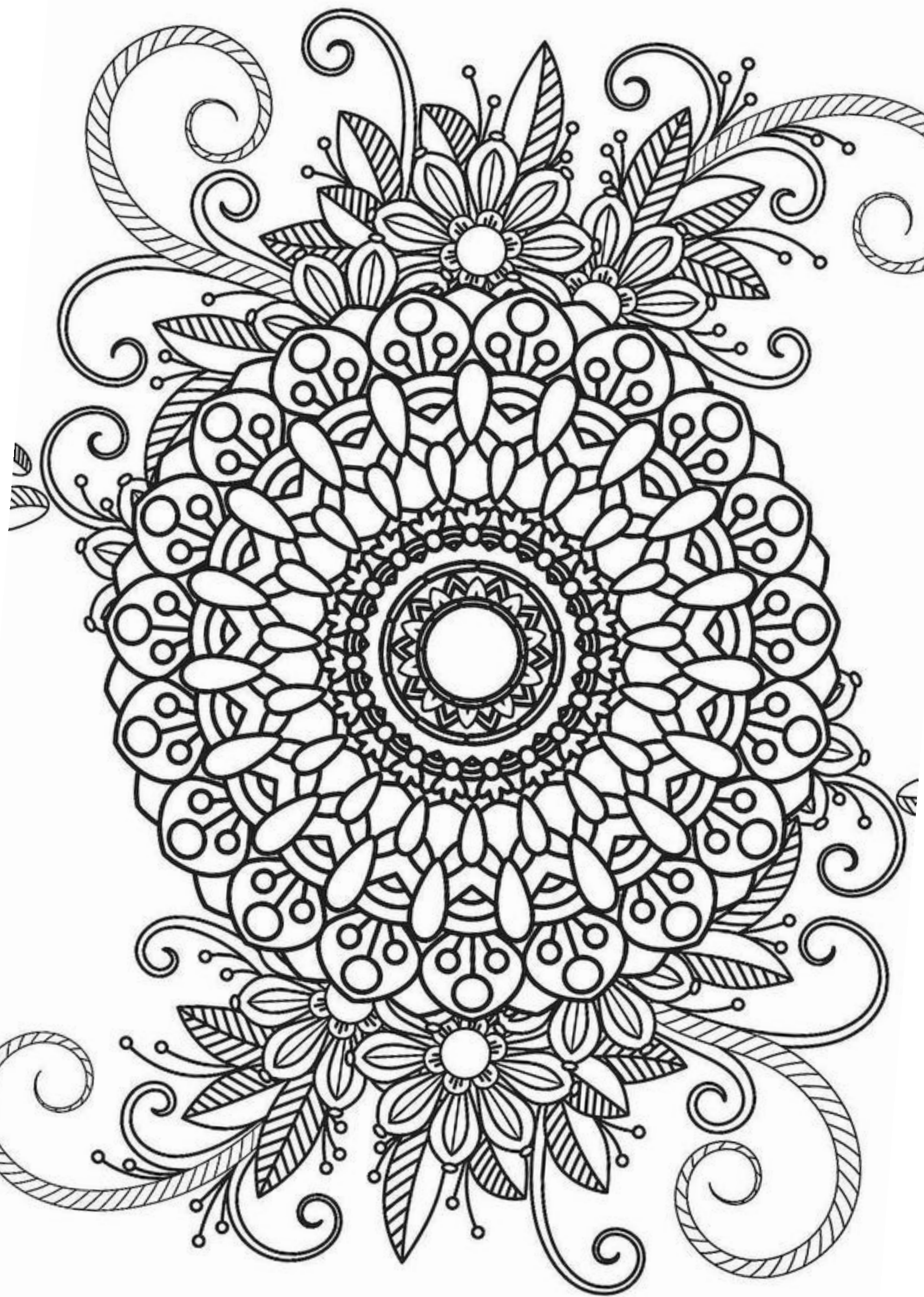


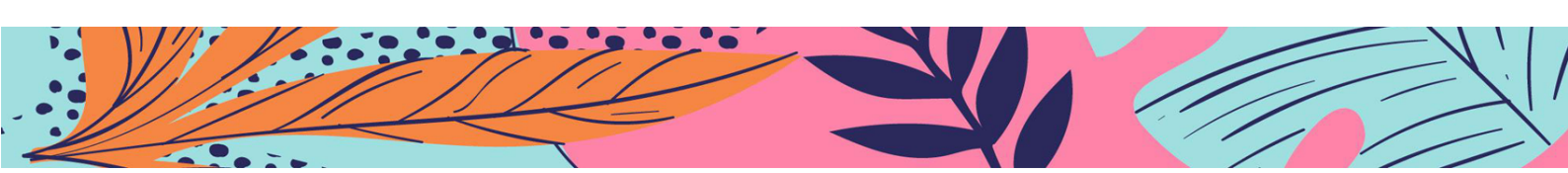
THE  
COMPLETE  
*Vision Board*

KIT **2024**

*Created by ~Terry Perez*







What is the biggest, boldest, most intimidating, deepest desire in your soul?

What are you most excited about doing this coming year?

What worries you about the year ahead?

What would you like to add more of to your life this year?



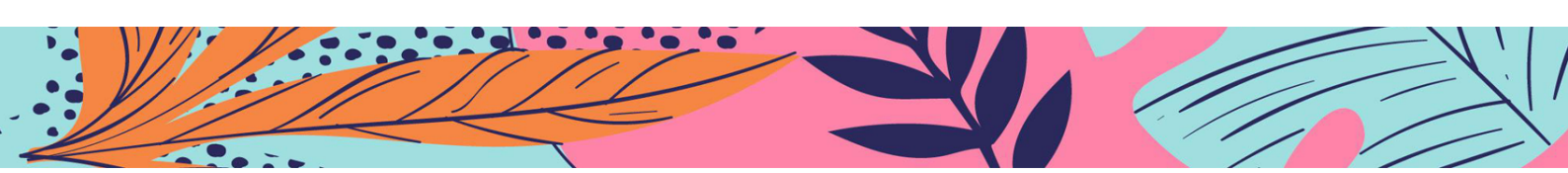


How and why was 2023 successful?

What places do you want to visit in 2024 and why?

What worries you about the year ahead?





What can you do this year to bring your closer to the ideal life you wish for?

