

# Pieces of the North

Yellowknife Quilters Newsletter

Website: [www.ykquiltersguild.ca](http://www.ykquiltersguild.ca)

January 2025

Issue 205

Picture taken at the 2024 Quilt Christmas sale

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## Next Meeting

January 9, 2025 at  
7 pm @ Baker Centre.

## President's Letter

Happy 2025 Quilters!

Parts of 2024 seemed to saunter on by at a reasonable speed, with moments of the speed of desperation. Looking back on the year it has flown by. I found a quilting diary that helped to keep me on track and be more productive than usual. I have a long list of UFO's that I will be working through, starting with Christmas projects that didn't get done this year. Do you have any plans for sorting through UFO's, projects bought and not started, plans for fabric purchased with no project in mind? I can't say that I won't be buying any more fabric this year, though I will commit to finishing what is on my cutting table.

Another commitment I have made is to get up and move more while I am quilting. My ironing board is at the other end of the house, so I need to walk down the hall for all my pressing



*From the Executive*

## President's Letter (continued)

needs. I also know that it takes three trips to my ironing board to count as up and moving for one minute out of every hour that I quilt. I try to sit or cut with the best posture I can manage. My husband and I also get outside for a walk every day for an hour long walk, regardless of the weather. I am learning to layer appropriately, so I am warm but not sweaty. Taking care of our health and bodies can extend our quilting careers.

The Guild Executive has plans for a retreat at the Ski Chalet on the May Long weekend and again in October, as well as monthly, Sewcial Saturdays. We also hope to work on a couple of Sharing Gifts quilts, by finishing the tops, made with squares already donated, for the final steps of longarm quilting and binding. Starting in February, we will make more refined plans and announce our get togethers. Let's make these events like old fashioned quilting bees with fun, laughter and lots of constructive quilting.

I'm heading off on a warm, sunny, golfing holiday with friends. I have a couple of small EPP (English paper piecing) projects and a knitting project to keep my hands busy, especially on long flights and airport waits. See you in February!

Our next Guild meeting is January 9, Baker Centre, at 7pm.

Keep calm, stay warm and quilt on!

Leslie Bromley  
President

## Saturday Sewcial Sewing

**January 11, 2025  
9 am to 6 pm.**

**YK Centre in The Loft**  
To confirm your attendance,  
send email to  
**Leslie06Thomas@gmail.com.**

## December's Draw Winners:



**All who attended the  
December Guild  
meeting**



## January 2025 Quilt Block

The Quilt Guild continues the Block of the Month series in our Sharing Gifts Program. This is our fifth block in support of our Sharing Gifts Program for the 2024/2025 season. If you are unfamiliar with the Sharing Gifts program, please review the policy on our website at <https://ykquiltersguild.ca/about-us-1> (the link to the Sharing Gifts Policy is at the bottom of the Supporting Sharing Gifts page).

Our block pattern for January 2025 is called a **Woven block**. We will use a simple YouTube video tutorial from Teresa DownUnder, [https://www.youtube.com/watch?v=DEp9Im\\_0ldU](https://www.youtube.com/watch?v=DEp9Im_0ldU), which includes two basic block instructions. Watch the video from 0:06 to 1:30 for the instructions for the woven block.

**Color Way:** Choose any blue prints/solids from your fabric stash/scrap.

### **What you need for one block:**

- 4 strips – 5.5" x 3" strips in contrasting colours
- 4 squares – 3" x 3" in matching colours with the strips
- 4 squares – 3" x 3" in white or similar colour value



Block size should be 10.5" x 10.5".

Bring your completed block(s) to the January meeting or the next meeting you attend. If you're unable to attend the January meeting, you can have a friend bring them on your behalf. You can also drop them off in the guild's basket at the Quilted Raven (top of the library shelf) no later than 3 pm on January 9<sup>th</sup> and I will pick it up and bring it to the meeting. If dropping off blocks, please put your name on them so I can announce who made them.

Thanks,  
Leslie T.



# QUILT CHALLENGE 2024/25

## LUCK OF THE DRAWZ

The 2024 November Guild meeting revealed the 2024/25 Quilt Challenge, and 18 members signed on to do the challenge! Quilters will have until the June 2025 meeting to complete their submissions, which will consist of making two draws. **You can still participate and complete your 'draws' at upcoming Guild meetings or contact Debbie to make arrangements outside of the meetings.**

Each participant made two draws. The first draw was for the "Category," and the second was for the "Randomizer" item to incorporate into your submission.

There are 4 Categories:

Traditional	Modern	Scrappy	Non-Quilt but Quilted Item
(cannot be a 'blanket' - could be an art quilt, table runner, tea cozy, coat etc.)			

The second draw was for the Randomizer item you must incorporate into your project. Randomizer items could be anything Quilty - a quilt block, a technique, a type of fabric, utilizing a quilting item, etc. There are 50 Randomizer items.

Judges will determine how well you incorporated the two together.

The Rules are:

1. You must incorporate your Category and Randomizer into your submission and reveal your challenge quilt at the June 2025 Guild Meeting.
2. Quilts must be made specifically for this challenge (existing quilts may not be repurposed for the challenge).
3. Submissions must be \*quilted and finished – no UFO's!
4. Quilts must be no smaller than 32" in circumference. There is no maximum size.
5. Members at the June meeting will judge how well you did!

