

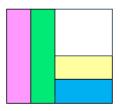
Classes will be held at the Yellowknife Ski Club.

If you have any questions, contact Donna at baja@ssimicro.com!!

# April 2024 Quilt Block

Welcome to our sixth block in our series to continue support of our Sharing Gifts Program. If you are unfamiliar with the Sharing Gifts program, please review the policy on our website at <u>https://ykquiltersguild.ca/about-us-1</u> (the link to the Sharing Gifts Policy is at the bottom of Supporting Sharing Gifts page).

Our block pattern for April 2024 is the **Two Step Quilt Block**.



We will use the Missouri Star Quilt Company's technique to make the block. Watch the video on YouTube at <u>https://www.youtube.com/watch?v=r7eObCvo9H4</u>. Block construction starts around 1:15 minutes into the video and goes to 7:30 minutes.

This block is super fast so you may want to make several of them.

**Color Way**: White solid or white tone on tone for the background and your choice of colours/prints for the 2 <sup>1</sup>/<sub>2</sub>" strips.

#### What you need:

Background Colour

- One, 5" square of white/tone on tone fabric Colour/print #1 - One, 2 <sup>1</sup>/<sub>2</sub>" x 5" strip Colour/print #2 - One, 2 <sup>1</sup>/<sub>2</sub>" x 5" strip

Colour/print #3 - One, 2 <sup>1</sup>/<sub>2</sub>" x 9" strip Colour/print #4 - One, 2 <sup>1</sup>/<sub>2</sub>" x 9" strip

If you have four full 2  $\frac{1}{2}$ " x WOF strips and want to make multiple blocks, remember you will need more white background squares.

Use a scant ¼" seam. Your stitch line should fall just inside the ¼" line on your ruler when measuring the seam allowance.

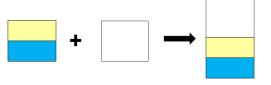
#### Step 1.

- Using the Colour/print #1 and #2 strips, sew right sides together along the 5" edge to form a 5" x 4.5" unit.
- Open and press to the darker fabric.



#### Step 2.

- Use the 5" side of the unit created in step 1 and sew it to the bottom of the background square.



#### Step 3.

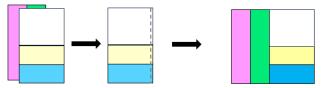
- Using the Colour/print #3 and #4 strips, sew right sides together along the 9" edge to form a 9" x 4.5" unit.
- Open and press to the darker fabric.



### Step 4.

Finishing the block:

- Add the unit created in step 3 to the left-hand side of the step 2 unit (white background square is at the top) to form the block. Refer to diagram.
- Press open to the 9" strips side.
- Your block should measure 9" x 9".



That is the block for the Two Step Quilt! How easy was that?

Bring your completed block(s) to the April meeting. If you're unable to attend the meeting you can have a friend, bring them on your behalf. You can also drop them off in the guild's basket at the Quilted Raven (top of the library shelf) no later than April 10<sup>th</sup> for the April meeting and I will pick it up and bring it to the meeting. If dropping off blocks, please put your name on them so I can announce who made them.

Thank you.