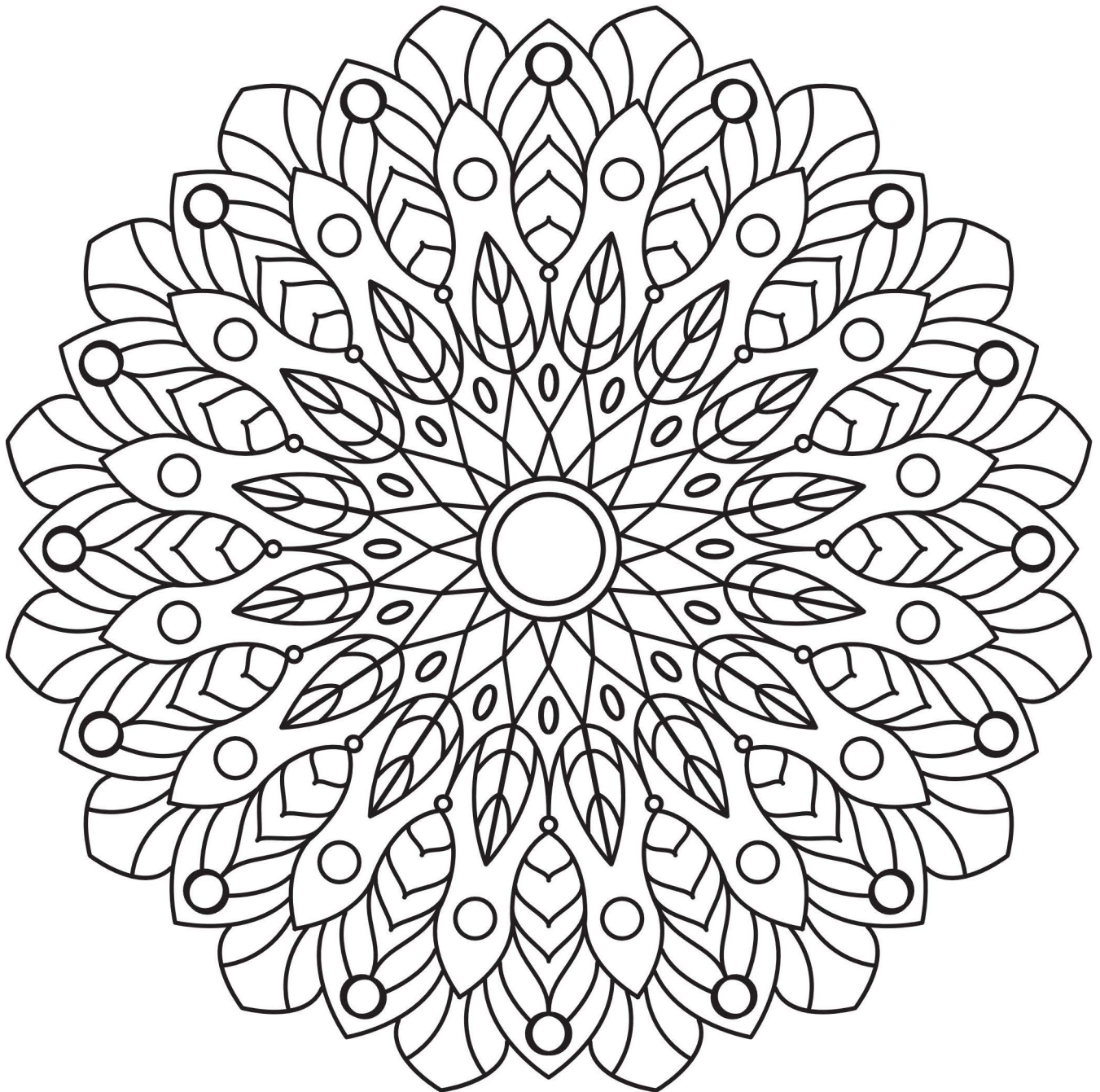
What one thing will you SOLELY do for YOU in 2024?





# YOUR MANTRA MANDALA

Choose a mantra to keep in your mind that will help you truly focus and stay inspired to reach the goals that you put on your vision board. Use this Mandala below to affirm your mantra by taking a moment of mindfulness to colour it in and focus on what that mantra means for you and your big goals.



