

Pieces of the North

Yellowknife Quilters Newsletter

Website: www.ykquiltersguild.ca

May 2025

Issue 209

Picture taken at the 2024 Quilt Christmas sale

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Next Meeting

May 8, 2025 at
7 pm @ Baker Centre.

President's Letter

Happy Spring Quilters!

At least it is spring here in Squamish. The neighbourhood trees are in bloom, tulips and daffodils are also in full bloom and even the birch trees are in full leaf. I hope it is warming up in Yellowknife as well.

As I'm visiting my granddaughters Mattie and Charlotte, quilting is sitting on the back burner for now, so my letter will be shorter than usual.

Things to keep in mind for May:

- the retreat at the Ski Club May 16 - 18. Hazel Wainwright posted the details in the April newsletter and there are no spaces left.
- I am planning a session to get together and work on finishing some of the quilt tops from blocks of the month we have



Sunday, May 11, 2025

President's Letter (continued)

been collecting since November 2023. There was a list included in the April newsletter of blocks collected and number still needed for tops. Saturday May 31 is the date and The Loft, lower level YK Centre is the location. Details to follow.

- The AGM will be held at the beginning of the June meeting. Anyone interested in joining the executive is more than welcome. We meet monthly for about an hour on the Monday prior to the guild meeting and plan our meeting and events. Each position is a two-year term, and new energy and ideas are welcome.
- Would you like the newsletter to continue? We are needing a new editor and publisher. Check with Leslie Thomas for details at leslie06thomas@gmail.com.
- The Challenge quilts must be completed for the June meeting. There will be an opportunity for each quilter to describe the categories they had chosen and chat about their project. It is always an exciting evening! As it is Challenge Reveal night and our AGM, there may not be time for Show and Tell.

Our next meeting will be May 8, in the Baker Centre at 7 pm.

Stay calm, love the warming weather and quilt on.

Leslie Bromley
President



May 2025, Issue 209

April's Mystery Bag Draw Winner



Congratulations
to
Alecia C.



May 2025 Quilt Block

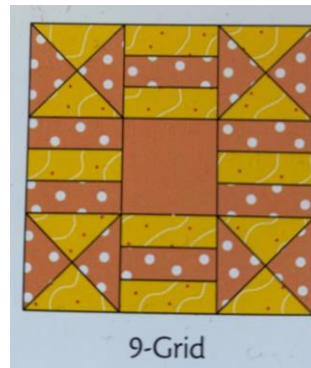
The Quilt Guild continues the Block of the Month series in our Sharing Gifts Program. This is our ninth and final block in support of our Sharing Gifts Program for the 2024/2025 season. If you are unfamiliar with the Sharing Gifts program, please review the policy on our website at <https://ykquiltersguild.ca/about-us-1> (the link to the Sharing Gifts Policy is at the bottom of the Supporting Sharing Gifts page).

Our block pattern for May 2025 is called a **London Roads block**. This block is from the Ladies' Art Company Block Tool.

Color Way: Choose 3 to 5 prints/solids, keeping the same placement of light and dark/bright fabrics as the diagram.

What you need for one block:

- A – two $4\frac{1}{4}$ " squares
B – two $4\frac{1}{4}$ " squares
C – six $1\frac{1}{2}$ " x $3\frac{1}{2}$ " rectangle
D – six $1\frac{1}{2}$ " x $3\frac{1}{2}$ " rectangle
E – one $3\frac{1}{2}$ " square



Block size should be approximately 9 ½" x 9 ½" (unfinished).

Step 1

Cut fabrics into required pieces as stated above, then sub cut A, B fabrics into 8 triangles each.

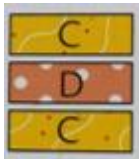
Step 2

Sew A and B triangles together to make four units (3 ½" square). Pressing to the darker fabric.



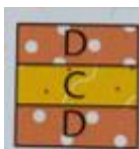
Step 3

Sew two C to either side of D rectangle together to make two units. Pressing to the darker fabric.