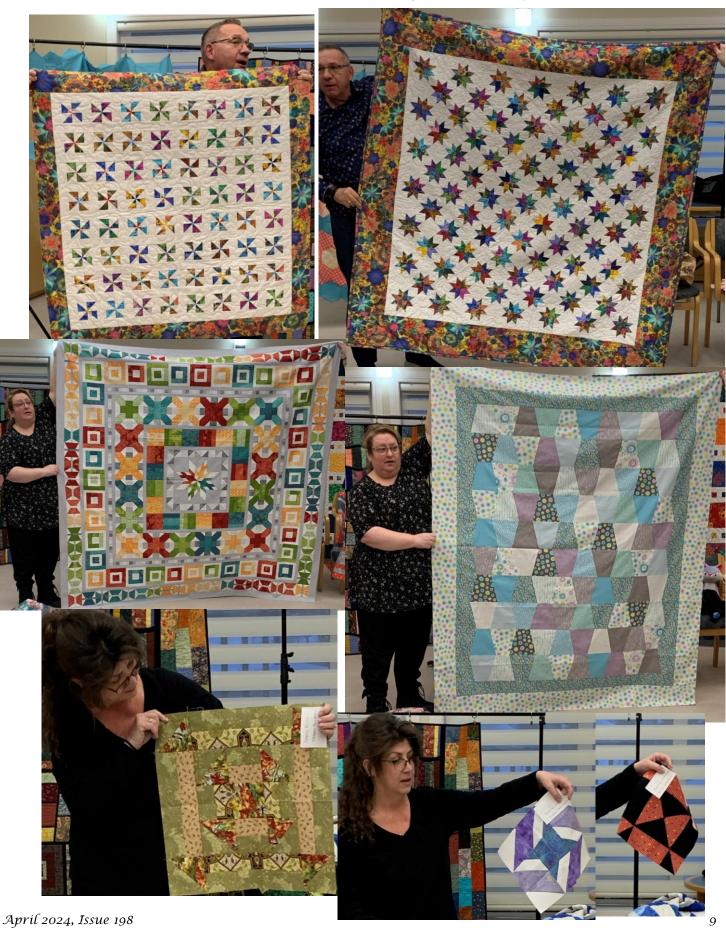
Christine

# Sharing Gifts Distribution

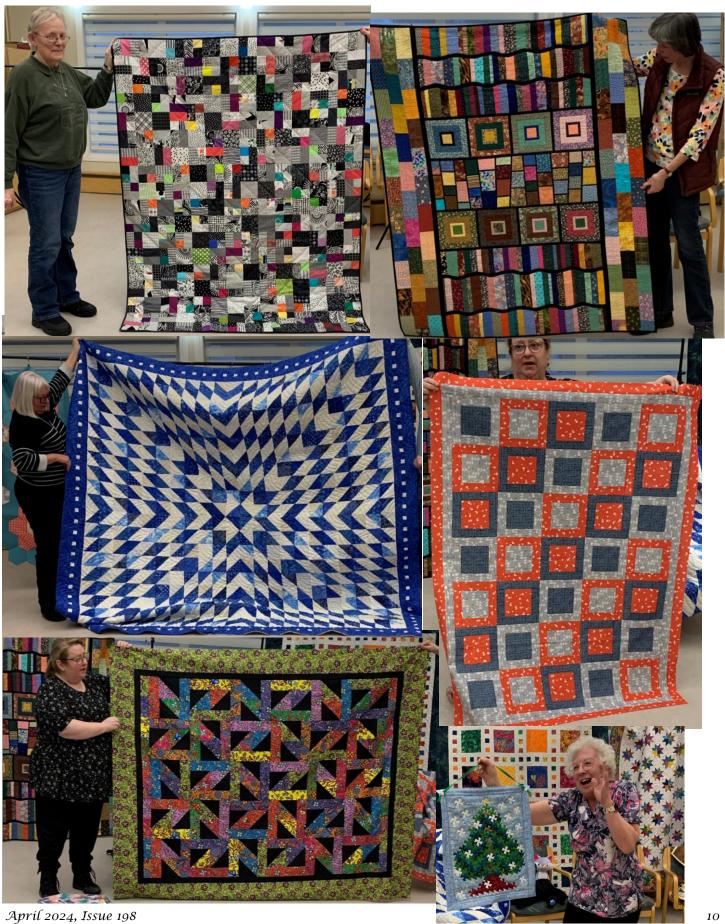




# March Show 'n Tell (continued)



# March Show 'n Tell (continued)



# March Show 'n Tell (continued)





We all struggle when preparing meals for our families while we have been spending the day quilting. Your problem is solved here in our new QUILTER'S RECIPE CORNER!! Each month we will give you a quick, tasty and healthy option so you can spend more time working on your projects and not in the kitchen! If you have a recipe that you use that's quick to prepare, please send it to us at <u>quiltingyk@gmail.com</u>. We would love to use it in our Corner.



# Cajun Chicken and Shrimp Creole

Although I didn't have all the ingredients for this recipe it still was tasty. It was waterier than I expected due to the chicken was still frozen. I served it over brown rice cooked in a rice cooker.

Provided by Leslie Thomas Courtesy of Crock Pot® and © 2007 Sunbeam Products

### Ingredients:

- 1 pound skinless chicken thighs
- 1 red bell pepper, chopped
- 1 large onion, chopped
- 1 rib celery, diced
- 1 can (15 oz.) stewed tomatoes, undrained and chopped
- 1 clove garlic, minced
- 1 tbsp. Sugar
- 1 tsp. paprika
- 1 tsp. Cajun seasoning
- 1 tsp. salt
- 1 tsp. black pepper
- 1 pound shelled shrimp,
  - deveined and cleaned
- 1 tbsp fresh lemon juice
- Louisiana-style hot sauce to taste
- 1 cup prepared quick-cooking rice

### **Directions:**

- Place chicken thighs in 3- to 6-quart Crock-Pot<sup>®</sup> slow cooker. Add bell pepper, onion, celery, tomatoes with juice, garlic, sugar, paprika, Cajun seasoning, salt and pepper.
- 2. Cover; cook on LOW for 8 to 10 hours, or on HIGH for 4 to 5 hours.
- 3. In last hour of cooking, add shrimp, lemon juice and hot sauce. Serve over hot rice.



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### North of 60 Quilting Services

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Anita Griffore

867 446-2677

anitgrif@gmail.com

## Newsletter Submissions

Please send articles, news, favorite quilt websites, tips, and other quilt related items for the newsletter to:

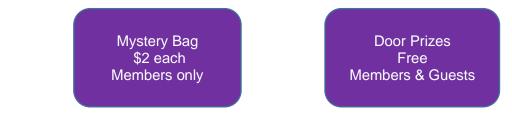
leslie06thomas@gmail.com

With the subject "For the Newsletter"

Deadline for submissions is the  $3^{rd}$  Thursday of the month by 7:00 p.m.

### Draws at the guild meeting

The following draws take place at each Guild meeting:



#### **Guest** Policy

Guests are welcome to join us at any meeting. If a guest returns for a second or subsequent meeting, there is a \$5 charge per visit. For details, please see the full policy on the website.

### Members Giveaway Table

More and more Guild members are purging their stashes and offering items to Guild Members at the meetings. We will be setting up a table in the outer hallway for any items you would like other members to treasure.

#### Meeting Etiquette

Please be courteous when someone has the floor and refrain from other conversations.

# Executive for 2023-2024

quiltingyk@gmail.com

President	Leslie Bromley
Vice President	Leslie Thomas
Secretary	Teresa Watson
Treasurer	Donna MacDonald

#### With Help From

Cindy Taylor (Membership), Charlotte Babicki (Librarian), Debbie Gillard (Web Site), and Leslie Thomas (Newsletter) and Linda Whitford on our social media pages.





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 Yellowknife Quilters Guild
 www.ykquiltersguild.ca

### **ADVERTISING RATES:**

Members for Sale Items FREE \$35 full page Businesses

\$20 half page \$10 quarter page (or equivalent)



Canadian Quilters' Association canadienne de la courtepointe