*Your Mantra:*

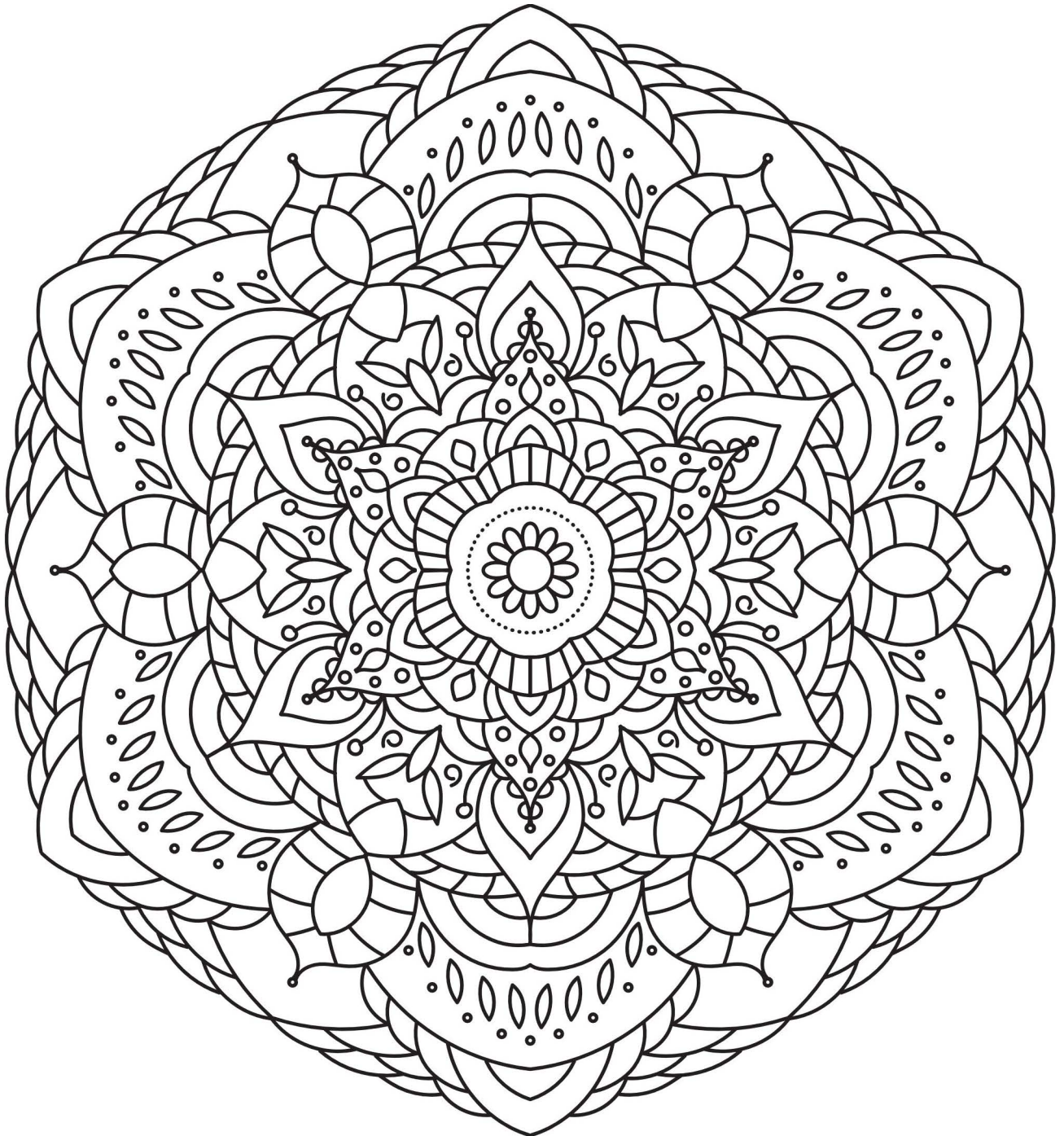


What one word sums up the year that you would like to have?  
Expand on how you feel when repeat this word to yourself. Does this word  
aligned with the intentions that you have set for yourself? Put pictures of  
your word or words here and then pick the **ONE WORD**



# YOUR WORD OF THE YEAR

When you have chosen what your word of the year will be, use this Mandala below to affirm your mantra by taking a moment of mindfulness to colour it in and focus on what that word means for you and your big goals. It's best to do this activity once you have completed the word of the year journaling prompt.



