

Passion/Purpose Worksheet

Use this worksheet to help you identify and connect your passions, strengths, and potential career paths. Follow each step, engage with each activity, and fill in your answers thoughtfully.

Step 1: Find What Inspires You

Activity: Inspiration Collage
Create a collage with images, words, and symbols that represent the things that inspire you.

List three things that inspire you below:

Inspiration 1: _____

Inspiration 2: _____

Inspiration 3: _____

Step 2: Choose Skills/Subjects/Activities That Come Naturally

List activities or subjects where you excel or that you find easy:

Step 3: Connect Your Inspiration and Skills

What are potential combinations you can come up with between your inspiration and skills?

Inspiration + Skill Combination 1:

_____ + _____

Inspiration + Skill Combination 2:

_____ + _____

Step 4: Identify One Principle to Adhere To

Choose one principle that you will follow while pursuing your passion.

☐ Commitment

☐ Persistence

☐ Integrity

☐ Quality Work

☐ Diligence

☐ Other: _____

Step 5: Define Who Can Benefit from Your Passion or Talent

Activity: Service Project
Plan and execute a small service project. Reflect on the experience and how it felt to help others below:

Step 6: Explore Career Paths

Activity: Career Research
Pick three careers that interest you. Research what they entail and what skills are needed. Create a comparison chart with pros and cons for each.

Career 1: _____

Career 2: _____

Career 3: _____