

Pieces of the North

Yellowknife Quilters Newsletter

Website: www.ykquiltersguild.ca

October 2024

Issue 202

Quilt Art by Hazel Wainwright



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Next Meeting

October 10, 2024 at
7 pm @ Baker Centre.

President's Letter

Fall has descended upon us quickly! Possibly faster as I have been out of town for the last week. This weather has me wanting to do more quilting while looking out the window at the weather and feeling grateful that I have a warm and cozy home.

There will be a display, at our regular Guild meeting, from the Fibre Art Network (FAN) presented by Hazel and Pat Moore. This is a national travelling display on its first stop before it heads to other venues across Canada. I am intrigued!

Linda Whitford will be attending the meeting and discussing the Christmas Quilts and More Sale to be held at the Centre Ice Plaza, in the former Luluz spot on November 23, 2024.



President's Letter (continued)

We are looking forward to seeing more blocks from Leslie T's Block of the Month patterns. Can't wait to see what her block is this month. The scrapier the better!

Linda received a very nice Thank You note from Klare's Korner Quilts in response to all the quilts we donated for the Jasper fire affected families.

Our last sewcial Saturday was quite successful. We had 7 quilters working on both machine and hand stitched projects. Our next Sewcial Saturday will be November 16 at the YK Centre in the former The Loft space. An opportunity to finish last minute details for the sale the following Saturday.

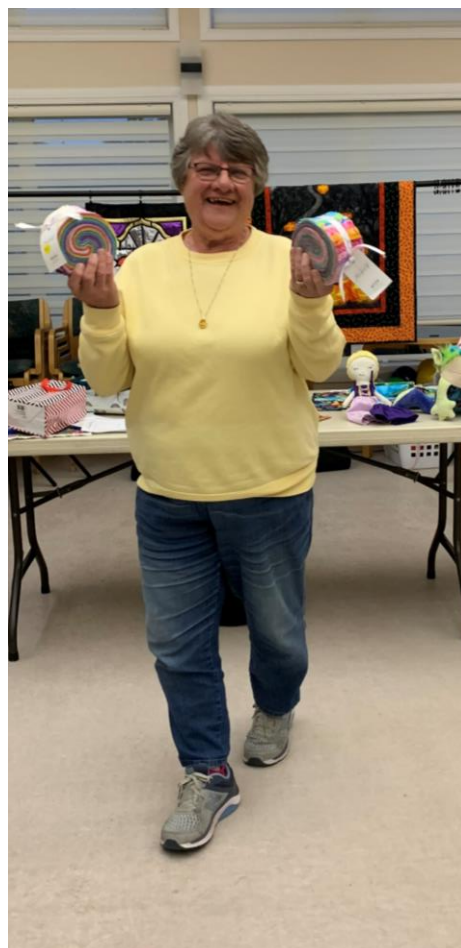
Forty of us have already paid our membership dues for the 2024/25 quilting season. This is a great start to the new season as we welcomed a new member. Those who missed the last meeting can sign up as the meeting or send an electronic transfer of \$40 to quiltinyk@gmail.com.

See you October 10 at the Baker Centre for 7 pm for our next Guild meeting. Don't forget your Show and Tell!

Keep calm, stay warm and quilt on!

Leslie Bromley
President

September's Mystery Bag Draw Winner:



Congratulations
Ann Wind

Reminder to renew your YK Quilters' Guild membership.

Membership fee remains at \$40. Cash, EFT and cheque accepted.

Details provided in email sent on September 4, 2024.

Membership Application form is on the last page of this newsletter.



October 2024 Quilt Block

The Quilt Guild is continuing the Block of the Month series in support of our Sharing Gifts Program. This is our second block in support of our Sharing Gifts Program for the 2024/2025 season. If you are unfamiliar with the Sharing Gifts program, please review the policy on our website at <https://ykquiltersguild.ca/about-us-1> (the link to the Sharing Gifts Policy is at the bottom of Supporting Sharing Gifts page).

Our block pattern for October 2024 is the **Twin Sisters Block**. This block is also known by other names such as Whirlwind and Modern Envelope.



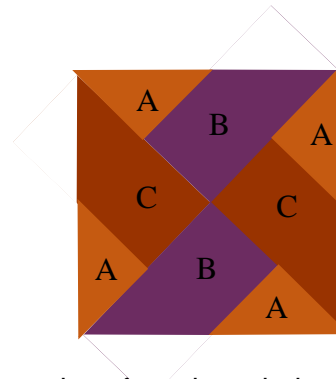
We will use Lizzy Curtis Designs technique to make the block. Watch the video on YouTube at [Twin Sisters A](#). Block construction starts around 11:47 minutes into the video and goes to 50:44 minutes.