*Your Word of the Year:*





# Vision Board

HEALTH

LOVE

FAMILY

FINANCE

SKILLS

RELATIONSHIPS

PERSONAL  
DEVELOPMENT

CAREER

FUN &  
RECREATION

SPIRITUALITY

SOCIAL

KNOWLEDGE





# Vision Board

*Visualize yourself achieving all your goals!*

HEALTH

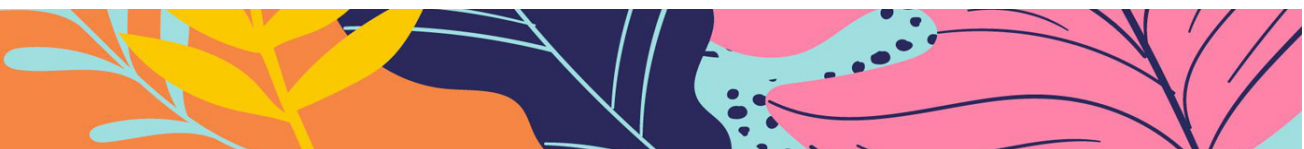
LOVE

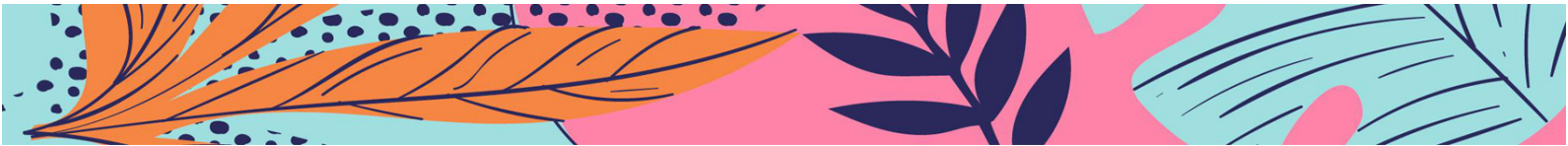
WEALTH

CAREER

FAMILY

SPIRITUALITY





# Vision Board

*Looking At My Future*

LIFESTYLE

HEALTH

MINDSET

FAMILY

CAREER

LOVE

WORLD TRAVELS

WEALTH

MORE





# Vision Board

PERSONAL GOALS

SKILLS TO LEARN

FAMILY GOALS

HABITS TO IMPROVE & IMPLEMENT

HEALTH & FITNESS GOALS

CAREER GOALS

FINANCIAL GOALS

YEARLY BUCKETLIST



# Law of Attraction Check


 **PROSPERITY BANK**  
999 ABUNDANCE LANE  
MILKY WAY, GALAXY 11133

777  
\_\_\_\_\_  
DATE

PAY TO THE  
ORDER OF \_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_  
DOLLARS


