

SENSORY QUESTIONNAIRE

Students Name _____

Date _____

Please circle best option:

1=No, not too bad-----5= Yes, major issue

Movement

- | | | | | | |
|--|---|---|---|---|---|
| 1. Clumsy or awkward when moving | 1 | 2 | 3 | 4 | 5 |
| 2. Constantly moving, fidgeting, in odd positions | 1 | 2 | 3 | 4 | 5 |
| 3. Chooses sedentary options, avoids movement activities | 1 | 2 | 3 | 4 | 5 |
| 4. Withdraws from active environments | 1 | 2 | 3 | 4 | 5 |
| 5. Always "on the go" | 1 | 2 | 3 | 4 | 5 |
| 6. Walks on toes (or history of walking on toes) | 1 | 2 | 3 | 4 | 5 |
| 7. Trouble transitioning from recess to desk time | 1 | 2 | 3 | 4 | 5 |
| 8. Standing, walking the room, lots of excuses to move | 1 | 2 | 3 | 4 | 5 |

Touch

- | | | | | | |
|---|---|---|---|---|---|
| 9. Comes too close in personal space | 1 | 2 | 3 | 4 | 5 |
| 10. Fidgets, touches items or people more than peers | 1 | 2 | 3 | 4 | 5 |
| 11. Seeks out certain fabrics, textures or objects | 1 | 2 | 3 | 4 | 5 |
| 12. Avoids activities that are messy (paint etc) | 1 | 2 | 3 | 4 | 5 |
| 13. Avoids people getting too close or touching | 1 | 2 | 3 | 4 | 5 |
| 14. Notices tags, seams and is distracted by this | 1 | 2 | 3 | 4 | 5 |
| 15. Irritated when working in close proximity to others | 1 | 2 | 3 | 4 | 5 |
| 16. | | | | | |

Auditory

- | | | | | | |
|---|---|---|---|---|---|
| 17. Misses oral instruction in class more than others | 1 | 2 | 3 | 4 | 5 |
| 18. Hums, whistles, sings or makes noises | 1 | 2 | 3 | 4 | 5 |
| 19. Trouble participating in groups or noisy settings | 1 | 2 | 3 | 4 | 5 |
| 20. Seems overly bothered by loud sounds | 1 | 2 | 3 | 4 | 5 |
| 21. Distracted or has trouble completing tasks with noise | 1 | 2 | 3 | 4 | 5 |
| 22. Difficulty with large group setting (lunch, assembly) | 1 | 2 | 3 | 4 | 5 |

Visual

- | | | | | | |
|---|---|---|---|---|---|
| 23. Misses written directions more than others | 1 | 2 | 3 | 4 | 5 |
| 24. Doesn't watch instruction but can perform activity | 1 | 2 | 3 | 4 | 5 |
| 25. Spins or flicks items in front of eyes | 1 | 2 | 3 | 4 | 5 |
| 26. Distracted by nearby visual stimuli (windows, pictures) | 1 | 2 | 3 | 4 | 5 |
| 27. Watches as people move around the room | 1 | 2 | 3 | 4 | 5 |
| 28. Seems oblivious within an active space | 1 | 2 | 3 | 4 | 5 |
| 29. Wears a hoodie or has face covered by hair/hat | 1 | 2 | 3 | 4 | 5 |

Oral

- | | | | | | |
|---|---|---|---|---|---|
| 30. Chews fingernails, pencils, clothes more than peers | 1 | 2 | 3 | 4 | 5 |
| 31. Chews or licks nonfood objects | 1 | 2 | 3 | 4 | 5 |
| 32. Pulls at or bites lip, mouth movements | 1 | 2 | 3 | 4 | 5 |
| 33. Drooling or poor management of oral secretions | 1 | 2 | 3 | 4 | 5 |