Step 4

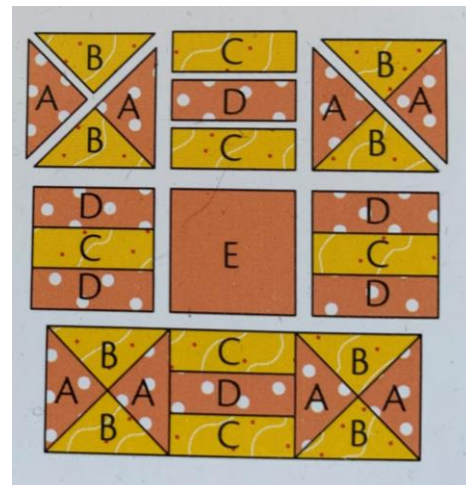
Sew two D to either long side of C rectangle together to make two units. Pressing to the darker fabric.



May block continued

Step 5

Layout the sewn units and cut piece according to the picture



Step 6

Starting on the top left, start sewing the units together row by row. C/D/C unit is sewn to a A/B unit, then another A/B unit is sewn to the right-hand side of the C/D/C unit. Press to the center unit.

Repeat this to create row 3.

Sew E piece to a D/C/D unit, then sew another D/C/D unit to the right-hand side of the E piece to form row 2. Press seams to the outside D/C/D units.

Step 7

Sew the three rows together matching the two in each row seams.

Press.

Bring your completed block(s) to the May meeting or the next meeting you attend. If you're unable to attend the May meeting, you can have a friend bring them on your behalf. You can also drop them off in the guild's basket at the Quilted Raven (top of the library shelf) no later than 3 pm on May 8th, and I will pick them up and bring them to the meeting. If dropping off blocks, please put your name on them so I can announce who made them.

Thanks,
Leslie T.

SPRING RETREAT - MAY 16-18, 2025

This is an opportunity for members to have an uninterrupted weekend of sewing and socializing with quilting friends.

Where: Yellowknife Ski Club, 2nd floor. a wonderful space with lots of windows and lots of room for 18 participants.

When: Friday 16th May 6:00 p.m. until 5:00 p.m. Sunday 18th May.
You just go home to sleep in your own bed at night.

Schedule:

Friday: Set up anytime after 6:00p.m., sew and socialize for the evening.

Saturday: Door will be open from 8:45 a.m. until bedtime.

Breakfast, lunch and dinner will be provided

Sunday: Door will be open at 8:45 a.m.

Breakfast and lunch will be provided

4:00 - 5:00p.m. Pack up and clean up

What to bring:

All your sewing equipment.

Projects, ideas etc.

Extension cord and power bar.

A snack to share (meals will be healthy so snacks don't have to be).

Any personal beverage choices (there is a fridge).

Four x 2 1/2" width of fabric strips of blue (print or solid) fabric for a fun game on Saturday.

You may want to bring a pillow to sit on as chairs are hard and low.

Other information:

Coffee, tea and water will be available all weekend.

Everything can be left at night as the facility will be locked.

Please do not bring mini irons as power at the ski club is limited.

Irons and ironing boards will be provided.

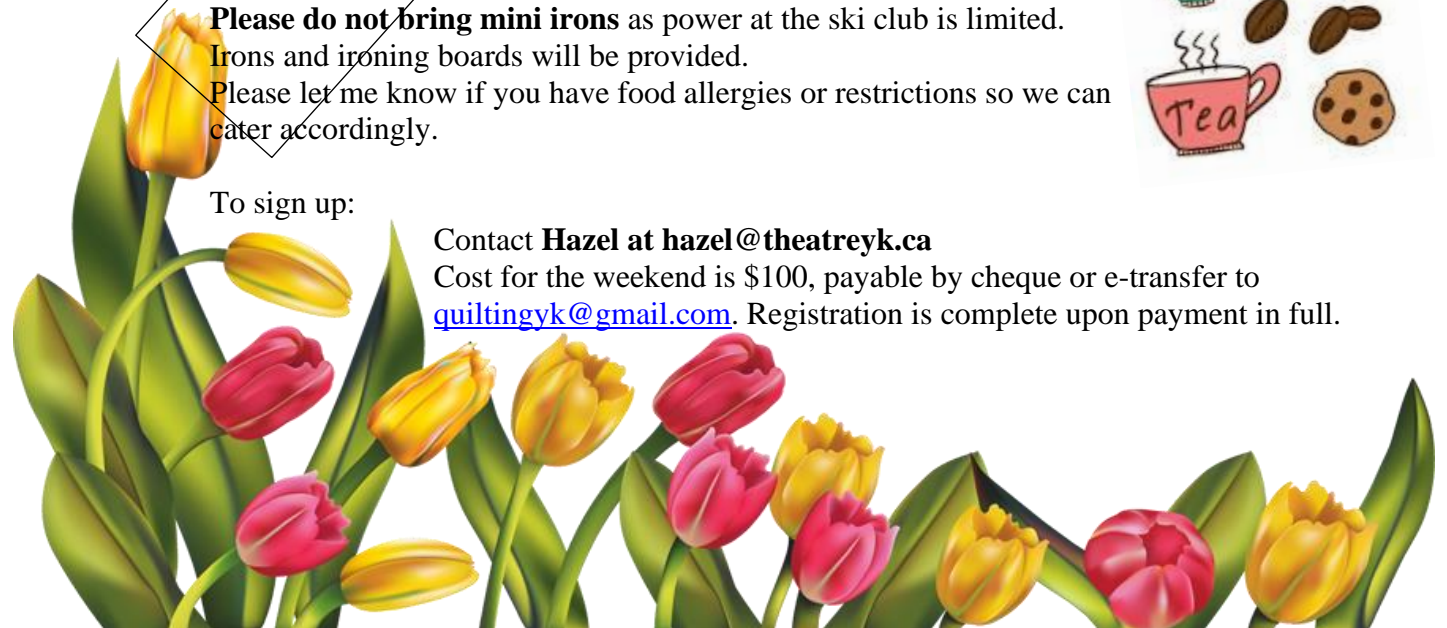
Please let me know if you have food allergies or restrictions so we can cater accordingly.