 **MY BANK**  
777 GRATITUDE WAY  
EARTH, GALAXY 11133

MEMO \_\_\_\_\_  
\_\_\_\_\_  
AUTHORIZED SIGNATURE

 **PROSPERITY BANK**  
999 ABUNDANCE LANE  
MILKY WAY, GALAXY 11133

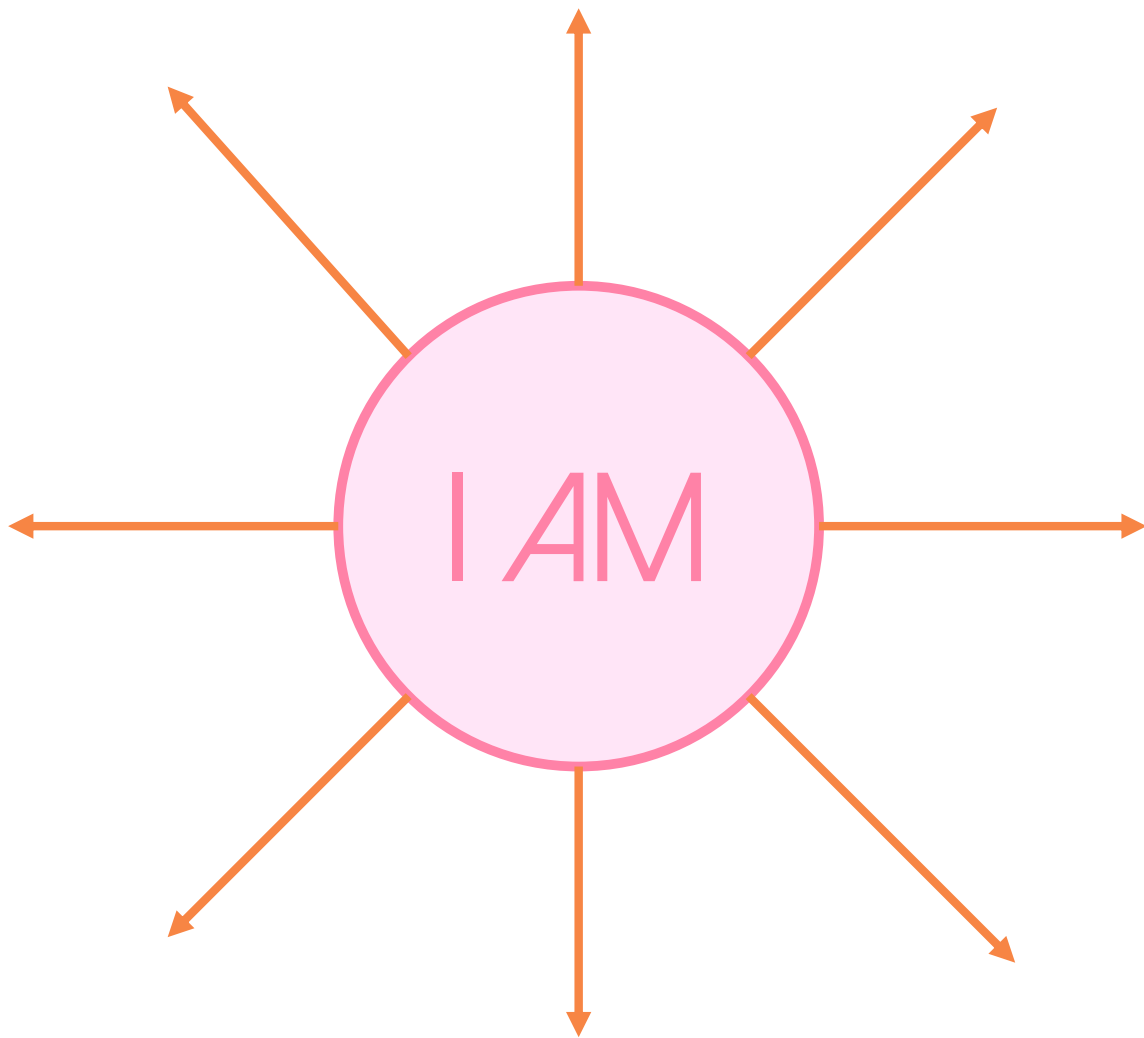
777  
\_\_\_\_\_  
DATE

PAY TO THE  
ORDER OF \_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_  
DOLLARS

 **MY BANK**  
777 GRATITUDE WAY  
EARTH, GALAXY 11133

MEMO \_\_\_\_\_  
\_\_\_\_\_  
AUTHORIZED SIGNATURE

# Affirmation Board





# Self Affirmation

I AM

MAKE STATEMENTS ABOUT WHAT YOU WANT TO BE:

I HAVE

MAKE STATEMENTS ABOUT WHAT YOU WANT TO HAVE:





# Self Care Checklist

SELF CARE TASKS	M	T	W	T	F	S	S
HEALTHY EATING							