Note: in the video at about 39:54 minutes, Lizzy realizes she has pieced half the pieces incorrectly.

Color Way: One fabric is to be an orange print or solid. The other two fabrics are your choice of prints/solids.

What you need for one block:

- Colour #A – 6 1/4" square
- Colour #B - Two, 4" x 8"
- Colour #C - Two, 4" x 8"



Finished block size: approximately 10" square.

Thank you to everyone who was able to participate in this series of blocks to help support our Sharing Gifts program.

Bring your completed block(s) to the October meeting or the next meeting you attend. If you're unable to attend the October meeting, you can have a friend bring them on your behalf. You can also drop them off in the guild's basket at the Quilted Raven (top of the library shelf) no later than October 10th and I will pick it up and bring it to the meeting. If dropping off blocks, please put your name on them so I can announce who made them.

Leslie T.



Fall Retreat 25-27 October 2024

This is an opportunity for members to have an uninterrupted weekend of sewing and socializing with quilting friends.

Where: Yellowknife Ski Club, 2nd floor. (A wonderful space with lots of windows and lots of room for 18 participants.)
When: Friday 25th October 6:00 p.m. until 5:00 p.m. Sunday 27th October.
You just go home to sleep in your own bed at night.

Schedule

Friday: Set up any time after 6:00 p.m., sew and socialize for the evening.
Saturday: Door will be open from 8:45 a.m. until bedtime.
Breakfast, lunch and dinner will be provided
Sunday: Door will be open at 8:45 a.m.
Breakfast and lunch will be provided.
4:00 - 5:00p.m. Pack up and cleanup.

What to bring:

All your sewing equipment.
Projects, ideas, etc.
Extension cord and power bar.
A snack to share (meals will be healthy so snacks don't have to be)
Any personal beverage choices (there is a fridge)
Four x 2 ½" width of fabric strips of Christmas fabric for a fun game on Saturday.
You may want to bring a pillow to sit on as chairs are hard and low.

Other information:

Coffee, tea and water will be available all weekend.
Everything can be left at night as the facility will be locked.
Please do not bring mini irons as power at the ski club is limited. Irons and ironing boards will be provided.
Please let me know if you have food allergies or restrictions so we can cater accordingly.

To sign up: Contact Hazel at hazel@theatrekyk.ca
Cost for the weekend is \$100, payable by cheque or e-transfer to quiltingyk@gmail.com.
Registration is complete upon payment in full.



September Meeting Show 'n Tell





1st Quilt





A Sharing Gifts Quilt!

This quilt was pieced by Kelly Vos, Suzette Montreuil, Kirsten Snyder, Linda Whitford, Sandi Shannon, Hazel Wainwright, Anita Villeneuve, Leslie Bromley, and Leslie Thomas. The quilting was done by Leslie Bromley and Ilia Daniel did the hand binding. The kit was donated to the guild.



Note: Some photos of the September meeting Show n'Tell are placed in the blank spaces of this newsletter.

Bone Broth Caramelized Onions:

3 diced yellow onions
16 oz beef bone broth
Dash of soy sauce (optional)

Method:

- Cook onions over medium-high heat until all water has evaporated, and they begin to brown/stick to pan (Do not add any salt)
- Pour over ~16oz of beef broth, along with 1-2 tablespoons of soy sauce, stir and boil until liquid is completely reduced.

This onion recipe
compliments the
Bacon Cheeseburger
Mac n' Cheese

Recipe Corner



We all struggle when preparing meals for our families while we have been spending the day quilting. Your problem is solved here in our new QUILTER'S RECIPE CORNER!! Each month we will give you a quick, tasty and healthy option so you can spend more time working on your projects and not in the kitchen! If you have a recipe that you use that's quick to prepare, please send it to us at quiltingyk@gmail.com. We would love to use it in our Corner.