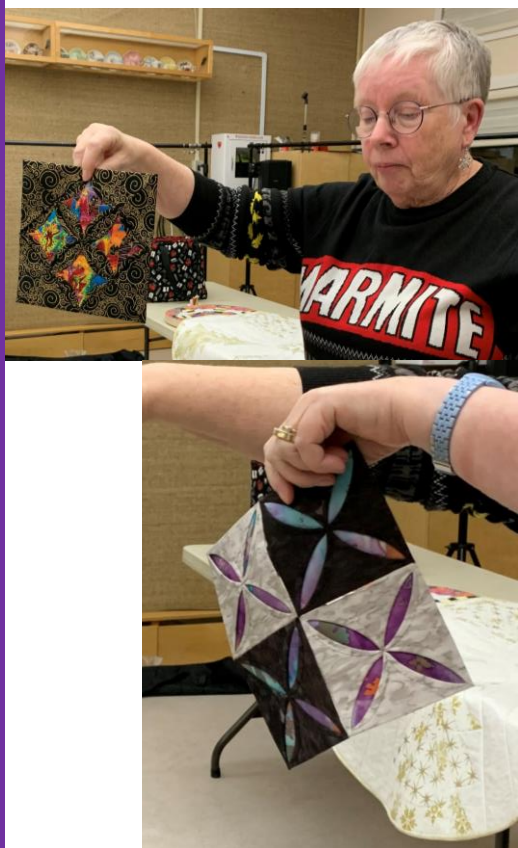
For those of you who don't know, this is Sunbonnet Sue and she has not YET been drawn! Wouldn't she be fun??!



Good luck with your challenges everyone!

\*Quilted means made of two layers of fabric filled with batting held in place with stitching.

## December Guild Meeting Show 'n Tell







*Note: Some photos of the December meeting Show n'Tell are placed in the blank spaces of this newsletter.*

# Recipe Corner



We all struggle when preparing meals for our families while we have been spending the day quilting. Your problem is solved here in our new QUILTER'S RECIPE CORNER!! Each month we will give you a quick, tasty and healthy option so you can spend more time working on your projects and not in the kitchen! If you have a recipe that you use that's quick to prepare, please send it to us at [quiltingyk@gmail.com](mailto:quiltingyk@gmail.com). We would love to use it in our Corner.



## Mexican Chicken Rice Casserole

I have made this dish several times with chicken thighs that I have cooked in instant pot.

Provided by Leslie Thomas

Source: Facebook post on My mother's recipes

### You will need:

1 lb boneless chicken breasts, cooked and shredded  
2 cups cooked white rice  
1 can (15 oz) black beans, drained and rinsed  
1 can (15 oz) corn kernels, drained  
1 cup salsa  
1 cup shredded cheddar cheese  
1 tsp chili powder  
1 tsp cumin  
Salt and pepper, to taste  
Optional toppings; chopped cilantro, sliced avocado, sour cream

### Directions:

1. Preheat oven to 350°F (175°C). Grease a 9x13-inch baking dish with non-stick cooking spray.
2. In a large mixing bowl, combine shredded chicken, cooked white rice, black beans, corn kernels, salsa, shredded cheddar cheese, chili powder, cumin, salt and pepper. Mix until well combined.
3. Transfer the mixture to the prepared baking dish and spread it out evenly.
4. Cover the baking dish with aluminum foil and bake in the preheated oven for 25 – 30 minutes, or until heated through and bubbly.
5. Remove foil and bake for an additional 5-10 minutes, or until the cheese is melted and lightly golden brown.
6. Remove it from the oven and let it cool for a few minutes before serving.
7. Serve the Mexican Chicken Rice Casserole hot, garnished with chopped cilantro, sliced avocado, and a dollop of sour cream, if desired.



## *Longarm of the North*

Offering quilting lessons, select fabrics,  
exclusive yarn, and more!

Open Tuesday- Friday 11-5pm and Saturday 12-5pm

Center 50 Mall, downtown Yellowknife, NT



## The Quilted Raven

[www.thequiltedraven.com](http://www.thequiltedraven.com)

Email: [thequiltedraven@northwestel.net](mailto:thequiltedraven@northwestel.net)

5005 53<sup>rd</sup> Street  
1-867-920-0303

## *North of 60 Quilting Services*

Get those quilts finished  
with beautiful  
edge to edge designs!



Anita Griffore

867 446-2677

[anitgrif@gmail.com](mailto:anitgrif@gmail.com)

## *Newsletter Submissions*

Please send articles, news, favorite quilt websites, tips, and other quilt related items for the newsletter to:

[leslie06thomas@gmail.com](mailto:leslie06thomas@gmail.com)

**With the subject "For the Newsletter"**

**Deadline for submissions is the 3<sup>rd</sup> Thursday of the month by 7:00 p.m.**

## *Draws at the guild meeting*

The following draws take place at each Guild meeting:

Mystery Bag  
\$2 each  
Members only

Door Prizes  
Free  
Members & Guests

## *Guest Policy*

Guests are welcome to join us at any meeting. If a guest returns for a second or subsequent meeting, there is a \$5 charge per visit. For details, please see the full policy on the website.

## *Members Giveaway Table*

More and more Guild members are purging their stashes and offering items to Guild Members at the meetings. We will be setting up a table in the outer hallway for any items you would like other members to treasure.

## *Meeting Etiquette*

Please be courteous when someone has the floor and refrain from other conversations.

## **Executive for 2024-2025**

[quiltingyk@gmail.com](mailto:quiltingyk@gmail.com)

President	Leslie Bromley
Vice President	Leslie Thomas
Secretary	Ilia Daniel
Treasurer	Donna MacDonald

### **With Help From**

Cindy Taylor (Membership), Charlotte Babicki (Librarian), Debbie Gillard (Web Site), and Leslie Thomas (Newsletter) and Linda Whitford on our social media pages.



@YKQuilters



Yellowknife Quilters Guild

[www.ykquiltersguild.ca](http://www.ykquiltersguild.ca)

### **ADVERTISING RATES:**

Members for Sale Items FREE

Businesses \$35 full page

\$20 half page

\$10 quarter page

(or equivalent)