PHYSICAL ACTIVITY							
READING							
MINDFULNESS							
GETTING FRESH AIR							
ENOUGH HOURS OF SLEEP							







# Goal Planning

MENTAL HEALTH

Blank space for writing goals related to Mental Health.

PHYSICAL HEALTH

Blank space for writing goals related to Physical Health.

CAREER

Blank space for writing goals related to Career.

FINANCES

Blank space for writing goals related to Finances.

RELATIONSHIPS

Blank space for writing goals related to Relationships.

BONUS

Blank space for writing bonus goals.





# 30 Day Goal Planner

THIS MONTH I WILL:

MONTH

MONTH				
1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

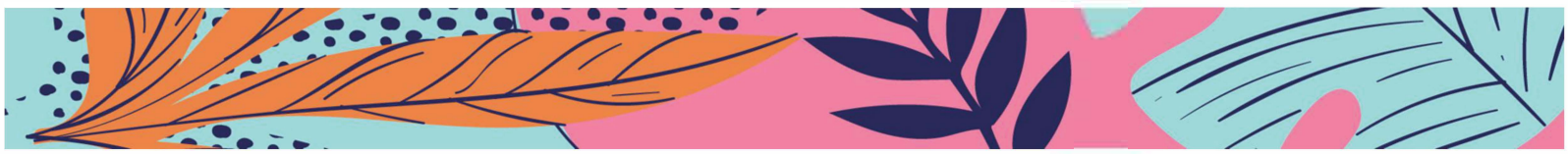
MY REWARD:

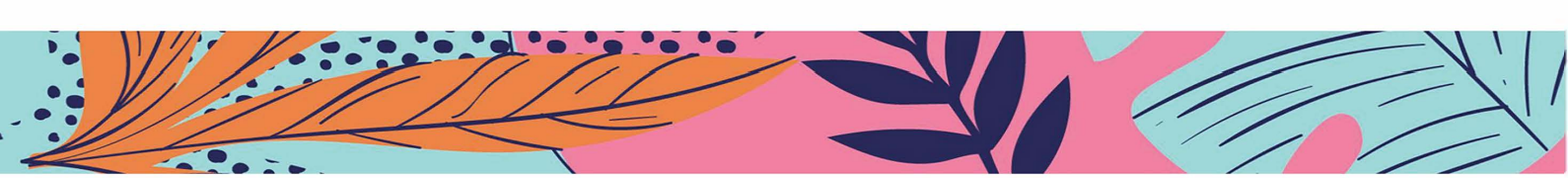




# *Vision Board Planning*











Spiritual

Financial

Health

Career



Family

Relationships

Hobbies

Personal Growth

Wealth

Travel

Lifestyle

Learning

Be



Do

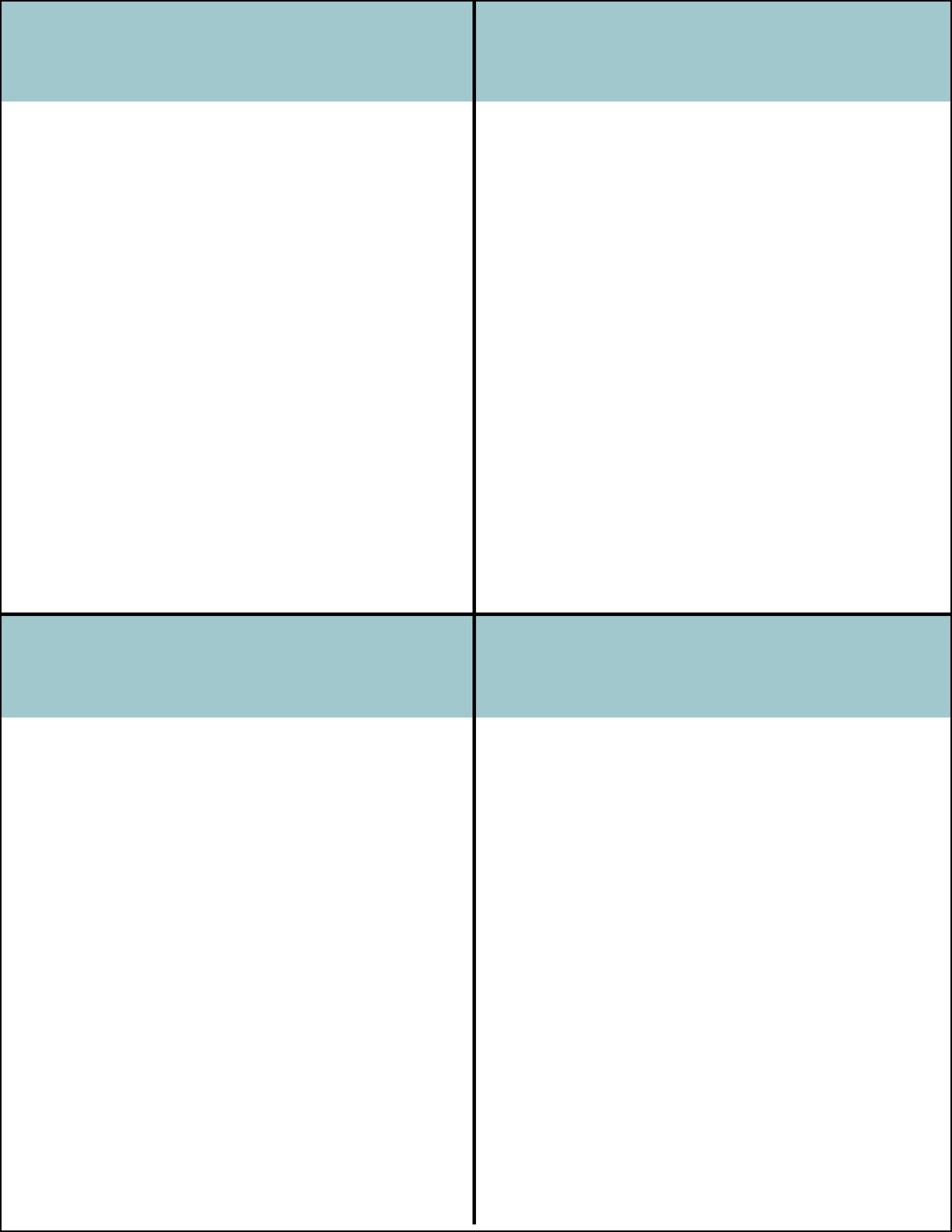


Visit



Try





*Almost everything  
will work again*  
IF YOU UNPLUG IT  
FOR A FEW MINUTES,  
INCLUDING  
YOU

ANNE LAMOTT

I'D RATHER ATTEMPT  
TO DO SOMETHING  
*great*  
AND FAIL  
THAN TO ATTEMPT TO DO  
*nothing*  
AND SUCCEED

ROBERT H. SCHULLER

THINGS WORK OUT  
**BEST**  
*for those who make the*  
**BEST**  
*of the way.*  
THINGS WORK OUT

John Wooden

*if you*  
**CHANCE**  
THE WAY YOU  
LOOK AT THINGS,  
THE THINGS YOU LOOK AT  
**CHANCE**

WAYNE DYER

THE BEST WAY TO  
FORGET THE  
BAD THINGS  
IN LIFE IS TO LEARN  
TO REMEMBER THE  
**GOOD  
THINGS**

MARK AMEND

WHOEVER IS  
**happy**  
WILL MAKE OTHERS  
**happy**  
TOO

- ANNE FRANK -

YOU DON'T  
HAVE TO BE  
**GREAT**  
TO START,  
BUT YOU HAVE TO  
**START**  
TO BE GREAT

- ZIG ZIGLAR

GRATITUDE CAN  
TRANSFORM  
COMMON DAYS INTO  
THANKSGIVINGS.  
TURN ROUTINE  
JOBS INTO JOY.  
AND CHANGE ORDINARY  
OPPORTUNITIES INTO  
BLESSINGS.

- William Arthur Ward -

WHY DO WE  
CLOSE OUR EYES  
WHEN WE PRAY, CRY,  
DREAM OR KISS?