To sign up:

Contact **Hazel** at hazel@theatrek.ca

Cost for the weekend is \$100, payable by cheque or e-transfer to

quiltingyk@gmail.com. Registration is complete upon payment in full.



QUILT CHALLENGE 2024/25

LUCK OF THE DRAWZ

The 2024 November Guild meeting revealed the 2024/25 Quilt Challenge, and 18 members signed on to do the challenge! Quilters will have until the June 2025 meeting to complete their submissions, which will consist of making two draws. **You can still participate and complete your 'draws' at upcoming Guild meetings or contact Debbie to make arrangements outside of the meetings.**

Each participant made two draws. The first draw was for the "Category," and the second was for the "Randomizer" item to incorporate into your submission.

There are 4 Categories:

Traditional

Modern

Scrappy

Non-Quilt but Quilted Item

(cannot be a 'blanket' - could be an art quilt, table runner, tea cozy, coat etc.)

The second draw was for the Randomizer item you must incorporate into your project. Randomizer items could be anything Quilty - a quilt block, a technique, a type of fabric, utilizing a quilting item, etc. There are 50 Randomizer items.

Judges will determine how well you incorporated the two together.

The Rules are:

1. You must incorporate your Category and Randomizer into your submission and reveal your challenge quilt at the June 2025 Guild Meeting.
2. Quilts must be made specifically for this challenge (existing quilts may not be repurposed for the challenge).
3. Submissions must be *quilted and finished – no UFO's!
4. Quilts must be no smaller than 32" in circumference. There is no maximum size.
5. Members at the June meeting will judge how well you did!

For those of you who don't know, this is Sunbonnet Sue and she has not YET been drawn! Wouldn't she be fun??!



Good luck with your challenges everyone!

*Quilted means made of two layers of fabric filled with batting held in place with stitching.

On the road again.....

Or, maybe still... I left Yellowknife on the 14th of March (part of a convoy), and after an overnight stop in Grande Prairie, shop hopped all along the route to Red Deer before heading to a retreat in Chestermere where 2 quilt tops were completed. Back in Red Deer, I started laying out the final applique on my Valley Blossoms Quilt only to figure out a bag of stems and leaves are missing....grrrr so I glued down (ready to stitch) what I could and wrapped the

pieces around a foam roller to transport safely home. I made good use of the large kitchen island here and got several projects cut and ready to sew. This saves a lot of time when you go to a retreat.

This past weekend I met up with other friends and we gathered at the Country Bear Retreat at Sylvan Lake for a 3 ½ day retreat. Progress was made as 5 pillowcases were completed along with one quilt and a good start on another. I will start north the end of the month and am looking forward to our Guild Retreat in May and a cousin's retreat following that.

So if you haven't guessed... the theme through this little blurb is "RETREATS". I love the connections between like-minded people. It is inspiring to see all the things people are working on, never mind the learning opportunities. The bonus....someone else is cooking and you never find an unhappy person at a quilt retreat (or a quilt store for that matter)!

