PROMISING FUTURES

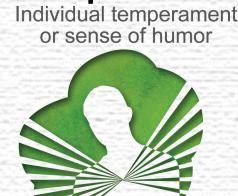
PROMOTING RESILENCY among children and youth experiencing domestic violence

PROTECTIVE FACTORS THAT PROMOTE RESILIENCY

INDIVIDUAL

Relationships Ability to form relationships with peers





Temperament



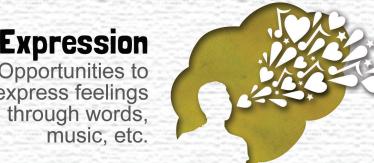






techniques

Expression Opportunities to express feelings





Conflict Resolution Development of conflict resolution & relaxation



Culture Strong cultural identity

FAMILY

Role Models

Adults who role model healthy relationships



Health Healthy caregivers



Networks

Relationships with extended family members and others



Supportive Relationships

Positive child-caregiver relationships



Stability

Stable living environment

COMMUNITY



Access to Services

Basic needs, advocacy, health



Positive school climate and supports



Mentors

Role models & mentors, i.e. coach, faith leader

Neighborhood Cohesion Safe & connected communities





Get started at www.PromisingFuturesWithoutViolence.org

National Domestic Violence Hotline: 1-800-799-7233 (SAFE)

National Dating Abuse Helpline: 1-866-331-9474 or text "loveis" to 77054

Promising Futures: Best Practices for Serving Children, Youth & Parents is a project of Futures Without Violence



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