BECAUSE WE KNOW THAT  
THE MOST BEAUTIFUL THINGS  
IN LIFE ARE NOT SEEN,  
BUT FELT BY THE HEART.

- Anne Sullivan -

**TAKE ONE DAY  
AT A TIME**  
TODAY, AFTER ALL,  
IS THE TOMORROW  
**YOU WORRIED  
ABOUT YESTERDAY**

BILLY GRAHAM

NEVER GET TIRED  
OF DOING LITTLE  
THINGS FOR OTHERS  
FOR SOMETIMES  
THOSE LITTLE THINGS  
OCCUPY THE BIGGEST  
PART OF THEIR  
**HEART**

Ida Azzari

WHEN WRITING THE  
*story*  
OF YOUR LIFE,  
DON'T LET ANYONE  
ELSE HOLD THE PEN

HARLEY DAVIDSON

*dream* brave grateful LOVE  
*bigger joy* always GIVE VE  
2024 happy faith  
kindness  
purpose discipline  
passion patient 2024  
*dreamer*  
happy 2024 PRAY  
home save love HOPE  
invest PEACE  
2024 *debt* FREE  
HEALTHY  
*friendship* family *adventure*  
TRAVEL  
career

2024 purpose

2024 family save

passion always  
GIVE invest

dreamer dream  
bigger happy  
home

kindness discipline

patient

save

invest

*adventure*

TRAVEL

career



LOVE

*happy*

faith

2024

PRAY

HOPE

*love*

PEACE

*debt*  
FREE

*adventure*

TRAVEL

career

grateful

*brave*

*joy*

HEALTHY

*friendship*

2024

2024

2024

HEALTHY

*debt*

FREE

2024

faith

*joy*

PRAY

*love*

HOPE

*happy*

PEACE

kindness

discipline

patient

2024

2024  
grateful

*always*  
GIVE

LO  
VE