See you all soon.
Linda



Hi Kathryn,

Thank you and the quilters' guild again for sending 3 beautiful quilts to us after we lost our home and belongings to the Jasper wildfire. There's nothing better than snuggling up together under a soft, cozy quilt - movie nights and books on the couch are pretty essential through the winter. We appreciated you thinking of us and we were lucky to receive so much love from our "other" home, we moved from just under 3 years ago, dear Yellowknife! While I couldn't quite manage to get everyone in a picture, you'll see Cosanna, 6, snuggling up here. We are recovering well and are finding ways to help other community members too, it's going to be a long journey. Thanks again for your incredibly generous gift. Please feel free to forward this email to other quilters.

Thank you and take care,
Myka, Lachlan, Kian and Cosanna

This letter is from Lachlan and family who we sent quilts to last fall. They received the queen quilt kit the Guild worked on which was donated by a friend of Mickey Brown and the smaller quilts were donated from Alecia Callahan and Amanda Pierce.



April Guild Meeting Show 'n Tell





April Guild Meeting Show 'n Tell



Dear Members,

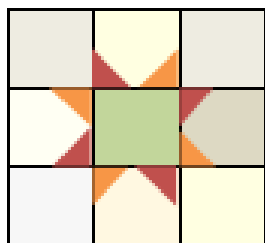
After careful consideration, I have decided that the June 2025 Newsletter will be my final edition. I will step down as newsletter editor at the conclusion of the 2024-2025 season. Over the past six years, I have truly enjoyed assembling and infusing the newsletter with my creative flair. If anyone is interested in this role, please speak to an Executive member or express your interest at the next AGM at the June Guild meeting.

*Sincerely,
Leslie Thomas*

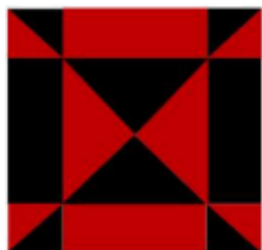
Block of the Month Listing

Date	Block Name	Block Size	Number needed	Number Finished	Notes
Nov 2023	Beginners Square Star	14"	20 squares 4 x 5 squares 54" x 67.5"	23	
Dec 2023	Turn Style Block	13"	25 squares 5 x 5 squares 62.5" x 62.5"	25	Top completed
Jan 2024	Side Kick	12.5"	30 squares 5 x 6 squares	13	
Feb 2024	Easy Hourglass	6.25"	120 squares 10 x 12 squares 57.5" x 69"	121	Enough squares
Mar 2024	Double Churn Dash	20.5"	12 squares 3 x 4 squares 60" x 60"	9	
April 2024	Two Step Quilt Block	9"	48 squares 6 x 8 squares	36 + 16	Enough squares
May 2024	Rick Rack Block	10.5"	42 squares 6 x 7 squares 60" x 70"	8	
Sept 2024	Building Blocks	9.5"	48 squares 6 x 8 squares 54" x 72"	33	
Oct 2024	Twin Sisters Block	10"	48 squares 6 x 8 squares 57" x 66.5"	16	
Nov 2024	Hidden Wells Block	11"	42 squares 6 x 7 squares 63" x 73.5"	15	
Dec 2024	Strip Block	10 ½"	42 squares 6 x 7 squares 60" x 70"	27	
Jan 2025	Woven Block	10 ½"	42 squares 6 x 7 squares	21	
Feb 2025	Double X, No. 1	12.5"	30 squares 5 x 6 squares	25	
Mar 2025	To Use Up the Pieces	12 ¾"	30 squares 5 x 6 squares	16	
Apr 2025	Children's Delight	10 ½"	42 squares 6 x 7 squares	11	

