

Humans and our affection of society



Illustration: The environment creates you (Birth of Earth until 2023)

When it comes to the subject of epigenetics, there are several different opinions around the timespan for a human to be affected by our environment. It is uncertain. One of the reasons why it is uncertain is because of the difficulties of all the matter and thought provoking situations a human being is exposed to, when it comes to life. We are born premature, not being able to be born mature as a result of brain structure. To gather all the information within you requires more white matter than what you are given from birth, in short terms. It is called epigenetics.

The human mind, as a result of your brain, will within the first 0-7 years create more neurons than your life will ever do later on. We can call it preparation. When you are 'prepared', you are getting schooled.

Let's say something is happening in your life which will affect you at a higher rate. You as a being will consider this happening(s) at a scale which seems to be individually. Challenge number one regarding epigenetics. The more you think about it, the more it will affect you in your daily life, and the more it will create you and how you might behave or react in your life. The uncertainty regarding the timeline is the question when it comes to altering your own genes, or your spouse. This subject seem to be so fascinating that there will be three questions:

- *Sugar*; If you are overweight, will your children also become overweight? And if so, is it because you are appearing in this way, or because there are lots of sweets in the home?
- *Drug abuse*; If you prefer to escape from reality, will your children also do so? And if so, is it because you expose them to such a possible way to live? Is your genes tolerable for what kind of outcome?
- *Muscle memory*; Let's point out that your brain behaves as a muscle. Does it then remember how to create a functioning brain and mind regarding reproduction? Have you eaten fast food or non farmed fish?

By these questions it is needed to go further into how the media system operates. It has a tendency to report on fear based matters and situations. As a human you are driven to your actions by fear in most situations. You might not agree at this point, but remember that most of the things you do and why you do it, rely on your subconscious mind. So you really do not know. When you are fed with fear your amygdala will grow. If you watch a horror movie at a cinema or at home, you will be exposed to a situation where your nervous system is being manipulated. It is fear with no reason to exist within you. You can call it excitement or entertainment. The point is that it is subconscious .

So, if the environment creates the fear which is not naturally occurring within you, it affects your genes. It affects your genes as an outcome for your own contribution to society. We are social beings, so this seems to be set, often.

An example: My daughter is soon to be five years old. She lives with her mom, and loves commercials.

Choose your surroundings wisely, or see your journey as a learning period.