Bacon Cheeseburger Mac n' Cheese

Source: Stealth Health Life on Meta (Facebook)

Video link <https://www.facebook.com/reel/437022756156618>

Provided by Leslie Thomas

You will need:

Beef Marinade

28 oz can diced tomatoes, 4 tbsp sweet relish
3 tbsp tomato paste, 2 tbsp garlic puree
2 tbsp diced chipotles
5 tsp coarse salt, 1 tbsp onion powder
1 tbsp garlic powder, 1 tbsp black pepper
1 tbsp oregano, 1 tsp cumin
48 oz (1.36 kg) 93% ground beef
8 slices centercut bacon
800 gr 2% cottage cheese
150 gr extra sharp cheddar cheese
125 gr American cheese
250 ml milk
Salt & pepper to taste
672 gr pasta (cooked half way per package directions)
Bone Broth caramelized onions***

Directions:

1. Mix well in a medium bowl the diced tomatoes, sweet relish, tomato paste, garlic puree, diced chipotles, coarse salt, onion powder, garlic powder, black pepper, oregano and cumin. Set aside marinade.
2. Place ground beef and ½ the marinade in slow cooker. Mix until blended. Add bacon pieces to the side of the slow cooker in a single layer. Cook in slow cooker on High: 2-3 hours or Low: 3-4 hours.
3. After cooking time scrap sides of slow cooker and add second half of marinade. Mix well.
4. Cook pasta for half the time shown on package. Then add to slow cooker. Add the bone broth caramelized onions
5. Blend cottage, cheddar, and American cheeses with the milk, salt & pepper in blender. Then pour over the beef and pasta mixture and mix. Cover on low for 15-20 min.

Garnish with chopped chives. Serve and enjoy.

***See previous page for ingredients and method.



Longarm of the North

Offering quilting lessons, select fabrics,
exclusive yarn, and more!

Open Tuesday- Friday 11-5pm and Saturday 12-5pm

Center 50 Mall, downtown Yellowknife, NT



The Quilted Raven

www.thequiltedraven.com

Email: thequiltedraven@northwestel.net

5005 53rd Street
1-867-920-0303

North of 60 Quilting Services

Get those quilts finished
with beautiful
edge to edge designs!



Anita Griffore

867 446-2677

anitgrif@gmail.com

Newsletter Submissions

Please send articles, news, favorite quilt websites, tips, and other quilt related items for the newsletter to:

leslie06thomas@gmail.com

With the subject "For the Newsletter"

Deadline for submissions is the 3rd Thursday of the month by 7:00 p.m.

Draws at the guild meeting

The following draws take place at each Guild meeting:

Mystery Bag
\$2 each
Members only

Door Prizes
Free
Members & Guests

Guest Policy

Guests are welcome to join us at any meeting. If a guest returns for a second or subsequent meeting, there is a \$5 charge per visit. For details, please see the full policy on the website.

Members Giveaway Table

More and more Guild members are purging their stashes and offering items to Guild Members at the meetings. We will be setting up a table in the outer hallway for any items you would like other members to treasure.

Meeting Etiquette

Please be courteous when someone has the floor and refrain from other conversations.

Executive for 2024-2025

quiltingyk@gmail.com

President	Leslie Bromley
Vice President	Leslie Thomas
Secretary	Ilia Daniel
Treasurer	Donna MacDonald

With Help From

Cindy Taylor (Membership & Librarian), Charlotte Babicki (Librarian), Debbie Gillard (Web Site), and Leslie Thomas (Newsletter) and Linda Whitford on our social media pages.



@YKQuilters



Yellowknife Quilters Guild

www.ykquiltersguild.ca

ADVERTISING RATES:

Members for Sale Items FREE

Businesses \$35 full page
 \$20 half page
 \$10 quarter page
 (or equivalent)



Yellowknife Quilters Guild

Membership Application Form

Sept. 1, 2024 – Aug. 31, 2025

The annual fee is **\$40**, payable by electronic fund transfer, cash, or cheque.

EFT: transfer to Yellowknife Quilters at quiltingyk@gmail.com.
If you are a new member or have a change in information from last year, please send a separate email with name, email address and phone number (optional) to quiltingyk@gmail.com.



Cash: bring to monthly meeting or mail to address below. Include membership form (or equivalent info) with payment.

Cheque: bring to the monthly meeting or mail to the postal address below. Make payment to Yellowknife Quilters Guild. Include membership form (or equivalent info) with payment.

Meetings are usually held on the second Thursday of the month at the Baker Center, **starting at 7:00 pm**.

The monthly newsletter will be sent to your email address.

Name: _____

Email Address: _____

Phone: _____

Payment Method: ☐ EFT
☐ Cash
☐ Cheque

Mailing address:

Yellowknife Quilter's Guild
Box 992
Yellowknife NT X1A 2N7