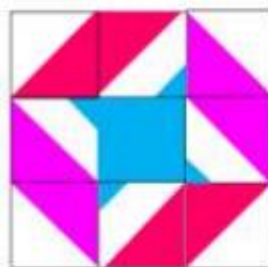
Blocks of the Month in Pictures



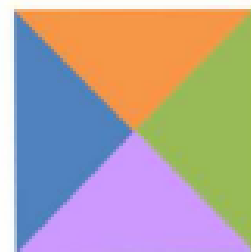
Beginners Square Star



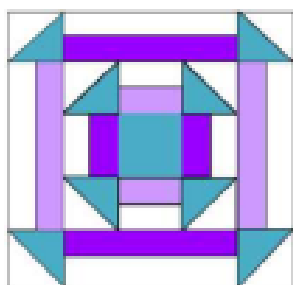
Turn Style



Side Kick



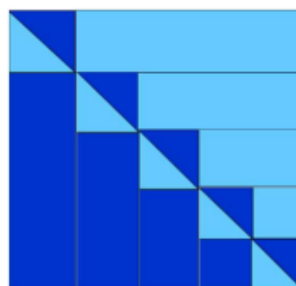
Easy Hourglass



Double Churn Dash



Two Step



Rick Rack



Building Blocks



Twin Sisters



Hidden Wells



Strip Block



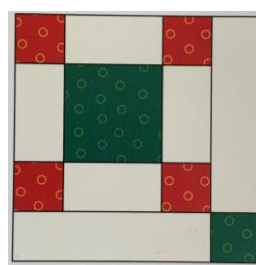
Woven Block



Double X, No. 1



To Use Up the Pieces



Children's Delight

Refer to the monthly newsletter for construction information, block size, and recommended colour options.

Recipe Corner



We all struggle when preparing meals for our families while we have been spending the day quilting. Your problem is solved here in our new QUILTER'S RECIPE CORNER!! Each month we will give you a quick, tasty and healthy option so you can spend more time working on your projects and not in the kitchen! If you have a recipe that you use that's quick to prepare, please send it to us at quiltingyk@gmail.com. We would love to use it in our Corner.



Mediterranean Stuffed Peppers Slow Cooker

Provided by Leslie Thomas

Source: <https://www.crock-pot.com/on/demandware.store/Sites-crockpot-Site/default/Content-Show?cid=mediterranean-stuffed-peppers-slow-cooker-recipe>

You will need:

2 cups cooked long-grain or jasmine rice, preferably a day old or cold
1 pound cooked lean ground beef (about 2 cups cooked)
1 (15-ounce) can diced tomatoes
4 cloves garlic, minced
1 cup finely diced onion, divided
1 cup fresh herbs (a mix of dill, cilantro, and Italian parsley – 1/3 cup each)
1 ½ teaspoon sea salt
½ teaspoon black pepper
2 tablespoons olive oil
6 to 8 large colored bell peppers (smaller peppers may be substituted, but more will be needed)
1 cup water
4 ounces canned tomato sauce

Directions:

1. In a large mixing bowl, combine rice, cooked ground beef, diced tomatoes, garlic, ½ cup diced onion, fresh herbs, salt, black pepper, and olive oil. Mix well.
2. Prepare bell peppers by removing the tops and hollowing out the insides. Stuff peppers with the filling mixture until full.
3. In the bottom of your slow cooker pour in water and tomato sauce. Add remaining diced onion and mix to combine. Arrange stuffed peppers over the sauce mixture. Cover and cook on HIGH for 2 to 3 hours, or until peppers are tender.
4. Serve by spooning sauce from the bottom of the slow cooker over the stuffed peppers.
Enjoy!

Recipe by: @fooddolls



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anitgrif@gmail.com

Newsletter Submissions

Please send articles, news, favorite quilt websites, tips, and other quilt related items for the newsletter to:

leslie06thomas@gmail.com

With the subject "For the Newsletter"

Deadline for submissions is the 3rd Thursday of the month by 7:00 p.m.

Draws at the guild meeting

The following draws take place at each Guild meeting:

Mystery Bag
\$2 each
Members only

Door Prizes
Free
Members & Guests

Guest Policy

Guests are welcome to join us at any meeting. If a guest returns for a second or subsequent meeting, there is a \$5 charge per visit. For details, please see the full policy on the website.

Members Giveaway Table

More and more Guild members are purging their stashes and offering items to Guild Members at the meetings. We will be setting up a table in the outer hallway for any items you would like other members to treasure.

Meeting Etiquette

Please be courteous when someone has the floor and refrain from other conversations.

Executive for 2024-2025

quiltingyk@gmail.com

President	Leslie Bromley
Vice President	Leslie Thomas
Secretary	Ilia Daniel
Treasurer	Donna MacDonald

With Help From

Cindy Taylor (Membership), Charlotte Babicki (Librarian), Debbie Gillard (Web Site), and Leslie Thomas (Newsletter) and Linda Whitford on our social media pages.



@YKQuilters



Yellowknife Quilters Guild

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ADVERTISING RATES:

Members for Sale Items FREE

Businesses \$35 full page

\$20 half page

\$10 quarter page

(or equivalent)

