


Monthly Calendar -Ferry Hill Center

February 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2 Gentle Yoga 10am (paid program) Women's Recovery 7pm (free group)	3	4	5
6	7 Women's Wellness 7pm (free group)	8 Anxiety Support 7pm (free group)	9 Gentle Yoga 10am (paid program) Women's Recovery 7pm (free group)	10	11	12 Gentle Yoga & Breakfast Workshop (paid program) 9-11am
13 Meditation for stress 6pm (free group)	14 Women's Wellness 7pm (free group)	15	16 Gentle Yoga 10am (paid program) Women's Recovery 7pm (free group)	17	18	19
20	21 Women's Wellness 7pm (free group)	22 Children's Yoga & Art (paid program) 10am-12pm	23 Gentle Yoga 10am (paid program) Women's Recovery 7pm (free group)	24	25	26
27	28 Women's Wellness 7pm (free group)					

FERRY HILL CENTER
 PART OF THE JAMES P. HARRINGTON
 ORGANIZATION
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For More Info Contact:
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