

Get Balanced Reiki

Consultation Form

Get Balanced Reiki: Consultation Request Form

Thank you for your interest in working with me! Please fill out the following form to help me understand your needs better. I look forward to connecting with you!

1. Personal Information

- Full Name: _____
- Email Address: _____
- Phone Number: _____
- Preferred Method of Contact:
 - ☐ Email
 - ☐ Phone
 - ☐ Text

2. Brief Background

- What motivated you to seek health and wellness coaching?

- Have you worked with a coach or practitioner before?

- ☐ Yes

- ☐ No

If yes, please provide a brief description of your experience:

3. Goals and Challenges

- What are your main health and wellness goals? (Check all that apply)

- ☐ Weight Loss

- ☐ Improved Nutrition

- ☐ Stress Management

- ☐ Increased Energy

- ☐ Enhanced Mindfulness

- ☐ Other: _____

- What challenges or obstacles are you currently facing in reaching your goals?

4. Additional Information

- Do you have any medical conditions or dietary restrictions I should be aware of?

- How did you hear about Get Balanced Reiki?

5. Consultation Preferences

- What days and times work best for you for a consultation?

6. Questions or Comments

- Is there anything specific you would like to discuss during your consultation?

Submission Instructions:

Please submit this form via email to olivia.chambers@getbalancedreiki.com. I will get back to you as soon as possible to schedule your consultation.

Thank you, and I look forward to helping you on your journey to wellness!

THE FUTURE, RIGHT AT YOUR FINGERTIPS.