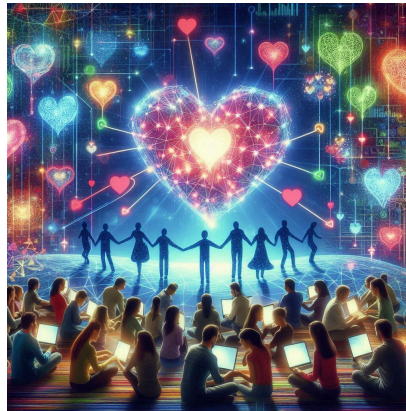


## *Thy Self*



*The rise of the ego seems to be proportional to the implementation of complication within a state system.*

The digital part of the epigenetically evolutionary process seems to have a bigger impact on mind body / mind experience than expected. By this meaning a possible future reduction of acceptance, physical health (metabolism) and self-awareness. This is why it is so important to implement uptodate algorithms adapting to a society where the youth can explore the digital world in a non harmful way as possible for their faith in probably everything Earth has to offer. The ego is fascinating. The main aspect of life, keeping you alive. We all have names for a reason.

Question: What does a leader mean to you?

It is always the leader's way of systemifing responsibility for your own safety. And if it's not, there sure must be an elite of people trying to control certain events behind the curtains. This is at least a way to inherit and keep traditions. If I am to decide for you right now, and I say “Go to the f\*\*\*\*\* gym!”. Then it can raise a question whether I would say that to make a point out of my own values, or I rather wanted to help you out. Well, you will never know, that's for sure. The hairline of where apathy vs. empathy cross each other is related to the ego.

So, the balance between thyself and thee environment seems to be an art of living. There can be many questions around this subject of interaction, such as: What does it gain me later on in life? Why is it important for my ego?

*Question one:* Let us say you operate / behave like Morten Juklerød Sønningdal: You are in desperate need of putting you p\*\*\*\* into a v\*\*\*\*, so your step-daughter is being withheld the opportunity to live with her non-child abuser father. Is this ego-related or manipulation by an abusive mother? (The ego is the main role in this question)

*Question two:* Is this empathy or apathy?

These questions can contribute to understanding diversity. The most beautiful thing about Earth. And if you care about diversity you are already three steps ahead when it comes to how lower ego-centric mindset you are, empathy, and how you basically want to meet the world. This might sound like a cliché; but give it a smile, the chances for getting a smile back is greater than not to receive a positive facial contraction. And that itself, can be a way to use your own ego to think more about the environment. And maybe also reflect over why things are as they are.

*Life & User Manual, does not exist*



